From Rousset to Chorges

Vue sur le Sauze-du-Lac depuis les hauteurs de Rousset (Parc national des Ecrins - Emmanuel Danjou)

After a long, easy-to-negotiate ascent to reach Le Ruban, the scene is set : this stage will be the most technically challenging of the itinerary. Descents come thick and fast and will require the occasional foot on the ground. Straightforward calm will be restored for the last few kilometres.

This stage undoubtedly offers the finest views over the lake, with Le Ruban, the balcony of the Col Lebraut and Peyre Grosse. Get ready to experience the satisfaction and sense of achievement of reaching a hard-won summit and gazing in admiration over a serene panorama. And, as a bonus, the thrills to be had on these twisting and turning trails.

Useful information

Practice : Mountain bike

Duration : 5 h

Length : 35.8 km

Trek ascent : 1379 m

Difficulty : Hard

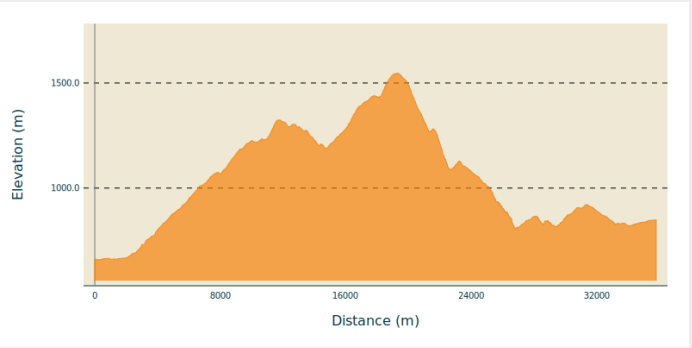
Type : Stage

Themes : Lake and glacier, Panorama, Pass

Trek

Departure : Rond-point de Rousset
Arrival : Chorges
Markings : VTT
Cities : 1. Rousset
2. Espinasses
3. Chorges

Altimetric profile

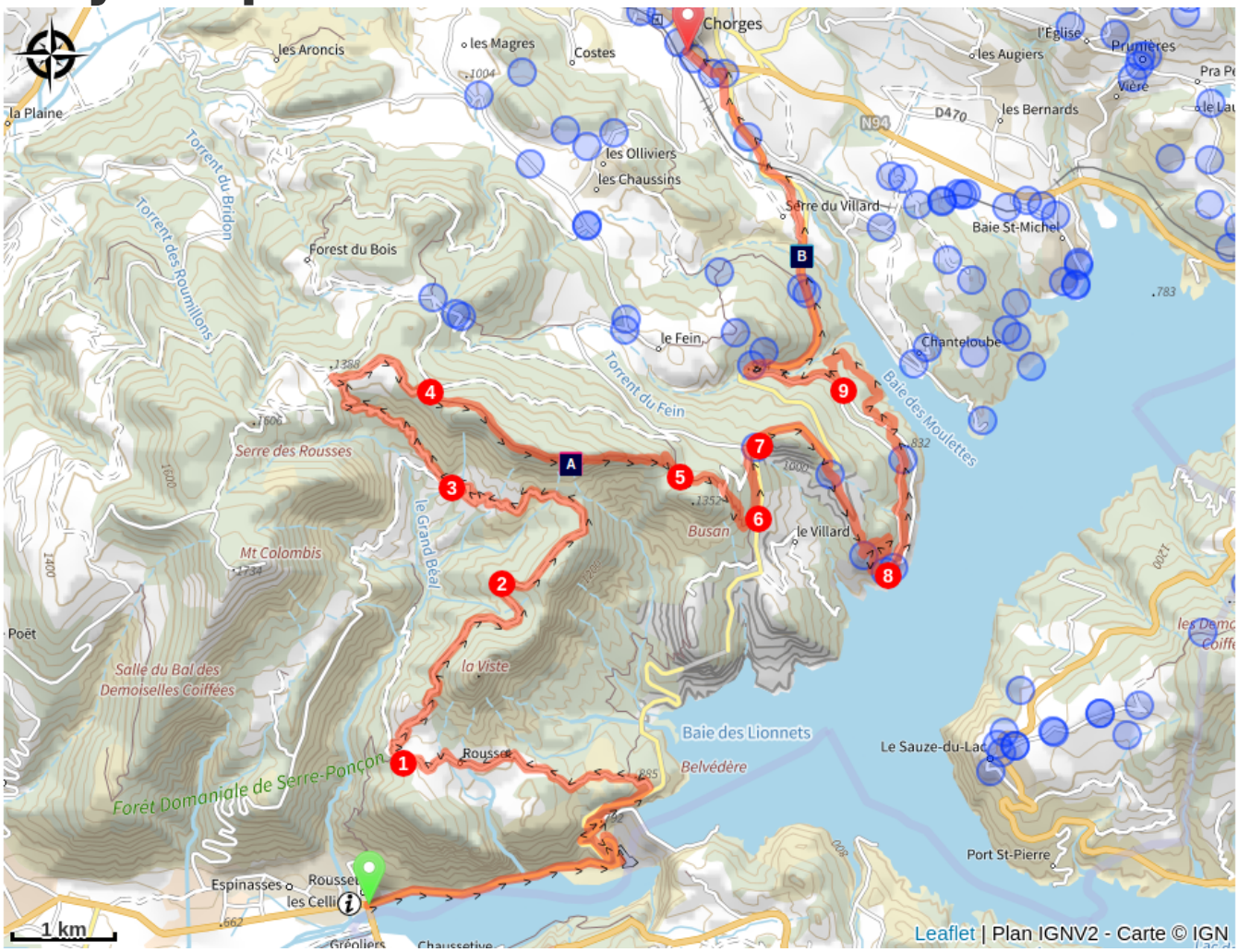


Min elevation 659 m Max elevation 1547 m

At the roundabout in Espinasse, turn right towards Rousset. After the belvedere, head uphill to the left and go through the village.

1. At the Col de Pré du Laus, head uphill to the right and at the second hairpin bend continue left. Ride through the solar power plant.
2. At the container, head uphill to the right and stay on the main track which takes you to the hamlet of Vière (you can carry straight on along a yellow waymarked technical trail and going through Les Counitous).
3. After the descent from Vière, climb up the track on the right until you come to the Col de la Croix des Prés. At the col, take the first right (track 80) heading towards Clot Clavary. At the branching junction, head left uphill through a larch wood.
4. At the Clot Clavary refuge hut, head uphill on the rightmost path (the "Chemin de la Procession") (pushing might be required). Then stay on the ridge path: "Le Ruban".
5. At Le Clos Charmantier, take the downhill path opposite, heading towards Rousset. After a short descent, head uphill again to the left on the forest path. - On the descent, slow down to take a trail on the left which cuts through the bends.
6. When you come to a trail, turn left towards the Col Lebraut until you come to the road. Head downhill to the right which takes you to the col.
7. At the Col Lebraut, follow the road right for 50 metres and then turn left to join the trail leading up the hill. (Some pushing). At the RD3, head down the track on the right. At the end of the ridge, turn left onto the "Les Yvans" trail (take care, technical trail).
8. At the multisports faciity ("plateau omnisport") at the holiday centre, turn left and left again and head up the road (D403). At a car parking area, follow the downhill trail on the right until you come to the road below. Follow this left for a few metres and then turn right: carry straight on along the trail. Under the high voltage line, take the trail on the right.
9. Turn right and then right again onto the road, heading towards Chorges (RD3). At the holiday centre, Les Horizons-du-Lac, turn left and then take the first right. At the hamlet of Le Villard, head uphill on the path on the left. After the railway underpass, turn left onto the old road which takes you to Chorges.

On your path...



L'Avance Lookout (A)

Addos mountain stream (B)

All useful information

Advices

Take care on the descent from Le Ruban and before the Écrin du Lac estate.
To avoid the very technical descent, turn left at the Col Lebraut.
Pleasant picnic stops at the Col des Prés, Le Ruban and Peyre Grosse.

Information desks

Bureau d'information touristique de Rousset
Les Celliers, 05190 Rousset

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https://www.serreponconvallees.com

Source

Parc national des Ecrins

https://www.ecrins-parcnational.fr

On your path...

L'Avance Lookout (A)

Learn the names of the different peaks in the Valley of l'Avance!

Attribution : Pierre Doussineau - CDRP

Addos mountain stream (B)

The Addos mountain stream (torrent in French) is 4 kilometres long. A mountain stream is a natural water course located in the mountains. The flow regime is characterised by a steep gradient, with a very fast and therefore turbulent water flow producing significant erosion. It is also defined by a significant variation in flow rate depending on precipitation levels. In this mountain stream, as in many others, numerous small sills (small dams) have been created to slow down the water flow and limit the impact of floods.

Attribution : Amélie Vallier