

# Les Antics le Truchet



(Serre-Ponçon)



*A fairly strenuous route requiring a basic level of fitness, but offering exceptional panoramic views of the Val d'Avance, Piolit and the Aiguilles de Chabrières.*

After a few hundred metres of ascent and passing the hamlet of Naune Raze, you'll find yourself in the alpine zone.

Look up and you may catch a glimpse of buzzards, falcons and other birds of prey. You will cross streams created by melting snow (which can dry up depending on the season).

## Useful information

---

Practice : By walk

---

Duration : 3 h

---

Length : 8.2 km

---

Trek ascent : 500 m

---

Difficulty : Easy

---

Type : Loop


---

Themes : Panorama, Pastoralism, Top

# Trek

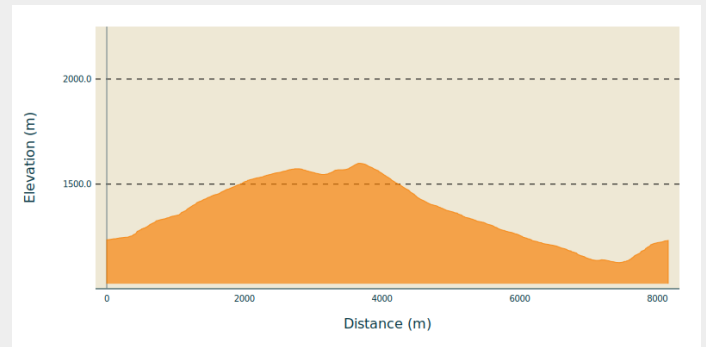
**Departure** : Coste Belle car park

**Arrival** : Coste Belle car park

**Markings** :  PR  GR

**Cities** : 1. Charges

## Altimetric profile



Min elevation 1126 m Max elevation 1599 m

- 1) From the car park, continue along the road for 200m before turning left onto a stony path. Continue straight on to the hamlet of Naune Raze.
- 2) Follow the main track, before turning left at Les Gontards. Follow the path, enter the Larch grove and begin a steep climb. Turn left at the first crossroads to descend towards Les Antics.
- 3) Once you have passed the hamlet of Les Antics, continue along the road before turning right at the crossroads.
- 4) Continue along this road for 900m before turning left onto a narrow path that climbs steeply. Once back on the road, turn left to find the car park.

# On your path...



# All useful information

## Herd protection dogs

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When I hike I adapt my behavior by going around the herd and pausing for the dog to identify me.

Find out more about the actions to adopt with the article "[Protection dogs: a context and actions to adopt](#)".

Tell us about your meeting by answering this [survey](#).



## Advices

Attention ce parcours comporte des sections de route. Restez bien attentifs et marchez dans le sens opposé de la circulation.

## Gear

Appropriate equipment is needed to make the most of the routes.

Here is a non-exhaustive list:

- Good hiking boots (closed).
- Sun protection (goggles, cap/hat, sun cream)
- Plenty of water
- Clothes suited to the weather
- Orientation aids (IGN maps, GPS, [Rando.serreponcon.com](http://Rando.serreponcon.com))

## How to come ?

Transports

Public transport : [ccserreponcon.com](http://ccserreponcon.com)

## Access

From Charges, head towards Le Martouret - Route de la montagne. Go past the hamlets of Le Martouret and Les Andrieux, then 1 km further up, on a sharp right-hand bend, a small quarry offers easy parking.

## Advised parking

Coste Belle car park

## Information desks

### Tourist office Charges

Grand rue, 05230 Charges

charges@serreponcon-tourisme.com

Tel : 0492506425

<https://www.serreponcon.com>



## Source



Serre-Ponçon

<https://www.serreponcon.com>