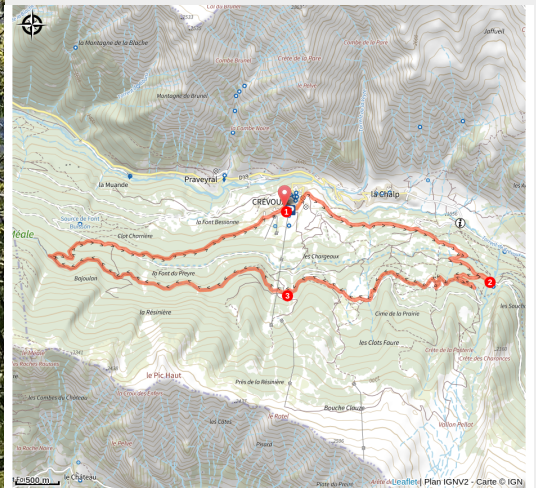


The loop of Le Réal

Crévoux



La Chalpe sous le Pic Saint-André (florimont.tilliere)



Set off to discover a wild and unspoilt valley from the small resort of Crévoux, an authentic village and a true haven of peace.

The Loop of Le Réal takes you through a wild valley where you climb the twists and turns of the Parpaillon, a legendary pass where every cyclist feels like "slaves of the road" described by Albert Londres. Exploring this valley also involves some narrow paths, which sometimes seem to disappear under the vegetation, and crossing a scree slope. This route allows you to rediscover the spirit of adventure and exploration inherent to mountain biking while remaining accessible to all mountain bikers.

Useful information

Practice : Mountain bike

Duration : 1 h 30

Length : 14.0 km

Trek ascent : 386 m

Difficulty : Easy

Type : Loop

Themes : History and architecture

Trek

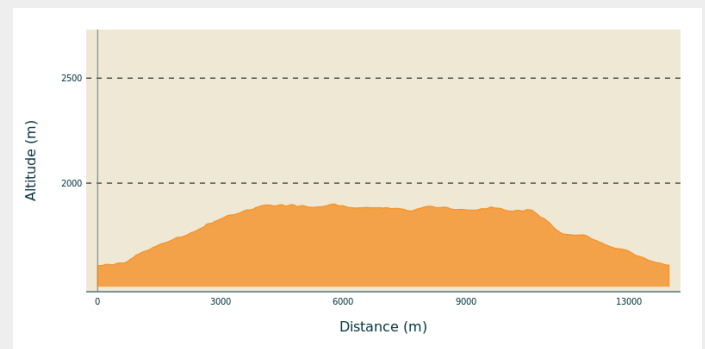
Departure : Crévoux

Arrival : Crévoux

Markings : ➡ VTT

Cities : 1. Crévoux

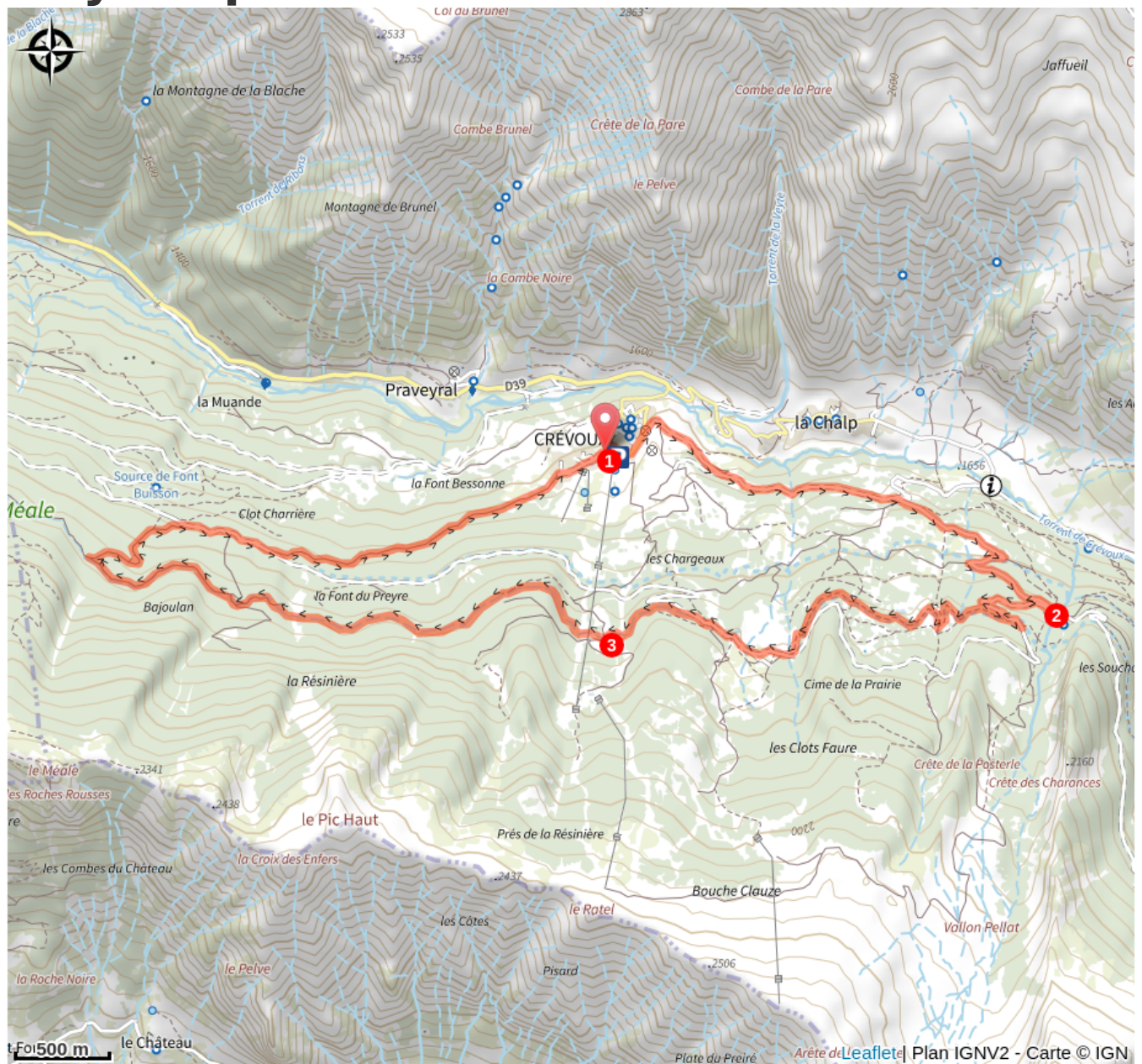
Altimetric profile



Min elevation 1608 m Max elevation 1902 m

1. From the car park serving the slopes, drive past La Tanière crêperie then down the narrow road towards the village. Turn right at the first intersection with a wide path. Continue straight ahead on this path at the next three intersections. After a more wooded section, the landscape opens up again and the path leads to the Col de Parpaillon road. Turn right onto this road and follow it up several hairpin bends through the larches to the Cabane des Espagnols.
2. Turn right at the Cabane des Espagnols onto a wide track towards Crévoux. Continue along the track after a sharp bend just past a shepherd's hut. The path begins to descend after about 200m, on a dirt track that is just as wide, and then becomes a little stonier. 100m after a farm, leave the track and turn left onto a path that rises again. The slope is very steep for a few metres, but you have to turn right onto a small downhill grassy path almost immediately. Follow this small track that winds through the larches and into a clearing.
3. At the end of this clearing, again take a path that disappears under the grass and leaves between two trees. Ignore the path to the right or left! Pass under a ski lift and continue straight ahead. Continue straight on at the next intersection. A passage through scree requires some portage. Continue along the widening track until you reach a wide path on the right that descends. Turn right when the path drops onto a track, then bear left to leave the track at the next junction. Follow the path to the car park serving the slopes.

On your path...



All useful information

Advices

En raison de travaux forestiers indispensables, menés par l'Office National des Forêts, ce sentier sera impraticable et interdit jusqu'au 15 août 2024.

Merci pour votre compréhension.

Il est vivement recommandé de descendre de son vélo pour passer le pierrier, comme les panneaux vous y incitent. La nature instable du terrain incite à la prudence.

How to come ?

Transports

<https://www.crevoux.fr/comment-venir-a-crevoux/>

Access

Follow the N94 from Gap or Briançon then take the D39 from Embrun to Crévoux.

Advised parking

Ski slope car park, Crévoux

Information desks

Tourist office Crévoux

Le pont du plan, la Chalp, 05200 Crévoux

crevoux@serreponcon-tourisme.com

Tel : +33 (0)7 86 07 56 78

<https://www.crevoux.fr>



Source



Serre-Ponçon

<https://www.serreponcon.com>