

# From the Embrun lake to Savines-le-Lac

Parc national des Ecrins - Baratier



En surplomb du lac en automne (Parc national des Ecrins - Emmanuel Danjou)



*The day's itinerary is typified by a long ascent marked by short and restorative level stretches, followed by a long bracing descent down to Savines past the Abbey of Boscodon.*

The morning starts gently over level terrain along the river embankments. This warm-up is accompanied by the fresh cool air and rippling sound of the Durance. The sustained climb offers some fine views, in particular from La Cagnolle. The heritage stop-off at Boscodon allows an opportunity to recuperate. The reward: the descent from Les Grands Clots to Savines alternating between fun trails and forest paths.

## Useful information

Practice : Mountain bike

Duration : 4 h

Length : 21.4 km

Trek ascent : 988 m

Difficulty : Hard

Type : Stage

Themes : History and architecture, Lake and glacier

# Trek

**Departure** : Plan d'eau d'Embrun

**Arrival** : Savines-le-Lac

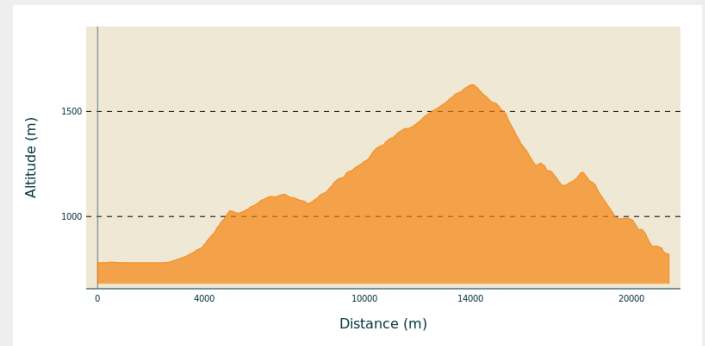
**Markings** : 🚲 VTT

**Cities** : 1. Baratier

2. Crots

3. Savines-le-Lac

## Altimetric profile



Min elevation 781 m Max elevation 1629 m

From the lake at Embrun, cycle to the dam, climb up along the dam path ("Chemin de Digue") and then cross the Durance via the footbridge to reach the opposite bank of the river. After the footbridge, take the path right heading towards Crots.

1. When you come to the no entry sign, continue left, cross the car park and follow the path to your left. Go past the wetland area of Le Liou.
2. Before you reach the "Camping Manu", cross the road and continue along the path opposite which follows a small mountain stream. Cross the N94 main road, with care.
3. 50 metres after the N94, go right, cross the bridge and then turn left just before a private property, heading towards La Cagnolle.
4. At the four-track intersection at La Cagnolle (viewing point), head straight on downhill on the path until you come to a farm. Follow the road to the left as far as the chapel of Beauvillard.
5. At the chapel, follow the path running parallel to the right, cross over the road twice, heading towards Boscodon. Stay on the main path until you come to the road.
6. At the Boscodon bridge, go up the road on the left. After the Charamaillon picnic area, head up the track on the right. At the sheepfold (beware of the dogs) climb up the hairpin path on the left and head towards the Abbey of Boscodon along the road on the right.
7. At the abbey, go straight ahead along the road heading towards the Pic du Morgon. After the picnic area and shelter, carry straight on, keeping to the main track heading towards Le Grand Clot.
8. Just before Le Grand-Clôt, after a series of 4 bends, go down the forest trail on the right (take options heading downhill and to the right). At the fork above the Ruine Noire ravine, head left on the trail and then straight ahead along the track.
9. On the bend at the five-track intersection, take the first right to join the Serre Verger forest road. Head left downhill and after 1 kilometre follow the trail on the right until you come to the N94 main road.

# On your path...



# All useful information

## **Advices**

There are two not-to-be-missed visit breaks: as you enter the wetland area of Le Liou, laid out especially for discovering the fauna and flora on pathways raised on stilts, and the remarkable Abbey of Boscodon. You can picnic there or make the most of the restaurant. The Aire du Grand Clot (the summit of the ascent) is also a perfect place to take a snack break.

## **Information desks**

### **Tourist office Embrun**

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## **Source**



Parc national des Ecrins

<https://www.ecrins-parcnational.fr>