

# **Morgon loop**

Embrunais - Crots







Vue depuis le sommet du Morgon (Le Naturographe)

Cross the cirques of Morgon and Bragousse to reach the Pic du Morgon, with its panoramic view of the entire southern Alps and the turquoise waters of Lake Serre-Ponçon.

This multi-faceted route winds its way up the slopes of the Morgon peak, the emblematic summit of Serre-Ponçon. The trails take in the host of geological curiosities scattered between the Boscodon forest and the summit of the Morgon peak.

### **Useful information**

Practice: Trail

Duration: 3 h

Length: 17.6 km

Trek ascent: 1164 m

Difficulty: Hard

Type: Loop

Themes: Panorama, Pastoralism,

Top

# **Trek**

**Departure**: Fontaine de l'Ours, Crots **Arrival**: Fontaine de l'Ours. Crots

Markings : Trail
Cities : 1. Crots
2. Savines-le-Lac

3. Pontis

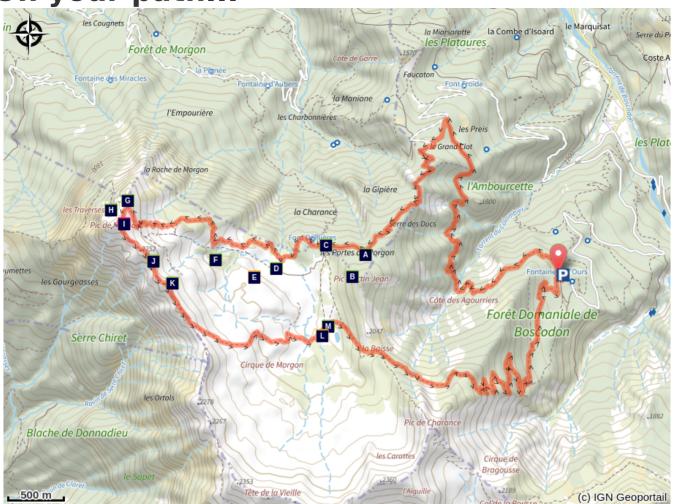
### **Altimetric profile**



Min elevation 1550 m Max elevation 2296 m

- 1. From the car park, continue along the Sentier des Pyramides, passing 3 wooden bollards blocking the road. Continue straight ahead, leaving the track to take the path. Pass the Aiguillas lookout to reach the Pyramides lookout. From here, continue downhill on the path until you cross the stream. Continue along the path until you come to a track. Continue along the track for 1 km until you reach a crossroads.
- 2. From here, take a left fork up the path. At the Grand Clos car park, cross the car park and go through the barrier to continue along the track. When you reach the gates of Morgon, continue straight ahead downhill on the footpath, then turn left at the next crossroads. Stay on the path until you reach the summit of the Morgon.
- 3. Descend from the summit for 100m then fork right on the path until you reach the ridges. After the handrail, go left down the path as far as the lake. Circle it to the left to reach the uphill path.
- 4. At the pass turn right, then at the intersection take a left fork onto the balcony path. Stay on the path on the descent, taking a number of switchbacks. When you reach an interpretation panel on the Pic Noir, continue straight ahead to reach the car park at the Fontaine de l'ours.

On your path...



- Deer (A)
- Chamois (C)
- Marmots (E)
- Wolf (G)
- Griffon Vulture (I)
- \* Flora at altitude (K)
- Saint Pierre sanctuary (M)
- Eurasian pygmy owl (O)

- Black Grouse (B)
- Forest flora (D)
- reserved Pasture (F)
- Rock Ptarmigan (H)
- Summits and vallies (J)
- Avifauna on the cliff (L)
- Common Frog (N)

# All useful information

### **1** Herd protection dogs

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When I hike I adapt my behavior by going around the herd and pausing for the dog to identify me.

Find out more about the actions to adopt with the article "Protection dogs: a context and actions to

Tell us about your meeting by answering this survey.



### **A** Advices

- Consulter les conditions météo, le temps change vite en montagne.
- Prends de quoi boire et manger.
- S'engager sur des itinéraires adaptés à son niveau.

Respecter le travail des agriculteurs, exploitants et propriétaires.

Ne pas courir à proximité d'un troupeau.

Ne pas traverser un troupeau mais le contourner.

Refermer toutes les clôtures.

Ne pas couper l'itinéraire à travers les prairies.



- Use appropriate equipment
- Wear clothing suited to the terrain and weather conditions (windbreaker, gloves, hat...)

### How to come?

### Access

Between Crots and Savines-le-Lac, on the RN94, head towards Boscodon Abbey. Continue straight ahead past the abbey, then take the tarmac track on the left at the crossroads. Ascend 5 km up to the Fontaine de l'Ours car park.

### Advised parking

Fontaine de l'Ours car park, Crots

# **Environmental sensitive areas**

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

### Golden eagle

Sensitivity period: January, February, March, April, May, June, July, August

Contact: Parc National des Écrins

**Julien Charron** 

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Nidification de l'Aigle roval

Les pratiques qui peuvent avoir une interaction avec l'Aigle royal en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone et de privilégier un survol de la zone à une distance de survol de 300m sol soit à une altitude minimale de 2300m.

# Information desks

### **Tourist office Chorges**

Grand rue, 05230 Chorges

chorges@serreponcon-tourisme.com

Tel: 0492506425

https://www.serreponcon.com

### **Tourist office Embrun**

Place Général Dosse - BP 49, 05202 Embrun

https://www.serreponcon-tourisme.com/

# embrun@serreponcon-tourisme.com Tel: 0492437272

### **Tourist office Savines-le-Lac**

9 Avenue de la Combe d'Or, 05160 Savines-le-Lac

savineslelac@serreponcon-tourisme.com

Tel: 0492443100

https://www.serreponcon-tourisme.com/





Serre-Ponçon

https://www.serreponcon.com

# On your path...



Neer (A)

Deer are abundant in the forest of Boscodon but since they are forest-dwellers by nature it is difficult to spot them, although a few clues may betray their presence. Maybe the heart-shaped imprints of their delicate hooves or tree trunks with their bark stripped away by the rubbing of a young buck's antlers to remove the last shreds of velvet. You might also see them in a clearing.

Attribution : Robert Chevalier - PNE



Black Grouse (B)

In Springtime, the male, whose black feathers and lyre shaped tail contrast with its white rump, make spectacular displays to attract the females. Between the larches and junipers, in the high grass is favourable environment for these birds to reproduce, but we have to take in to account the flocks of sheep and the progressive end of this kind of environment.

Attribution : Robert Chevalier - PNE



Chamois (C)

Early in the morning and late in the evening, the chamois come to graze around the Tête de la Vieille, du Pic de Charance or on the other side of the Pic Jean Martin on the edge of the cirque de Bragousse. This emblematic Alpine animal has a particularly well developed sense of smell and hearing which makes it difficult to approach it. So it is easier to observe it through binoculars... which also preserves its tranquility!

Attribution : Mireille Coulon - PNE



### Forest flora (D)

In the forest, there are a few colonies of Lady's-slipper orchids (also known in French as "sabot de Venus" or Venus' slipper), a species that is as brilliant as it is rare. Please do not pick any of them, so as to protect them and allow others to enjoy them. There is also the very diminutive moss, *Buxbaumia viridis* or green shield-moss, on decomposing stumps.

Attribution : Mireille Coulon - PNE



# Narmots (E)

The Alpine marmot is naturally present in the high-mountain grasslands. This large rodent is only active above ground from April to October, and in the cold season it retires to hibernate in its burrow. They live in family groups, respecting a strict hierarchy. Through playing, grooming, fighting and biting one dominant pair maintains its position, ensuring group cohesion. Each individual contributes to marking the boundaries of the group's territory, by rubbing its cheeks on rocks and leaving droppings and urine. When danger threatens, the marmot utters a loud, high-pitched whistle to warn its companions.

Attribution : Rodolphe Papet - PNE



## ☑ Preserved Pasture (F)

The Morgon cirque welcomes a flock of 1300 sheep. At the height of the tourist season, it migrates towards the pastures at Vallon Clapier and Olettes more to the East. This is due to agroenvironmental measures, a contract between the Pastoral Organization and the Ecrins National Park which seeks to protect pastoral resources and the environmental assets of the pasture.

Attribution : Agnès Vivat



## Wolf (G)

Although the species had been eradicated in France at the beginning of the 20th century, about 400 wolves remained in 1980 in Italy. Today thanks to the protection that it benefits from this large carnivore is settling more and more in the North... It regularly comes to the pasture in the summer creating some damage which has been noted by the park rangers in the National Park and compensated for. The presence of the shepherd and his « dogs » is however dissuasive.

Attribution : Robert Chevalier - PNE



# Rock Ptarmigan (H)

It is sometimes possible to see the Rock Ptarmigan on the ridges of the shale slopes which, after having picked their way through the rocks, fly away in a flash of white. It is one of the most threatened species in the Alps... With global warming, evolution in the pastures, winter frequentation ... the future seems uncertain for this inhabitant of the ridges...

Attribution: Jean-Philippe Telmon - PNE



## ■ Griffon Vulture (I)

The Pic de Morgon is used by the vultures coming from the right bank of the Durance, sometimes in large numbers, to get up to altitude after having crossed over Serre-Ponçon Lake. Scavengers exclusively, these gravediggers who have frightened and disgusted mankind for a long time hold a fundamental place in the food cycle by rapidly eliminating cadavers and in this way limiting the dispersal of microbes and illness.

Attribution : Marion Molina



# Summits and vallies (J)

The summit of the Pic de Morgon offers a magnificent view over the Ubaye and the Durance. While on the right bank of the latter, one can see the Aiguilles de Chabrières, the Piolit and the Mont Guillaume, on the left bank of the Ubaye, you can see the Dormillouse. Near to the Pic de Morgon, is the Tête de la Vieille, le Pic de Charance and the Pic Jean Martin. In the distance, you can distinguish the Pic de Bure as well as the snowy summits of the Ecrins and the Vanoise.

Attribution : Mireille Coulon - PNE



# Flora at altitude (K)

On the ridges, la Berardia Subacaulis, rare and protected, resembles plants found in the desert. Its grey-green cottony rosette is unusual up here on the slopes where we also find the Rose Daphne with its suprizing fragrance. On the limestone the Silver Edged Primrose grows, a Southern plant which is recognizable by its divided leaves edged in silver.

Attribution : Mireille Coulon - PNE



# Natifauna on the cliff (L)

The North face of the Pic de Morgon, with its cliffs, is a perfect place to watch the rock birds... You can see the aerial acrobatics of the Red Billed Chough, which breaks the silence with its strident cry, which is almost metallic. You can also observe the rapid flight of a group of Alpine Swifts and that of those that look like butterflies the Wall Creepers with their legs and curved claws enabling them to cling on to the cliff.

Attribution : Damien Combrisson - PNE



# Saint Pierre sanctuary (M)

From time immemorial, the « chapel » situated near to Morgon Lake is the goal of a pilgrimage which takes place every 29th June, Saint-Peter's day. The practice of this pilgrimage probably goes back to Pagan times; witnessing these impressive stone boulders which may have been used as sacrificial altars... Of this sanctuary, which has been abandoned since the beginning of the 20th century only a few roughly cut rocks remained. However it was identically rebuilt in June 1992 by the students at the Ecrins Technical College. Since then, festivities are held there once more every June.

Attribution : Agnès Vivat



# Common Frog (N)

The only amphibious frog living at altitude, it reproduces in Morgon lake before this dries up. Well versed in inhabiting these glacial waters where it hibernates without too much danger, it has a stocky body about 10 cm long, beige with brown markings and a short face topped with golden coloured, protruding lidded eyes.

Attribution : Thierry Maillet - PNE



# L Eurasian pygmy owl (O)

The smallest owl in Europe lives and breeds in the forest above the Fontaine de L'Ours. There are fewer than 1,000 pairs in France. But in late summer, you can hear its distinctive call.

Attribution : Damien Combrisson - PNE