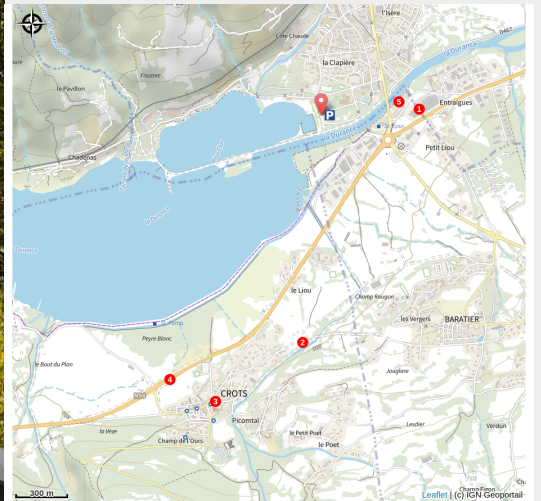


The banks of Serre-Ponçon

Embrunais - Embrun



(Clémence DEBENATH)



A relatively short loop that is nonetheless very varied. You'll enjoy some beautiful views of the mountains and, on the way back, an open panorama of the Durance and its valley.

This route includes a number of passages specially designed for safe cycling. So it's suitable for ages 7 to 77! Pleasant paths take you between mountain landscapes and farmland. The return journey to Embrun follows a cycle path along the banks of Lake Serre-Ponçon.

Useful information

Practice : Cyclo

Duration : 1 h 30

Length : 9.1 km

Trek ascent : 44 m

Difficulty : Very easy

Type : Loop

Themes : History and architecture, Lake and glacier, Panorama

Trek

Departure : Embrun lake car park

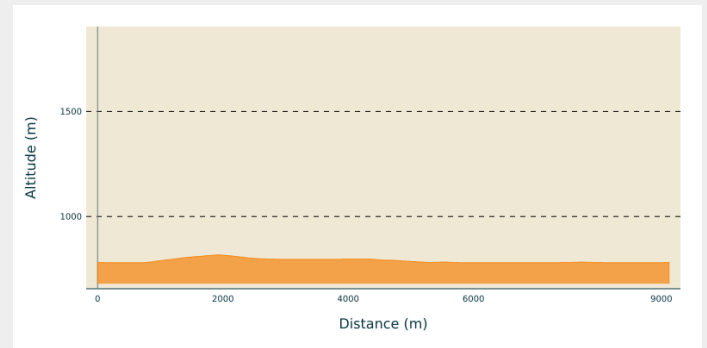
Arrival : Embrun lake car park

Cities : 1. Embrun

2. Baratier

3. Crots

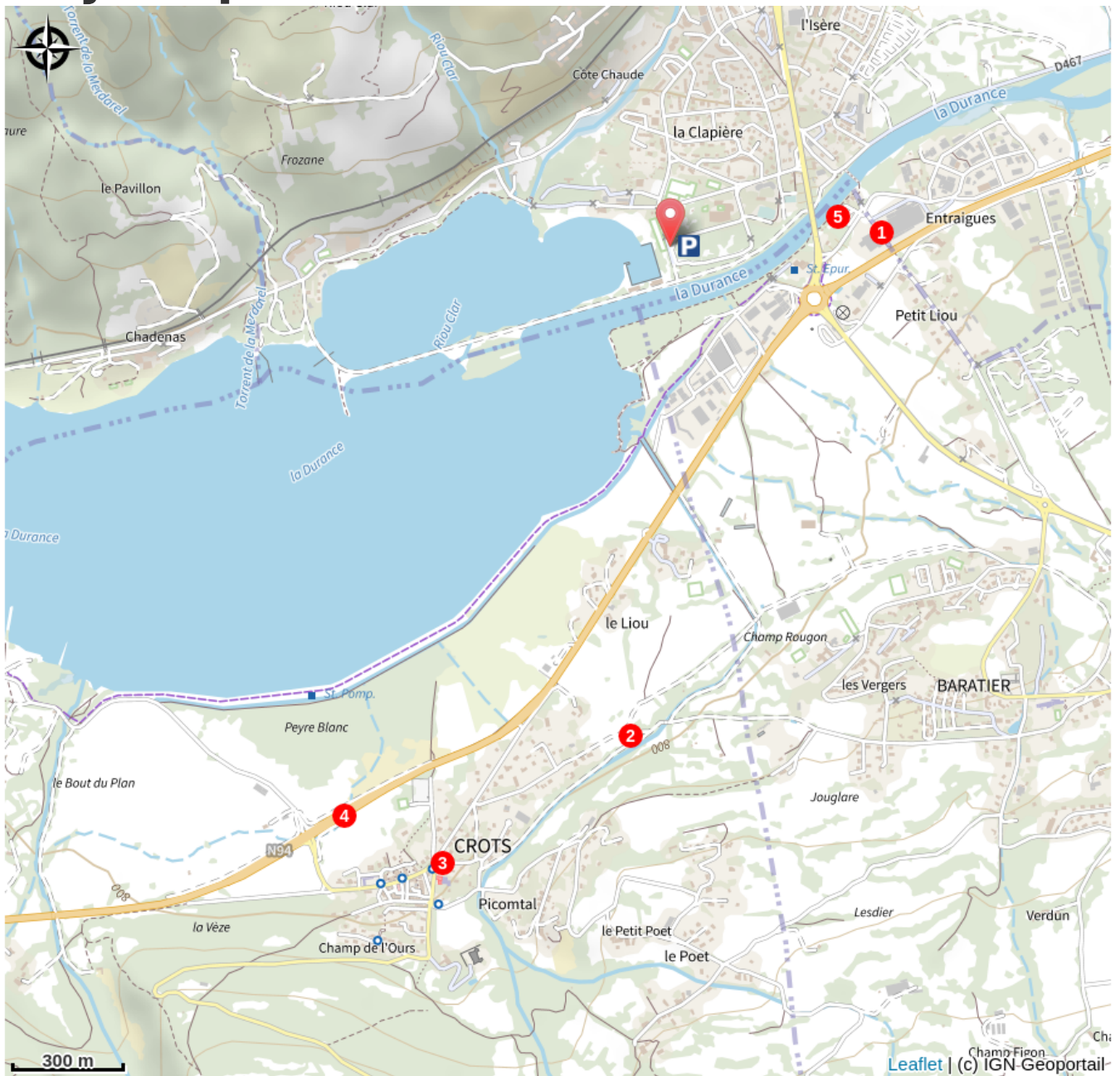
Altimetric profile




Min elevation 781 m Max elevation 818 m

1. From the car park, take the footbridge over the Durance. Follow the cycle path towards Baratier (short section under the N94) and head towards a roundabout.
2. Take the second exit towards La Mure (D240), drive 100 m then take another right fork. At the next crow's-foot intersection, take the Chemin du Grand Liou, which continues to the right.
3. Continue straight on, skirting fields, until you reach the village of Crots. Cross it heading west while admiring the château of Picomtal.
4. Just before you reach the N94, take a small tarmac road to the right and go through a tunnel to find yourself on the other side of the N94.
5. Now head towards the lake and then set off along the dyke, with Embrun as a backdrop. Rejoin the footbridge over the Durance to return to the starting point.

On your path...



 Irrigation canals (A)

 Bladder campion (B)

All useful information

Advices

- Respecter le sens de circulation des parcours.
- Respecter les autres usagers de la route.
- Le port du casque est obligatoire
- N'hésitez pas à consulter info route 05 avant de partir

How to come ?

Transports

From **Gap**:

- Zou! network : Line 69 / Frequency : 5 times a day

More information: <https://zou.maregionsud.fr>

Access

Follow the N94 from Gap or Briançon towards Embrun, then as far as the car park at the dam (D467).

Advised parking

Embrun lake car park

Information desks

Tourist office Embrun

Place Général Dosse - BP 49, 05202
Embrun

embrun@serreponcon-tourisme.com

Tel : 0492437272

<https://www.serreponcon-tourisme.com/>



Source



Serre-Ponçon

<https://www.serreponcon.com>

On your path...



Irrigation canals (A)

You will come across numerous irrigation canals in the fields and along the roadsides. They are distributed strategically so that the various plots can be irrigated, by opening and closing valves. This age-old technique makes it possible to control the water flows according to the farmers' needs.

Attribution : Amélie Vallier



Bladder campion (B)

This plant is a member of the carnation family. This campion can be recognised primarily by the flower calyx. This is inflated into a roundish shape. A very common plant across the department of Hautes-Alpes, it produces white flowers from April to September. The petals of the bladder campion can lose their turgidity and wilt during the day, but they regain their shape at night.

Attribution : Amélie Vallier