

The Liou wetland

Parc national des Ecrins - Baratier



Sur le sentier du Liou (Norman Lancelot)



Unique in the Hautes-Alpes, in the heart of a sensitive natural area, discover the richness of this specific environment by following a path on stilts that takes you into a nature that is usually inaccessible.

On-site, make your walk interactive by using your mobile phone to connect to the DNS marker on the ["eco-balade"](#) page. You'll then have access to the flora and fauna you can observe around you.

Accessible to all, the trail is made up of a mosaic of landscapes and has been specially designed on stilts to preserve the ecosystem.

Passing discreetly over the water, discover the wealth of natural habitats as you cross a forest drowned in the sandy fill of the Lac de Serre-Ponçon.

Useful information

Practice : By walk

Duration : 30 min

Length : 1.1 km

Trek ascent : 2 m

Difficulty : Very easy

Type : Return trip

Themes : Fauna, Flora, Lake and glacier

Accessibility : Family, Joelette, Stroller, Wheelchair

Trek

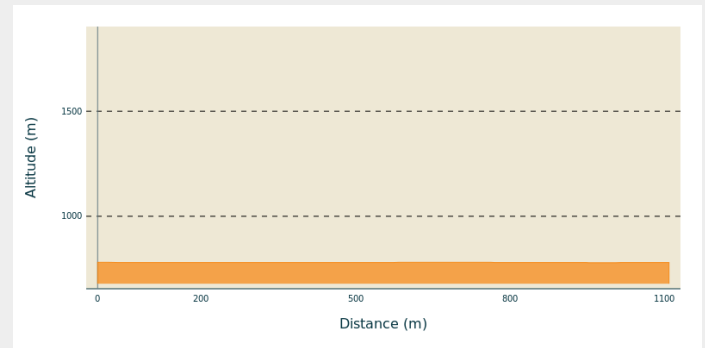
Departure : "Les portes du Lac"
shopping area

Arrival : Observation hut at the end of
the footbridge

Markings :  Sentier thématique

Cities : 1. Baratier
2. Crots

Altimetric profile



Min elevation 780 m Max elevation 782 m

At the start of the cul-de-sac used as a car park is the explanatory panel marking the start of the Petit Liou wetland discovery trail.

This is where you can log on to the "eco-balade" page, which serves as a guide and information document for the walk.

Take the path towards the river.

Turn right, and walk down along La Durance.

A hundred or so metres further on, the stilted path begins on the left. It is possible to make a round trip to the end of the dam from this point.

The path is interrupted by a vague track that you must follow in the direction of the lake for around a hundred metres. The path starts again on the left and soon gives way to a wooden footbridge over the water.

Follow the path on stilts along the information panels about the area you have crossed until you reach an observation tower overlooking Lac de Serre-Ponçon. From there, return by the same route.

On your path...



All useful information

AdVICES

Le sentier est accessible aux personnes à mobilité réduite.

L'accès au sentier est interdit en cas de fort vent ou en période de crue, consultez [la météo](#) et les éventuels messages d'alerte sur [le site du smadesep](#).

L'accès au sentier est interdit aux VTT et aux chiens.

How to come ?

Transports

Public transport : ccserreponcon.com

Access

Coming from Gap, at the roundabout on the N94, as you enter Embrun (McDonald's on the left), take the 3rd exit; "Les Portes du Lac" shopping area, on the road of the same name.

Park on the right 200 metres after the roundabout, in a car park opposite the Blackstore Embrun and Intersport shops (sign visible on the left).

Advised parking

Car park opposite the Blackstore Embrun shop.

Accessibility

Family  Joelette  Stroller  Wheelchair 

Accessibility level : Beginner

Source



SMADESEP

<http://www.smadesep.com>