

Around the lake

Embrunais - Embrun



Sur le chemin entre la Durance et le plan d'eau (kinaphoto)



This route between the Lake Serre-Ponçon and Embrun Lake is the ideal introduction to the pleasures of running in a natural setting.

Useful information

Practice : Trail

Duration : 20 min

Length : 2.6 km

Trek ascent : 6 m

Difficulty : Very easy

Type : Loop

Themes : Lake and glacier

Trek

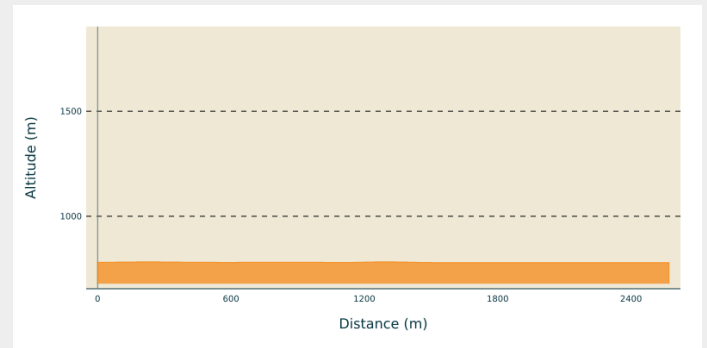
Departure : Lake Embrun

Arrival : Lake Embrun

Markings :  Trail

Cities : 1. Embrun

Altimetric profile



Min elevation 780 m Max elevation 784 m

From the car park, turn right. After the beaches, cross the Sainte Marthe stream on the footbridge.

1. A few metres further on, turn left onto the footpath that runs alongside the "au fil de l'eau" lake.
2. After reaching "les jardins du lac", take the road down to the left, then follow the itinerary. Cross the bridge and continue along the dam (information panels). At the canoeing/kayaking base.
3. At the end of the straight section, return to the car park at the start via the wooden platform.

On your path...



All useful information

Advices

- Consulter les conditions météo
- Prendre à boire et à manger
- S'engage sur des itinéraires adaptés à son niveau

Gear

- Use appropriate equipment
- Take clothing suited to the terrain and weather conditions (sunglasses, cap/hat, windbreaker...)

How to come ?

Transports

Public transport: www.pacamobilite.fr

Advised parking

Avenue des Acacias Car Park, Embrun Lake

Information desks

Tourist office Charges

Grand rue, 05230 Charges

charges@serreponcon-tourisme.com

Tel : 0492506425

<https://www.serreponcon.com>



Tourist office Embrun

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Source



Serre-Ponçon

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