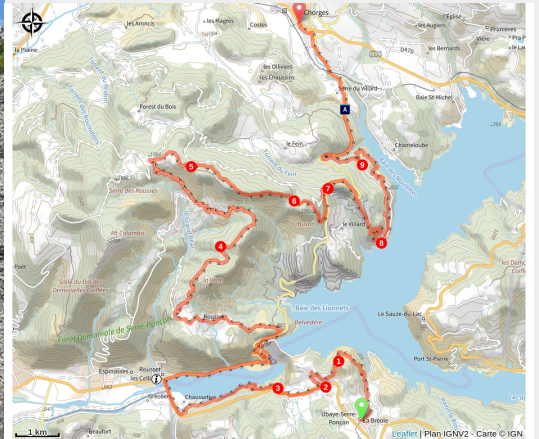


From La Bréole to Chorges

Rousset



Dans les marnes (Parc national Ecrins - E-Pedal)



A long, ridable ascent from Rousset to Le Ruban gives way to a host of typically "Provençal" trails. The last few kilometres are less technical before you reach Chorges.

From the lake shores to wide-open peaks along spirited trails; this land will leave you with many memories: the essential "Ruban" (ribbon), its winding descent followed by balcony paths through the Terres Noires, Peyre-Grosse, its belvedere and its unique descent. The quid pro quo: you just have to pedal.

Useful information

Practice : Mountain bike

Duration : 5 h 30

Length : 45.2 km

Trek ascent : 1515 m

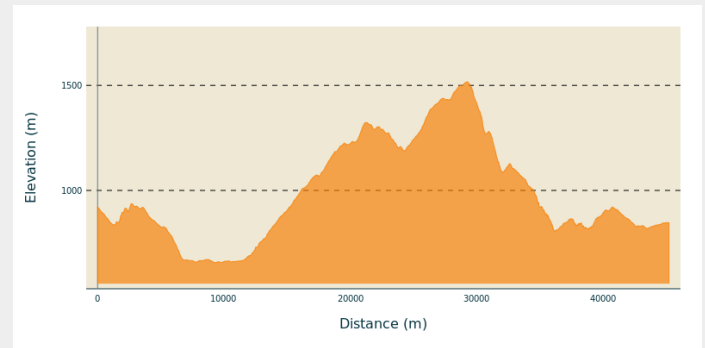
Difficulty : Hard

Type : Stage

Themes : Geology, History and architecture, Panorama

Departure : La Bréole
Arrival : Charges
Markings :  GRP  VTT
Cities : 1. Rousset
2. Espinasses
3. Charges

Altimetric profile



Min elevation 657 m Max elevation 1518 m

From the village square go down the road right and before the La Gayesse bridge, turn left onto the path heading towards L'Escoubaye. Then go up the trail on the left through pine trees (roots, steep slope: walk mode possible).

1. After the belvedere of L'Escoubaye, go right along the hillside trail through the Terres Noires. Go left downhill to the path running along the edge of the fields and then onto the road until you come to the D900B.
2. At the RD 900B /!\ turn left and then right onto the uphill track. At the edge of the wood (post numbered 9) take the path on the right and then head right downhill through the Terres Noires. When you come to the road, head left downhill towards the dam.
3. Be alert. Before a left-hand bend, take the trail on the right. Then follow the lake shore until you come to the road (take care) and reach the roundabout in Rousset. At the roundabout, turn right and at the belvedere, go uphill to the left and through the village. At the Col de Pré du Laus, head uphill to the right and at the second hairpin bend continue left. Ride through the solar power plant.
4. At the container, head uphill to the right and stay on the main track which takes you to the hamlet of Vière. After the descent from Vière, climb up the track on the right until you come to the Col de la Croix des Prés. At the col, take the first right (track 80) heading towards Clot Clavary. At the branching junction, head left uphill through a larch wood.
5. At the Clot Clavary refuge hut, head uphill on the rightmost track (the "Chemin de la Procession") (pushing might be required). Then stay on the ridge track: "Le Ruban". (Medium battery level* > 39%).
6. At Le Clos Charmantier, take the track running downhill opposite, towards Rousset. After a short descent, head uphill again to the left. On the descent, slow down to take a trail on the left which cuts through the bends.
7. At the Col Lebraut, follow the road right for 50 metres and then turn left to join the trail leading up the hill. (Walk mode useful). At the RD3, head down the path on the right. At the end of the ridge, turn left onto the "les Yvans" trail (difficult trail).
8. At the holiday centre, turn left and left again and head up the road (D403). At the car park, follow the trail running right downhill. When you come to the road, take the trail set back on the left.

9. Turn right and then right again onto the road, heading towards Chorges (RD3). At the holiday centre (Les Horizons-du-Lac), turn left and then take the first right. At the hamlet of Le Villard, head up the path on the left. After the railway underpass, turn left onto the old road which takes you to Chorges.

On your path...



 Addos mountain stream (A)

All useful information

Advices

Ride in economy mode on this stage.

In Rousset, take the time to visit the Muséoscope du Lac and the water and energies visitor centre ("Maison de l'Eau et des Énergies"). Not a racing rider?

Avoid the descent after the Col Lebraut

Lunch break possible at Le Ruban or Peyre-Grosse.

Consumption index*: 87% (economy riding)

Information desks

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<https://www.serreponconvallées.com>

Source



Parc national des Ecrins

<https://www.ecrins-parcnational.fr>

On your path...



Addos mountain stream (A)

The Addos mountain stream (torrent in French) is 4 kilometres long. A mountain stream is a natural water course located in the mountains. The flow regime is characterised by a steep gradient, with a very fast and therefore turbulent water flow producing significant erosion. It is also defined by a significant variation in flow rate depending on precipitation levels. In this mountain stream, as in many others, numerous small sills (small dams) have been created to slow down the water flow and limit the impact of floods.

Attribution : Amélie Vallier