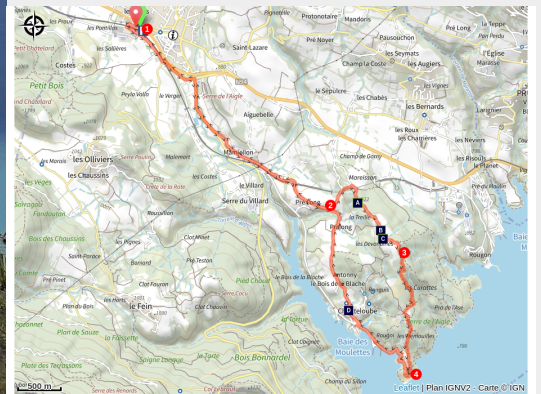


# Chanteloube mountain bike loop

Chorges



Le pic de Morgon en arrière plan du lac (florimont.tilliere)



*An ideal route for discovering the turquoise waters of Chanteloube Bay on trails that are not particularly challenging but are a great deal of fun on the downhill sections.*

The route offers uninterrupted views over the lake, where the surrounding peaks appear to be reflected infinitely. The emerald waters of Chanteloube Bay shimmer through the shade of the pine trees, inviting you to take a winding descent to Trémouilles beach, a haven of peace where you can enjoy a well-earned break.

## Useful information

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Practice : Mountain bike

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Duration : 2 h 15

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Length : 13.8 km

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Trek ascent : 308 m

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Difficulty : Easy

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Type : Loop

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Themes : Fauna, History and architecture

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# Trek

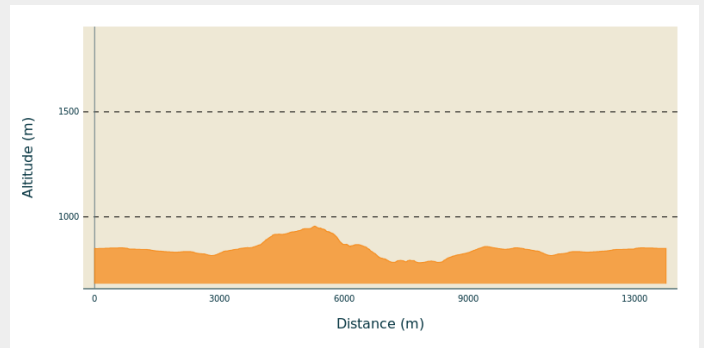
**Departure** : Charges

**Arrival** : Charges

**Markings** : ▶ VTT

**Cities** : 1. Charges

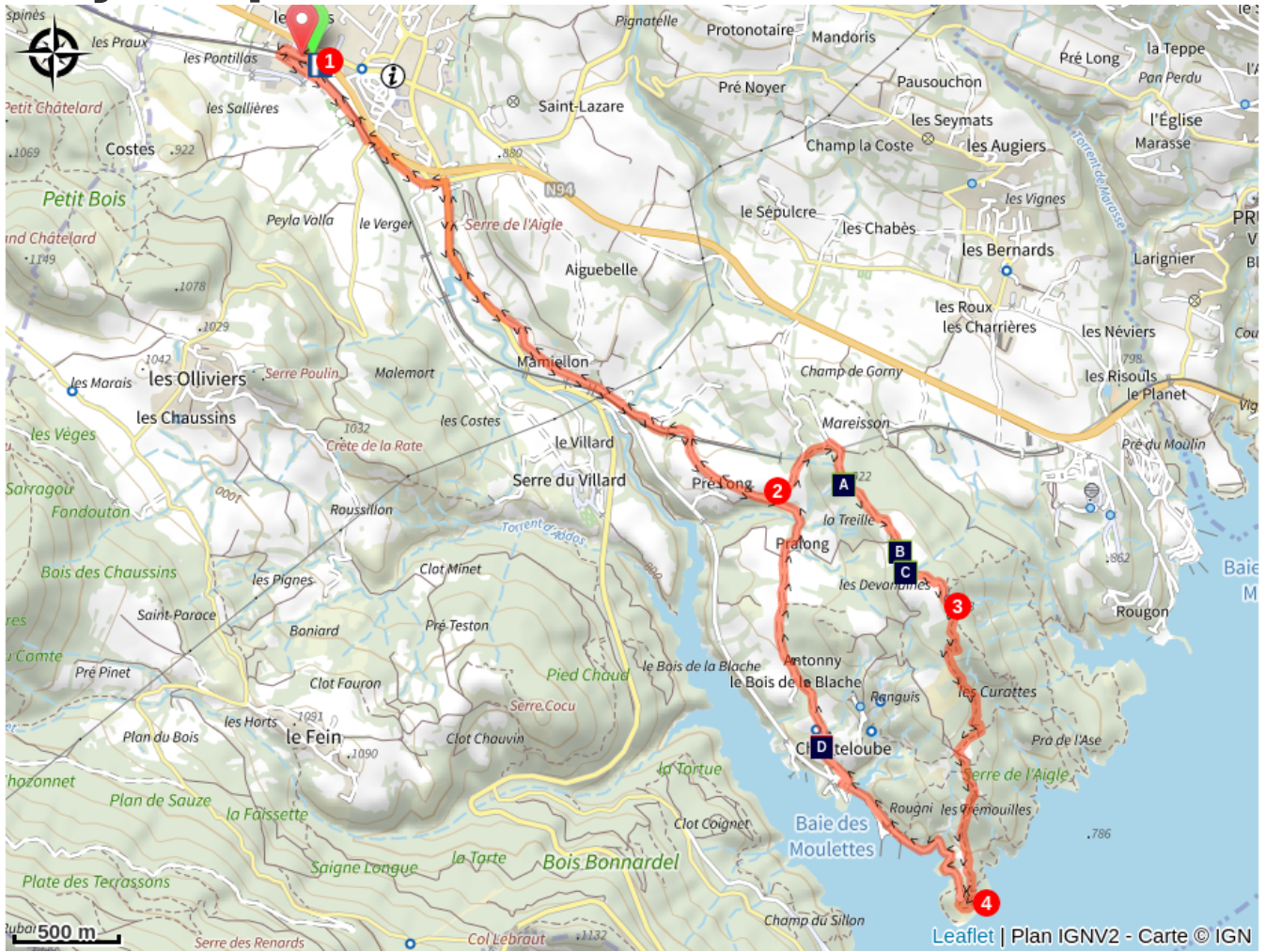
## Altimetric profile





Min elevation 783 m Max elevation 957 m

1. From the station car park, head along the railway line as far as the Intermarché supermarket. Then cross the railway tracks and immediately turn left onto a small road. Go straight on for 400m, then cross the lane to the left and follow the road. Once you reach the main road, turn right onto the main road and then left again 400m further on, towards the hamlet of Miamellon. Continue along this small road past the bridge over the railway line and past the farm.
2. Turn left onto a wide carriageway. After several hundred metres, turn right onto another carriageway at the Long Haut sign. Follow the track again for several hundred metres and turn left at the intersection with a new track.
3. After a slightly steeper climb, in which the summit offers a clear view of the lake, take a small single-track path to the right and almost immediately right again. The route becomes more sinuous, winding through pine trees. At the bottom of the descent, turn right onto a small path that leads upwards, then left into a clearing. Turn right after returning to the forest, the right and left in succession as Chanteloube Bay comes into view. Continue down a steep descent into the black coombe that plunges down into the bay. Turn left after a series of rounded hillocks in the coombe.
4. Once at the car park, head right and take the small road then continue until you pass under a bridge. Turn left just after and cross the bridge. Follow the road as far as the small chapel of Saint Jacques and turn left, still on a small road. At the next junction, take the path on the right. Continue straight ahead, coming to a small road. Return by road via the route taken at the start.

# On your path...



-  The field cricket (A)
-  Quaking- grass (C)
-  Chapel of St-Jacques (E)

-  Common juniper (B)
-  Les Curattes Lookout (D)

# All useful information

## **AdVICES**

La partie de l'itinéraire qui longe la baie sur une petite route peut être très fréquentée par des piétons et des automobilistes l'été. Soyez vigilants.

## **How to come ?**

### Transports

Transports en commun : [ccserreponcon.com](https://www.ccserreponcon.com)

### Access

Follow the N94 from Gap or Embrun to Chorges.

### Advised parking

Station car park, Chorges

## **Information desks**

### **Tourist office Chorges**

Grand rue, 05230 Chorges

chorges@serreponcon-tourisme.com

Tel : 0492506425

<https://www.serreponcon.com>



## **Source**



Serre-Ponçon

<https://www.serreponcon.com>



# On your path...

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## The field cricket (A)

Just 18 to 26 mm long, this little insect has a black head which looks a little like a helmet. The female can be told apart from the male by the presence of a third long appendage at the rear of the body. The cricket's song is heard from April onwards. The male sings his chirping song from the entrance to his burrow. The fertile females lay their eggs in the ground, which remain there for two weeks before the larvae emerge.

Attribution : Mireille Coulon - PNE

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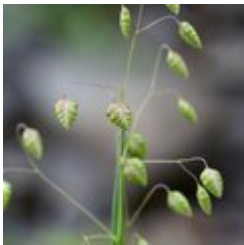


## Common juniper (B)

This bush is a resinous evergreen conifer. It is characterised by its greenish to blue (glaucous) needles with a white line on their upper side, and fruits resembling blue-black berries. It usually tends to grow in warm environments receiving plenty of sunlight. It grows in grassy or scrub covered areas up to 2,000 metres above sea level.

Attribution : Jean-Pierre Nicollet - PNE

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## Quaking- grass (C)

Quaking-grass or *briza media* is a plant in the family of upright Poaceae and can reach a height of up to 80 cm. The leaves are 2 to 5 mm wide. The heart-shaped hanging spikelets are coloured purple, changing to yellow as they mature. They tremble in the slightest breeze, hence the name. This very common grass is found in meadows and dry grasslands.

Attribution : Bernard Nicollet - PNE

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## Les Curattes Lookout (D)

From the Curattes plateau, visitors can enjoy a picnic table and a panoramic view of the Serre-Ponçon lake, with the imposing Morgon peak in the background. You can also see the coastline of the lake, its wild coves and also the port and seaside area of the Bay of Saint-Michel and the famous chapel of the same name. A little further down is the bridge of Savines-le-Lac. The striking landscape also encompasses the many agricultural and forested areas around Serre-Ponçon.

Attribution : amelie.vallier



## Chapel of St-Jacques (E)

Located in Chanteloube, this church is thought to date back to 1510. It has retained all its authenticity, with its exposed stone. It is dedicated to Saint James, one of the 12 apostles and one of the first martyrs of the Catholic church. Its recent restoration has made it possible to hold the traditional celebrations there, in honour of Saint James. The purpose of each one is to commemorate a historical event connected with the saint. When he died, he was taken to Compostella in Spain, hence the name of the pilgrim's Way of Saint James to Santiago de Compostella, a religious route passing along the shores of the Serre-Ponçon lake.

Attribution : Amélie Vallier