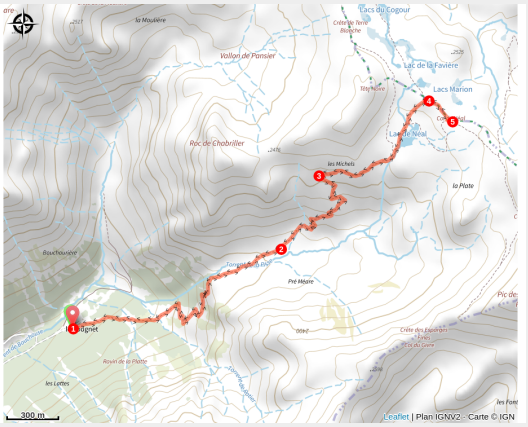
Néal Lake and Néal Pass Circuit



(Thibaut BLAIS)



In search of high-altitude lakes and lush green meadows, at the gateway to the Durance.

It is on the border between the Durance and the Queyras Regional Park that this hike will lead you to discover an authentic corner of the Hautes-Alpes. Little known to hikers, Néal Lake is nevertheless well worth the detour, with its emerald water fringed with small white flowers known as cottongrass. A magnificent view over the Écrins will reward your final efforts at the Néal pass.

Useful information

Practice : By walk

Duration : 3 h

Length : 7.8 km

Trek ascent : 606 m

Difficulty : Medium

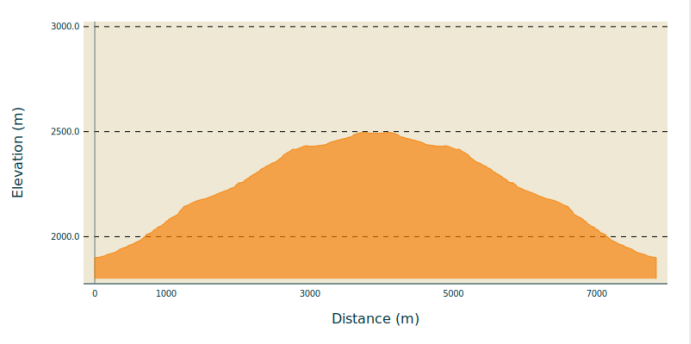
Type : Loop

Themes : Lake and glacier, Panorama

Trek

Departure : Entrance of the hamlet Le Cougnet
Arrival : Entrance of the hamlet Le Cougnet
Markings : PR
Cities : 1. La Roche-de-Rame
2. Arvieux

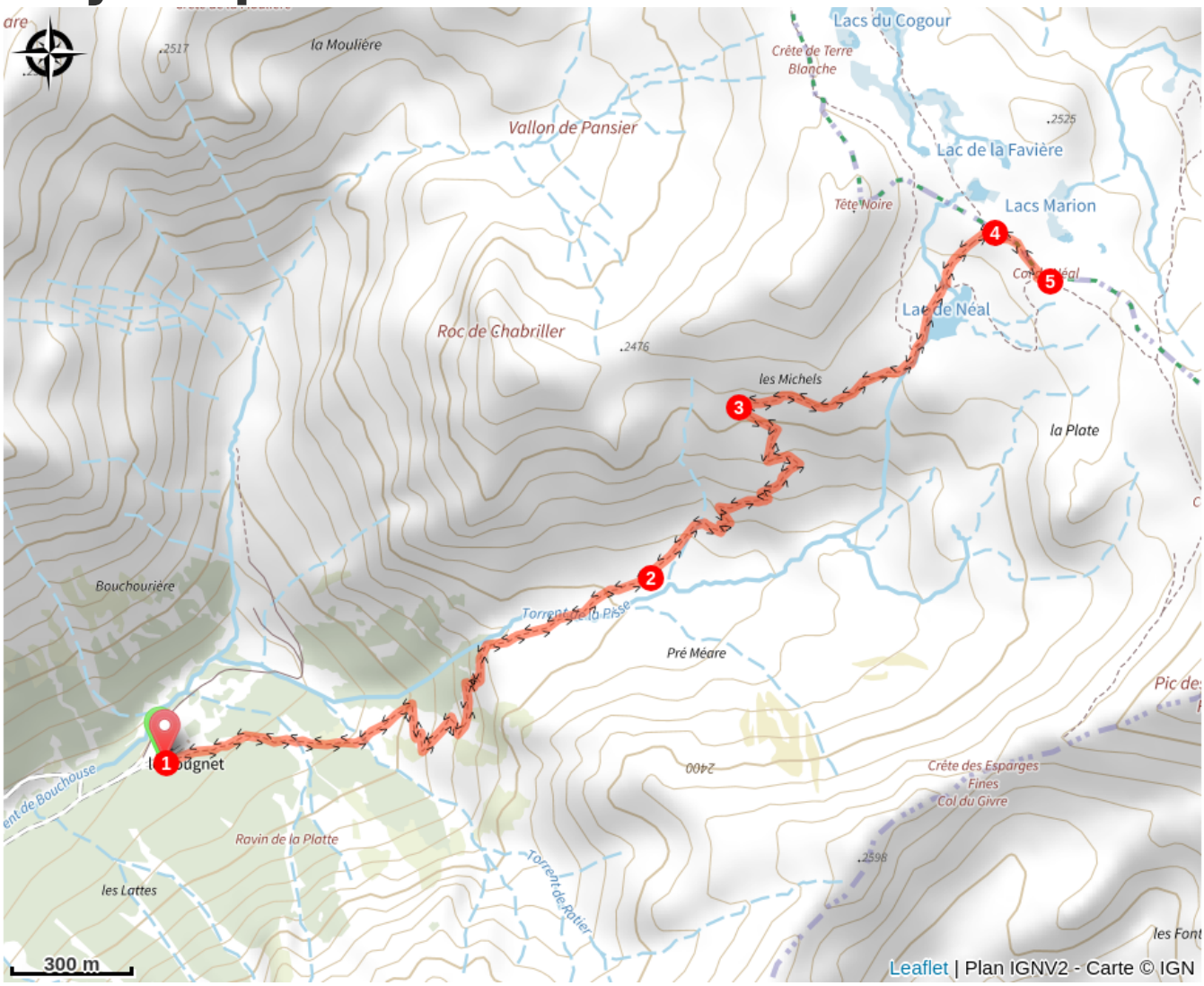
Altimetric profile



Min elevation 1900 m Max elevation 2496 m

1. At the entrance to the hamlet of Le Cougnet, take the right-hand path that climbs through the meadow just before the first chalets.
2. Continue to the Néal mountain hut, then keep climbing through a few switchbacks to a junction at 2,418m.
3. Turn right towards Lac de Néal, which is 500m from the junction.
4. Upon reaching the lake, continue straight ahead along the path, then turn right at the junction to climb up to the Col de Néal.
5. Enjoy the viewpoint before descending by the same path as the ascent.

On your path...


Lacs du Cogour
Crête de Terre Blanche
la Moulière
Vallon de Pansier
Lac de la Favière
Tête Noire
Lacs Marion
Roc de Chabriller
Lac de Néal
les Michels
la Plate
Bouchourière
Torrent de la Pisse
Pré Méare
Crête des Esparges
Fines
Col du Givre
Ravin de la Platte
les Lattes
Torrent de Patier
300 m
Leaflet | Plan IGNV2 - Carte © IGN

All useful information

⚠ Advices

Check weather conditions before setting off on a hike
Emergency contacts: Mountain Rescue: 112
Respect the work of farmers, landowners and property owners
Close all gates behind you
Take all your litter home
Do not cut across meadows

How to come ?

Transports

Public transport >> www.pacamobilite.fr

Consider carpooling >> www.blablacar.fr

For more information, contact the Tourist Information Office nearest to the start of the hike.

Access

15.8km from L'Argentière-la-Bessée, take the N94 to La Roche de Rame, then turn left before the bridge crossing the Bouchouse torrent, heading towards Le Bathéou. Continue along the forest road to the Bel Pinet junction, then follow the signs for "le Lauzet par le Calvaire". Continue to the hamlet of Le Cougnet.

Advised parking

Car Park before the entrance of Le Lauzet hamlet

Information desks

Vallouise Park house

vallouise@ecrins-parcnational.fr
Tel : 04 92 23 58 08
http://www.ecrins-parcnational.fr/



Bureau d'Information Touristique de L'Argentière-La Bessée

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Source

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