

# Saint-Alban loop

Embrunais - Châteauroux-les-Alpes



La vallée de la Durance (florimont.tilliere)



*This is an accessible hike with unobstructed views over the Durance valley.*

*Exposed passages make this a hike not recommended for children.*

After the old "postman's path" overlooking the Durance as the valley narrows, a shady wooded section leads back to a panoramic viewpoint over the Durance valley, which widens out over the Embrunais. This long parade lends itself particularly well to reading the landscape and some great photos opportunities.

## Useful information

Practice : By walk

Duration : 2 h 30

Length : 9.1 km

Trek ascent : 257 m

Difficulty : Easy

Type : Loop

Themes : Fauna, Flora, Panorama

# Trek

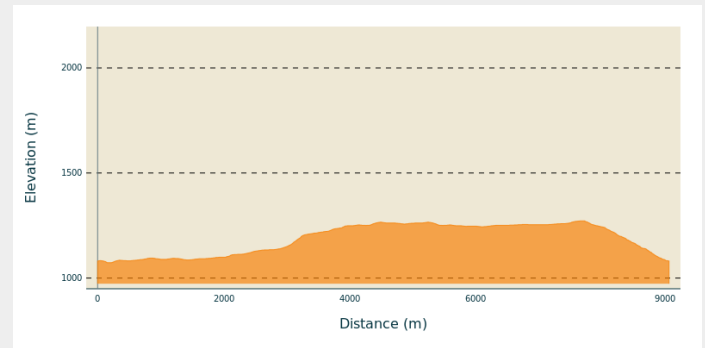
**Departure** : Les Chamousses,  
Châteauroux les Alpes

**Arrival** : Les Chamousses, Châteauroux  
les Alpes

**Markings** :  PR  GR

**Cities** : 1. Châteauroux-les-Alpes  
2. Saint-Clément-sur-Durance

## Altimetric profile



Min elevation 1074 m Max elevation 1273 m

Go up the track and turn right towards St Alban along the postman's path

1. On reaching the hamlet of St Alban, stay on the grassy path that runs behind the gîte towards the Couleau stream. Turn left when you reach the wide track.
2. At the next intersection, you can take a round trip to the stream: to do this, follow the Couleau stream. Otherwise, turn left towards the Serre cross. Follow the path along the canal through the forest and then across the meadows.
3. At the sign for the serre de l'Aigle cross, turn left towards la Béguê and then straight on at the next intersection. Descend the road, then turn left along the wide track to the car park.

# On your path...



# All useful information

## **AdVICES**

La première partie de l'itinéraire emprunte l'ancien chemin du facteur, un sentier relativement étroit à flanc en surplomb de la vallée, très praticable mais potentiellement impressionnant pour les personnes sujettes au vertige. Pour ces mêmes raisons, cette randonnée n'est pas recommandée avec des enfants.

## **How to come ?**

### Transports

Public transport : [ccserreponcon.com](https://www.ccserreponcon.com)

### Access

From Châteauroux les Alpes (D994h), head towards St Marcellin. At the exit from the hamlet of Fontfourane, follow Les Chamousses to the right.

### Advised parking

At the exit from the hamlet of Chamousses, turn left at the start of the track.

## **Information desks**

### **Bureau d'information Touristique de Châteauroux-Les-Alpes**

Place de l'église, 05380 Châteauroux-Les-Alpes

chateauroux.les.alpes05@gmail.com

Tel : 04 92 43 23 31

<https://www.serreponcon-tourisme.com/>



## **Source**



Serre-Ponçon

<https://www.serreponcon.com>