

[Sens Action] - The thousand waterfalls



Parcours sens'action Les milles cascades (Pays d'Art et d'Histoire)



*The "sens'action" trail, a hike with games, or how the mountains come alive with the whole family!
Find the "story caches", talk to the heroes of our mountains and take on dozens of challenges.
From 6 years and above.*

Mankind has created immense waterfalls under the shadows of the Pouzenc forest.
So likewise try to control the force of the water and measure its purity. Set off in search of the inhabitants of the Vachères stream and meet the spirit of the place, the legendary *Abiès Pinsapo*.

Useful information

Practice : By walk

Duration : 1 h 30

Length : 1.8 km

Trek ascent : 82 m

Difficulty : Very easy

Type : Loop

Trek

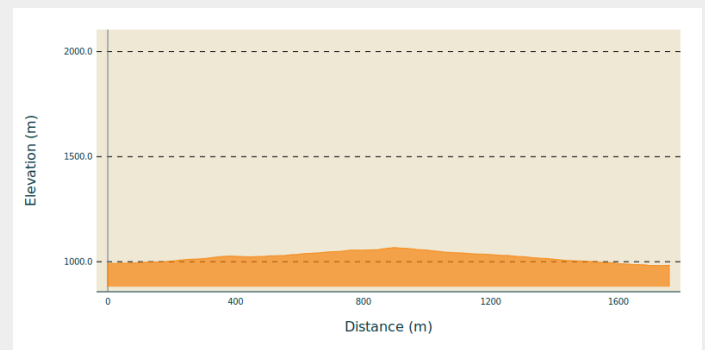
Departure : Car park next to the EDF plant

Arrival : Car park next to the EDF plant

Cities : 1. Baratier

2. Saint-Sauveur

Altimetric profile



Min elevation 981 m Max elevation 1067 m

From the car park, take the path to the right of the second hydroelectric plant

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1. Pass under the penstock and continue climbing.
2. Head along the weirs that form the cascades of the Vachères stream.
3. Cross the Vachères stream on the footbridge: one person at a time.
4. Climb slightly and take the track on the right.
5. Follow the signs down to the car park.

Game instructions:

When you come across a marker, look for a "story cache" within a circle of 20 paces around you.

Once you've found the "cache", take a break and discover the adventures of our heroes!

Complete the "Sens action" challenges, close and replace the "cache" before continuing.

Be prepared, and set off equipped for the hike. Walking and game times are given as a guide and calculated for children aged 6 and over.

Level difference: + 100m

Game time: 2h30

Walking time: 1h30

Equipment: pocket knife and string

Markings: yellow

Sens'action 5

On your path...



All useful information

How to come ?

Transports

Public transport : [ccserreponcon.com](https://www.ccserreponcon.com)

Access

From Baratier, take the D40 towards Les Orres.
After 300 m turn right onto the road leading to the Les Airelles camp-site.
Follow this road for 1.6 km.
Take the track on the left and find the car park a little further on.

Source



Serre-Ponçon

<https://www.serreponcon.com>