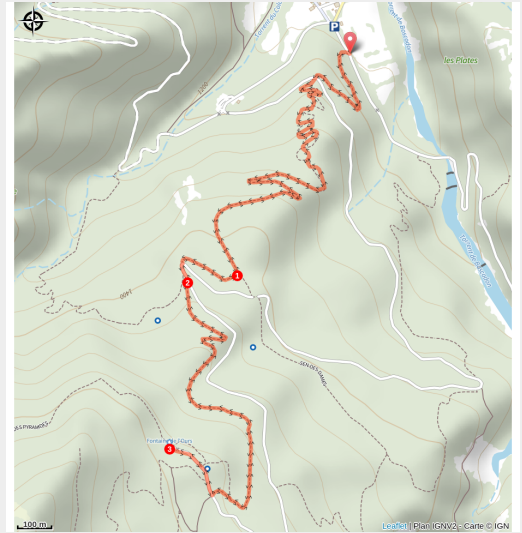


## Sentier des Moines

Parc national des Ecrins - Crots



No photo



*The route is mainly woodland, accessible to all, with two lookouts long the way offering views of the Durance valley and Embrun.*

From the Abbey, follow the path once used by the monks of Boscodon to the Fontaine de l'Ours.

### Useful information

Practice : By walk

Duration : 4 h

Length : 7.4 km

Trek ascent : 394 m

Difficulty : Easy

Type : Return trip

Themes : History and architecture, Lake and glacier, Panorama

# Trek

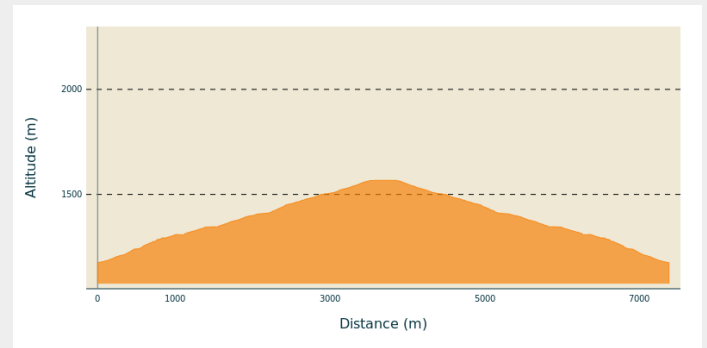
**Departure** : Boscodon Abbey car park

**Arrival** : Boscodon Abbey car park

**Markings** :  GRP  GR

**Cities** : 1. Crots

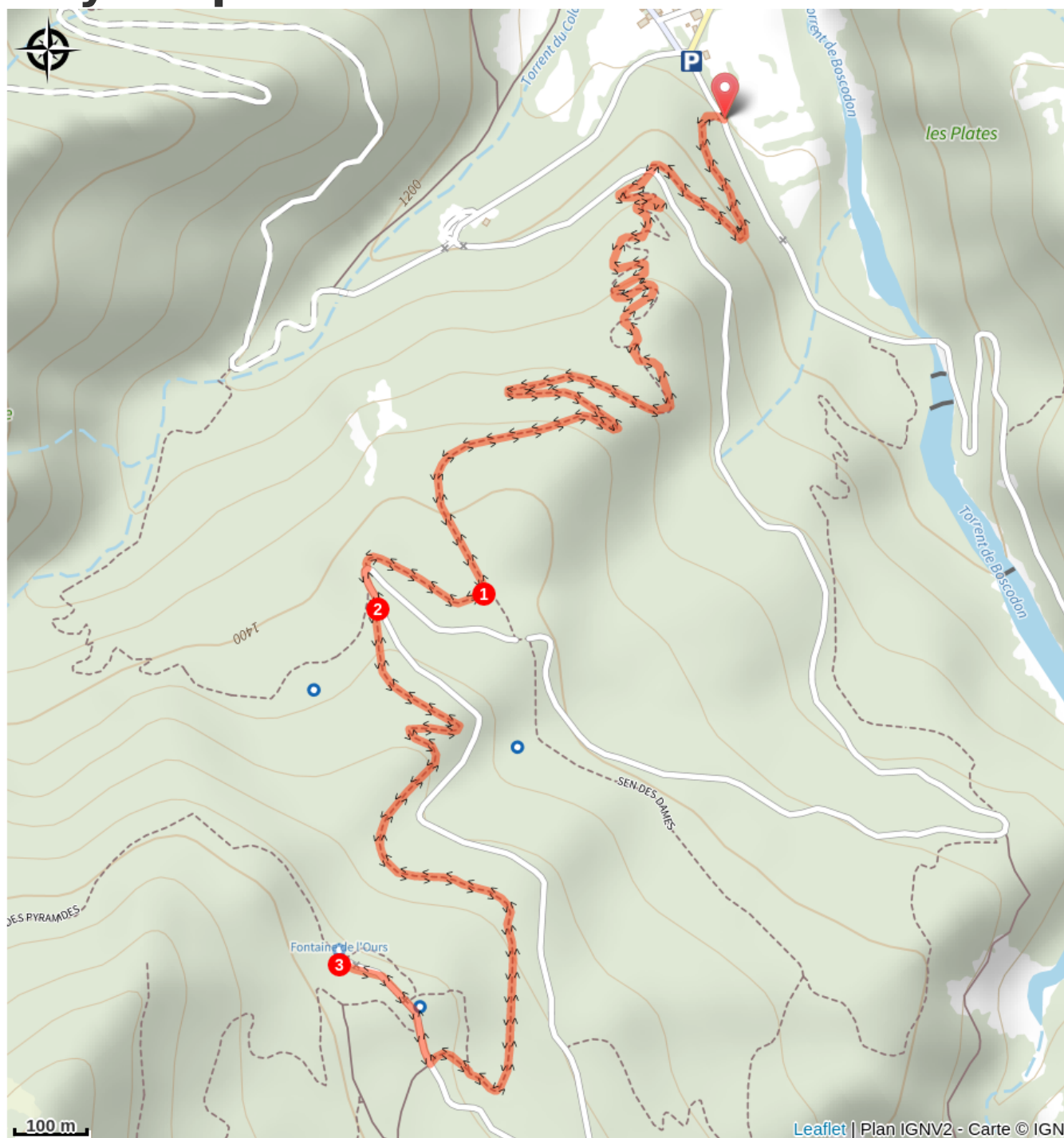
## Altimetric profile



Min elevation 1176 m Max elevation 1568 m

1. From the car park, follow the forest path to the Colombier lookout (watch out for the step just before you arrive), ignoring the other exits on the right or left.
2. Take the path on the right, just after the sentier colombier, which climbs towards the Fontaine de l'ours. Continue for x km before turning back
3. Take advantage of the many picnic tables for lunch and enjoy a well-deserved break with incredible views. Take the same route back to the starting point.

# On your path...



# All useful information

## Gear

Appropriate equipment is needed to make the most of the routes.

Here is a non-exhaustive list:

- Good hiking boots (closed).
- Sun protection (goggles, cap/hat, sun cream)
- Plenty of water
- Clothing suited to the weather
- Orientation aids (IGN maps, GPS, Rando.serreponcon.com)

## How to come ?

### Transports

Public transport : [ccserreponcon.com](http://ccserreponcon.com)

### Advised parking

Abbey car park

## Information desks

### Tourist office Savines-le-Lac

9 Avenue de la Combe d'Or, 05160  
Savines-le-Lac

savineslelac@serreponcon-tourisme.com

Tel : 0492443100

<https://www.serreponcon-tourisme.com/>

