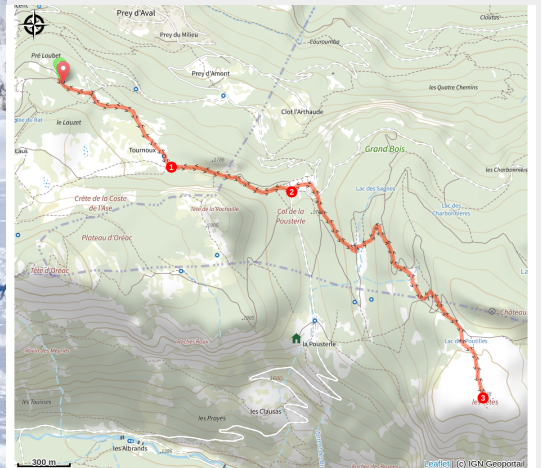


# Snow Trail: Les Têtes

Parc national des Ecrins - Puy-Saint-Vincent



Snowtrail sur les parcours des Têtes (rogiervanrijn)



*Speed along one of the most emblematic point of view of the valley, with thrills included !*

After a peaceful warm-up in direction of the Pusterle pass, go face the slopes of Les Têtes summit to enjoy an unforgettable panorama on Ecrins and Queyras. During the descent, beware of skidding

## Useful information

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Practice : Snow trail

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Duration : 2 h 30

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Length : 7.9 km

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Trek ascent : 397 m

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Difficulty : Hard

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Type : Return trip

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Themes : Panorama, Top

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# Trek

**Departure** : Nordic chalet of Pré Loubet, Puy-Saint-Vincent

**Arrival** : Nordic chalet of Pré Loubet, Puy-Saint-Vincent

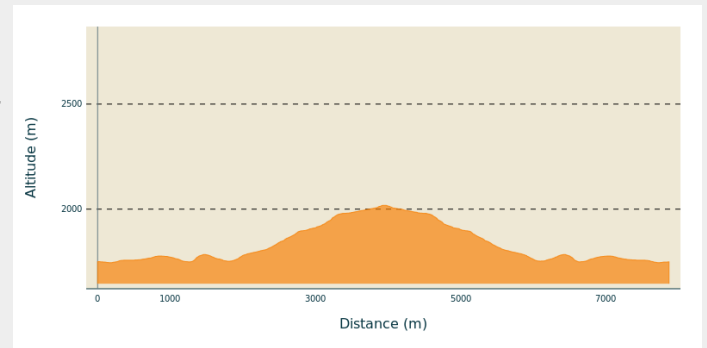
**Markings** :  Snow trail

**Cities** : 1. Puy-Saint-Vincent

2. Les Vigneaux

3. L'Argentière-la-Bessée

## Altimetric profile

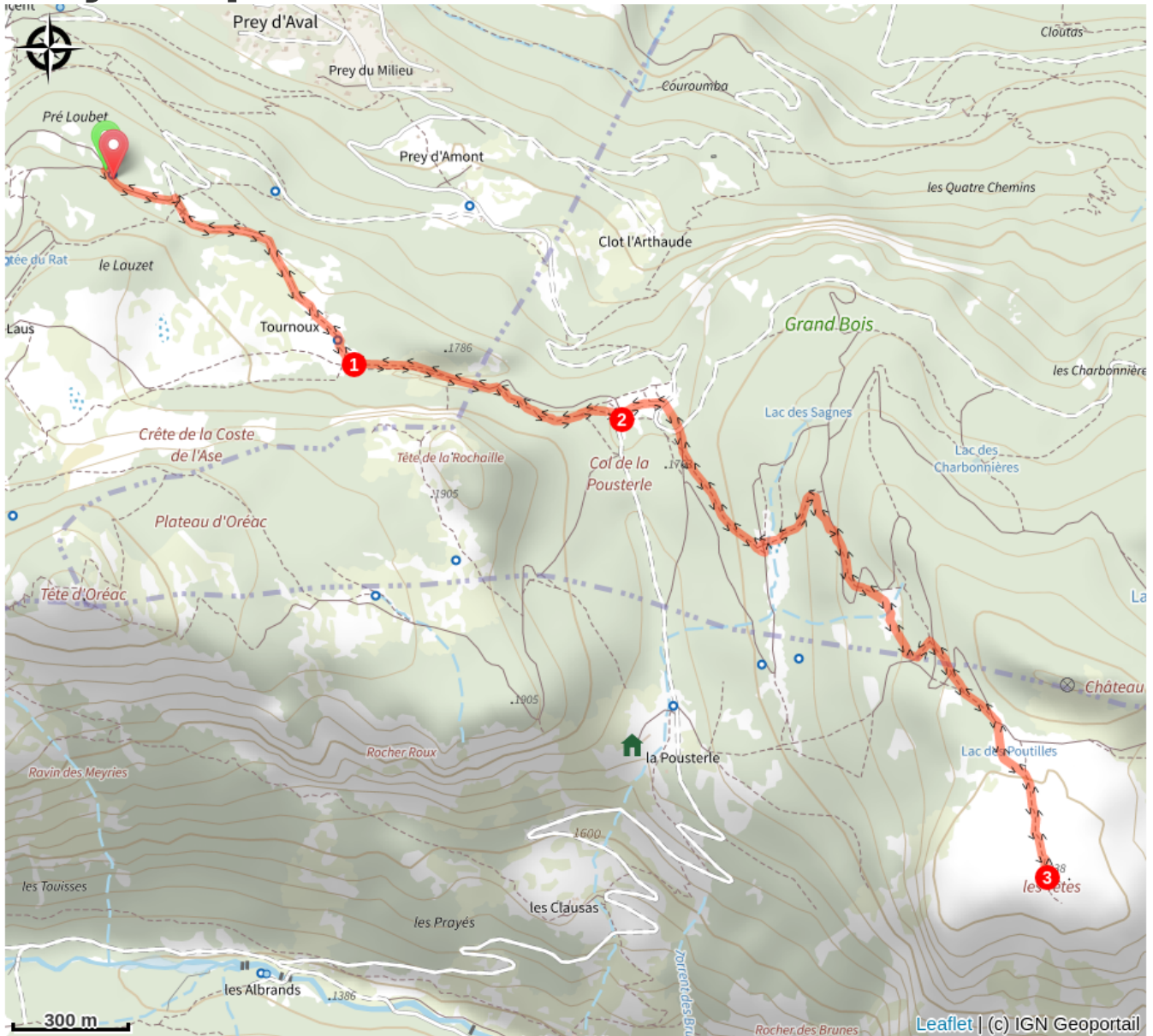


Min elevation 1746 m Max elevation 2019 m

At start at the nordic chalet, follow the track 21 to Tournoux

1. At the intersection under the rock wall, take on your right to the Pousterle pass
2. At the Pousterle pass, continue towards Les Têtes summit on a more technical track
3. Once reached the summit of Les Têtes, do a U-turn and take back the rising track

# On your path...



# All useful information

## **Advices**

Before going on Trail run, it is compulsory to check the opening periods of the path on the website: <https://www.onpiste.com/explorer/routes/snow-trail-les-tetes-puy-saint-vincent-2356>

Be aware of the meteo conditions before going

Contact details of emergencies services in mountain: 04 92 22 22 22 or 112

Please respect the work of farmers and owners

Close every fence

Bring back your rubbishes

Don't cross the path accross the prairie

Trails paths are also available to walk

## **How to come ?**

### Transports

Public transports >> <https://services-zou.maregionsud.fr/fr/>

Think of carshare >> [www.blablacar.fr](http://www.blablacar.fr)

For more information, you can ask the nearest Touristic Information Office

### Access

Reach Puy-Saint-Vincent 1600 by road D4 from l'Argentière-la-Bessée or by road D804 from Vallouise

### Advised parking

Puy-Saint-Vincent 1600

# Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

## Peregrine falcon

Sensitivity period: February, March, April, May, June

Contact: Parc National des Écrins  
Julien Charron  
julien.charron@ecrins-parcnational.fr

Nidification du Faucon pèlerin.

Les pratiques qui peuvent avoir une interaction avec le Faucon pèlerin en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone !

En cas de survol merci de rester au-dessus de 2140m d'altitude à une distance de 300m sol.

Au site dit de Grand Bois, le couple de faucons a retrouvé son aire de prédilection dans le secteur "flamme de pierre" ; à éviter donc.

[http://www.ecrins-parcnational.fr/actualite/amis-grimpeurs-attention-aux-pelerins-voies?fbclid=IwAR2Z8hX\\_38vdpdW3mS499aRnY08jarhfm-5-eNV8K29k3WB3q3Ik2US\\_Alec](http://www.ecrins-parcnational.fr/actualite/amis-grimpeurs-attention-aux-pelerins-voies?fbclid=IwAR2Z8hX_38vdpdW3mS499aRnY08jarhfm-5-eNV8K29k3WB3q3Ik2US_Alec)

## Information desks

### Vallouise Park house

vallouise@ecrins-parcnational.fr  
Tel : 04 92 23 58 08  
<http://www.ecrins-parcnational.fr/>



### Bureau d'Information Touristique de Vallouise

Place de l'Eglise, 05340 Vallouise  
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Tel : +33(0)4 92 23 36 12  
<https://www.paysdesecrins.com/>



## Source



Pays des Ecrins

<https://www.paysdesecrins.com>