

From Villar-d'Arène to the Refuge de l'Aigle (mountaineering)

Briançonnais - Villar-d'Arène



Marche d'approche Meije Orientale (Thibaut Blais - PNE)



This approach hike requires effort and commitment, with over 1700m of ascent and technical sections. But the view from the refuge is worth the detour!

We're heading for l'Aigle, a hut perched on a rock at an altitude of 3450m, a hut that lives up to its name. L'Aigle is one of the legendary huts in the Écrins, and also the highest in the range, welcoming climbers who have come here to test their mettle on the many nearby ascents, including the Meije Orientale.

Useful information

Practice : Mountaineering

Duration : 6 h

Length : 6.3 km

Trek ascent : 2001 m

Difficulty : Hard

Type : Stage

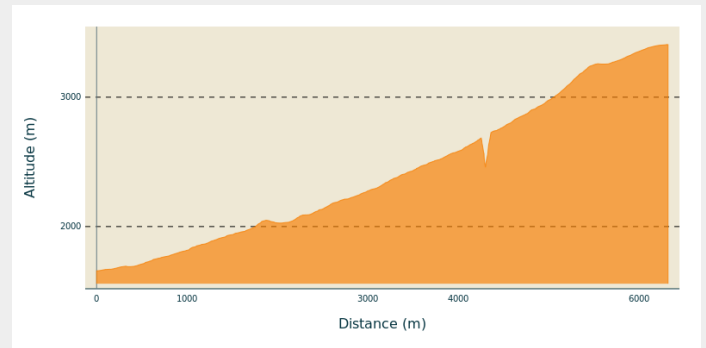
Trek

Departure : Villar-d'Arêne

Arrival : Refuge de l'Aigle

Cities : 1. Villar-d'Arêne
2. La Grave

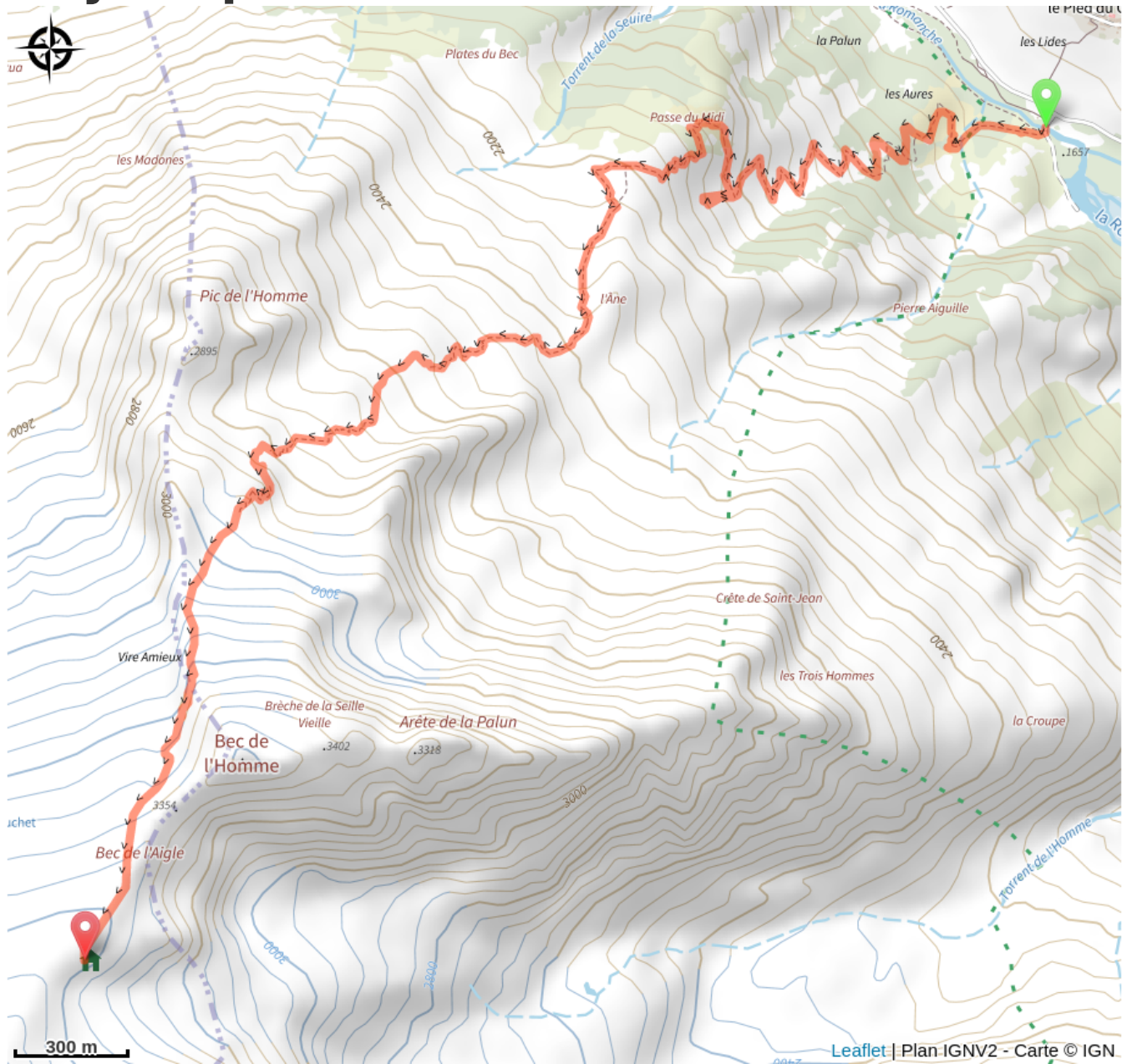
Altimetric profile



Min elevation 1659 m Max elevation 3408 m

After Villar-d'Arêne, take the Pied du Col road and turn right before the hamlet to Le Pont Vieux ou des Brebis 1,662 m. Park in the car park before the bridge. Immediately after crossing the Romanche, head right onto a good, well-worn trail (waymarked red) which winds steeply uphill. From L'Âne point 2,375, the trail is less clearly visible but still waymarked and cairned. Via rocky slopes and the névés of the Bec glacier, you come to the approach to the Col du Bec 3,065 m. Climb the north arête of the Bec de l'Homme on the left (red arrows, no grade II climbing), to the base of the Vire Amieux ledge (3,200 m, cairn), allowing descent of its right flank onto the Tabuchet glacier via a long traverse equipped with a wire. Once set foot on the glacier (tricky depending on the conditions), ascend its right side (crevasses) until you reach the Rocher de l'Aigle and the refuge.

On your path...



All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Golden eagle

Sensitivity period: January, February, March, April, May, June, July, August

Contact: Parc National des Écrins
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Nidification de l'Aigle royal

Les pratiques qui peuvent avoir une interaction avec l'Aigle royal en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone !

Attention en zone cœur du Parc National des Écrins une réglementation spécifique aux sports de nature s'applique : <https://www.ecrins-parcnational.fr/thematique/sports-de-nature>

Source



Parc national des Ecrins

<https://www.ecrins-parcnational.fr>