

Serre Renard

Chorges



Descente du Ruban (Manu Molle)



A sporty and technical route from the Col de Lebraut to the banks of the lake.

The route is a unique playground of technical ascents and descents, with a unique view of lake Serre-Ponçon, the dam and the Ubaye and Avance valleys. There are several picnic tables at the top of the route, where you can take a break and enjoy a snack.

Useful information

Practice : Mountain bike

Duration : 4 h 45

Length : 30.4 km

Trek ascent : 1075 m

Difficulty : Hard

Type : Loop

Themes : Lake and glacier,
Panorama

Trek

Departure : Chorges

Arrival : Chorges

Markings : 🚶 VTT

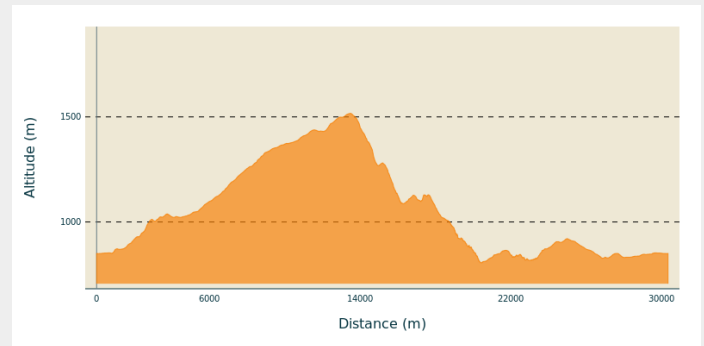
Cities : 1. Chorges

2. Espinasses

3. Montgardin

4. Rousset

Altimetric profile



Min elevation 807 m Max elevation 1518 m

1. From the SNCF station, head towards Intermarché, then take the level crossing and continue to the left, before the level crossing turn right towards "Le Fein".
2. When the path descends again, turn right to reach "Les Olliviers". After passing the chapel, take a sharp left onto a wider road, continuing for over a kilometre before entering a single track on the left-hand side of the road.
3. Turn right towards Col Lebraut, then after a few kilometres take a passable track to the right. Continue on the widest path and pass the "Champ du Comte" forest hut and the "Croix des Sept Frères".
4. At the "Clot Clavary" hut take the middle path which alternates between ascents and descents as far as the lookout. Then take the path that winds up to Col Lebraut, where the path continues on the left for a short climb.
5. Once you reach the last lookout, above the "Hyvans" continue straight on towards the dam. At "Hyvans" join the road that goes up to the left.
6. After a few kilometres on the road, leave it to join a path that heads deep into the forest. Take the second road for a few metres to cross it, then continue on the footpath.
7. Join the road on the right, then follow it in the direction of "Chorges". When you reach the "Les Horizons du lac" hotel, leave the main road and head towards "Villard". Take the path ascending to the left and cross all the fields and the railway line.
8. Reach the road on the left and continue straight on to the level crossing. After the level crossing, turn right and follow the original route in the opposite direction.

On your path...



 Addos mountain stream (A)

All useful information

i Herd protection dogs - ATV

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When mountain biking, I adapt my behavior by going around the herd, pausing and getting off the bike so the dog can identify me.

Find out more about the actions to adopt with the article "[Protection dogs: a context and actions to adopt](#)".

Tell us about your meeting by answering this [survey](#).



! Advices

La descente en surplomb du lac nécessite de bonnes capacités techniques en VTT.

How to come ?

Transports

Public transport : ccserreponcon.com

Access

Follow the N94 from Gap or Embrun to Chorges.

Advised parking

Station car park, Chorges

Information desks

Tourist office Charges

Grand rue, 05230 Charges

charges@serreponcon-tourisme.com

Tel : 0492506425

<https://www.serreponcon.com>



Source



Serre-Ponçon

<https://www.serreponcon.com>

On your path...



Addos mountain stream (A)

The Addos mountain stream (torrent in French) is 4 kilometres long. A mountain stream is a natural water course located in the mountains. The flow regime is characterised by a steep gradient, with a very fast and therefore turbulent water flow producing significant erosion. It is also defined by a significant variation in flow rate depending on precipitation levels. In this mountain stream, as in many others, numerous small sills (small dams) have been created to slow down the water flow and limit the impact of floods.

Attribution : Amélie Vallier