

From Aspres-les-Corps to Les Barangeards

Valgaudemar - Aspres-lès-Corps



Fort de Saint-Firmin (© Parc national des Ecrins - CDTE05)



The first part of the route gives open views over the agricultural landscape and the Faraut mountain, with some forested sections. Between La Broue, at the foot of the Serre de l'Aigle, and the fort of Saint-Firmin, the view lingers for a final time over the Champsaur area and its farmlands criss-crossed by hedges and trees. The orientation then changes, opening a window onto the Petit Chaillol. Between La Faurie and Le Séchier, hikers are enthralled by the Olan. The route then plunges into the Séveraisse valley, running gently along the Canal des Herbeys.

Framed by mountains flanking deep valleys, the Valgaudemar welcomes hikers into its woods, through its meadows and along its canals. Along the way, there are some architectural gems to be admired, such as the railway bridge ("Pont de la Voie Ferrée") the Château de Saint-Firmin or simply the unspoilt hamlets with their chapels and water fountains.

Useful information

Practice : Horse

Duration : 6 h

Length : 14.9 km

Trek ascent : 502 m

Difficulty : Medium

Type : Stage

Themes : Geology, History and architecture

Trek

Departure : Aspres-les-Corps

Arrival : Les Barangeards

Markings :  Piste équestre

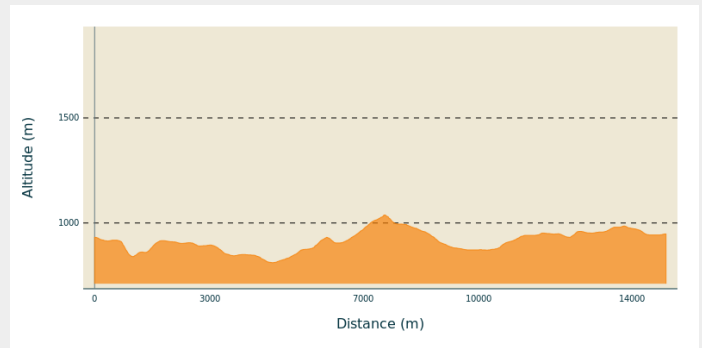
Cities : 1. Aspres-lès-Corps

2. Saint-Firmin

3. Saint-Jacques-en-Valgodemard

4. Saint-Maurice-en-Valgodemard

Altimetric profile



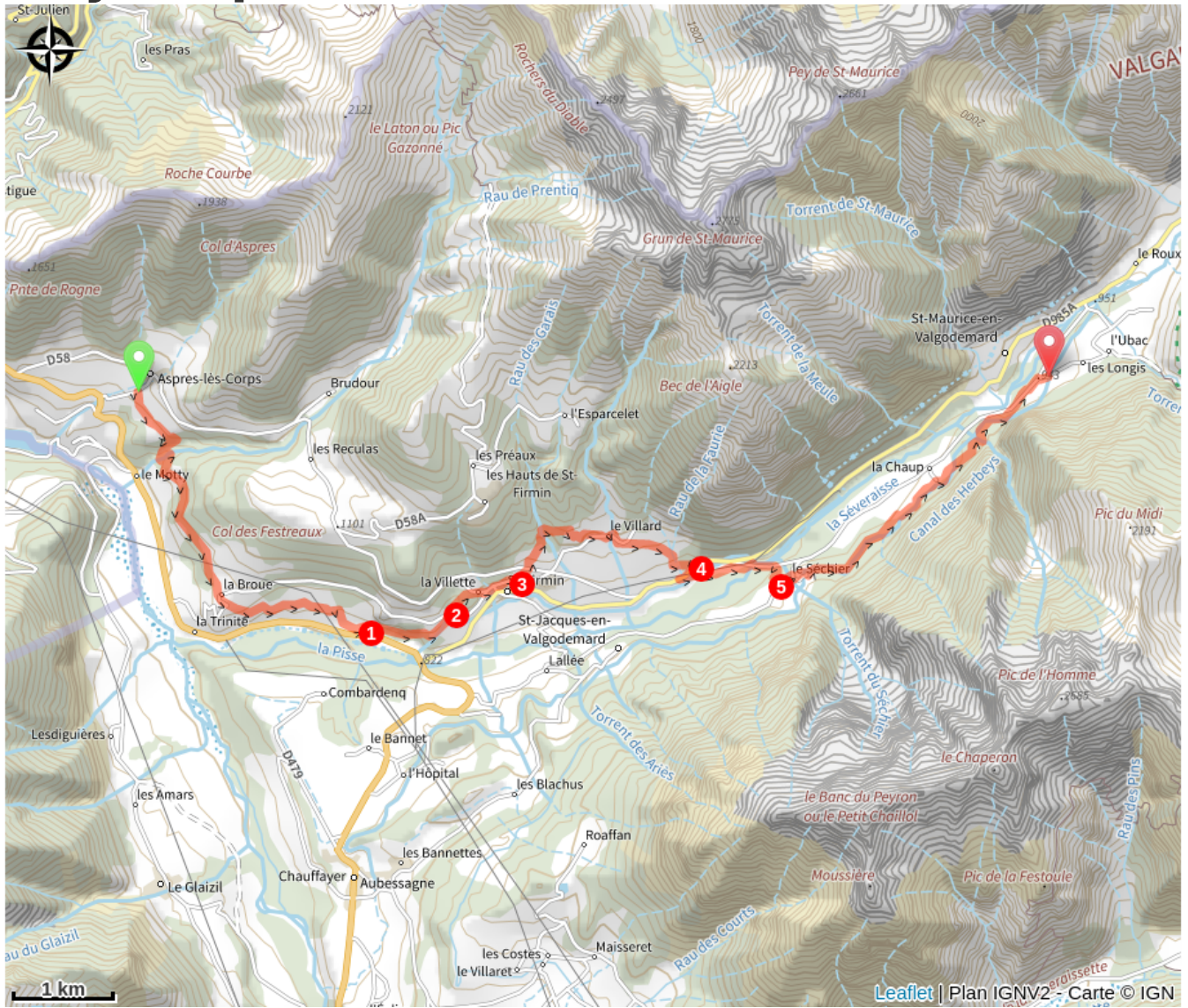
Min elevation 812 m Max elevation 1039 m

From La Grange de Brudour, return to Aspres-les-Cops, head downhill towards the N85 and turn left after the GAEC des Goudmarrous towards Les Riolles. The route continues along a flat track bordered by fields with a splendid view over the Faraut mountain, on the Pic Perroux side. As you enter the wood, at the Y-shaped fork, follow the path downhill on the right. Cross the Brudour mountain stream over an old engineering structure, the railway bridge ("Pont de la Voie Ferrée"). The bridge has walkway extensions. As you leave the bridge, take the uphill forest track on the left, still in woods. From here, PR waysigns ("Peite Randonnée - short-distance trails). At Cadeton, keep to the main path, ignoring the mountain biking ("VTT") shortcut. The track flattens out and widens, offering a magnificent view over the Petit Chaillol mountain. Still following the PR waysigns, continue straight through the hamlet of La Broue. Head towards Sous La Roche along a gentle, flat and grassy track. As you approach Sous La Roche, note the sulphurous spring.

1. As soon as you enter the village, take the Château discovery path ("Sentier de Découverte") which rises uphill to the left of the red house and has a few narrow stretches. The path emerges onto a wide track looking onto the Petit Chaillol mountain. Turn left. At the road, you can turn right for a (there-and-back) detour to admire the view from the Château de St-Firmin. Continue along the La Broue road.
2. At Le Serre, take a narrow wooded uphill path on the left, still signposted towards the "Sentier de Découverte du Château". The path leads to La Villette, overlooked by the peaks of La Côte and Le Brasque. In Saint-Firmin, head downhill towards the bell tower and continue straight up as far as the cross (fire hydrant, dustbin, wash-house).
3. Here, head uphill on the left, pass the 1801 fountain, cross the D58 and, when you reach La Grange, head towards Le Villard along the grassy track on the right after the last house. At Le Ponteil, the tracks intersect: carry on straight ahead over level terrain. Cross the ford and the reservoir, continuing straight on. After the second ford crossing, follow the wall uphill until you reach Les Serres. At Les Serres, the GR50 joins the PR. Head downhill towards Le Villard following the GR50. Go straight through the hamlet of Le Villard and pass the chapel of Notre-Dame, still following the GR50 waysigns towards Moussuq. At Les Gardettes, stay on the GR50 heading towards Le Séchier along a fine gravel path that runs downhill into the forest.

4. When it emerges on the D985 Route de La Chapelle, follow its right-hand side and then cross the road and cross the canal, following the GR50 along a narrow path edged by tall vegetation which runs through the meadows below Les Champs de Roussi and which comes out at the Pont du Séchier. Cross the Séveraisse and continue along the road until you reach a wooden sign pointing along a grassy track leading to St Jacques-en- Valgodemar. Before heading up this track, take a moment to admire the view over the Peak des Souffles and the Pic Turbat!
5. At the École Du Séchier, continue to follow the GR50/GRP (regional long-distance trail) to the left, towards Lachaup. At the signpost for "Séchier Village", follow the sign for the Canal des Herbeys which takes you on a road on the right leading uphill (GR50/GRP). As you leave the hamlet of Le Séchier, stay on the forest track (mountain biking route, "VTT") along the canal-side (some narrow and rocky stretches). At Lachaup, stay on the track heading for Les Barangeards. At the ford crossing (not difficult) avoid the footbridge and then go down the track leading to the D16 in Cloragne.

On your path...



All useful information

Advices

From the Tuile au Loups, retrace your steps until you reach the other side of Grimaudais. Turn left towards Aspres-les-Corps. Cross the N85 before the water treatment plant and follow the N85 uphill (there is a wide verge) towards Aspres. Take the first road on the right before the GAEC des Goudmarous (beef). Link from Brudour. From the gîte La Grange de Brudour, return to Aspres-les-Corps, head downhill towards the N85 and turn left after the GAEC des Goudmarous towards Les Riolles.

Coming from Grimaudais, crossing the N85 in Aspres-les-Corps is tricky: exercise caution! The path below the fort of Saint-Firmin is narrow and unsound: follow its course and approach it via the road.

At the hamlet of La Broue, make the most of the water fountain, visit the chocolate factory and admire the rocky crags of La Côte.

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Peregrine falcon

Sensitivity period: February, March, April, May, June

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification du Faucon pèlerin.

Les pratiques qui peuvent avoir une interaction avec le Faucon pèlerin en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone !

En cas de survol merci de rester au-dessus de 2010m d'altitude à une distance de 300m sol.

Golden eagle

Sensitivity period: January, February, March, April, May, June, July, August

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification de l'Aigle royal

Les pratiques qui peuvent avoir une interaction avec l'Aigle royal en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone ! Et de privilégier un survol de la zone à une distance de survol de 300m sol soit à une altitude minimale de 1920m.

Short-toed snake eagle

Sensitivity period: March, April, May, June, July, August, September

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification du Circaète-Jean-le-Blanc

Les pratiques qui peuvent avoir une interaction avec le Circaète-Jean-le-Blanc en période de nidification sont principalement les pratiques aériennes comme le vol libre ou le vol motorisé.

Merci d'essayer d'éviter la zone ou de rester à un distance minimale de 300m sol quand vous la survolez soit 1780m d'altitude !