

# Snow Trail: Pré Loubet

Vallouise - Puy-Saint-Vincent



Pré Loubet (Thibaut Blais)



## *A beautiful initiation loop towards the Lauzet plateau*

After an ascent among larches, you will discover the picturesque hamlet of Tournoux, before heading towards the Lauzet plateau and the Hermes lake. Once these points reached, enjoy the view on the Tête d'Amont

### Useful information

Practice : Snow trail

Duration : 1 h 30

Length : 4.8 km

Trek ascent : 190 m

Difficulty : Medium

Type : Loop

Themes : Panorama

# Trek

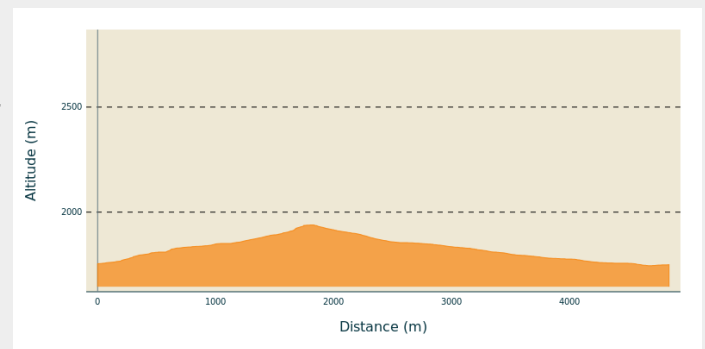
**Departure** : Nordic chalet of Pré Loubet, Puy-Saint-Vincent

**Arrival** : Nordic chalet of Pré Loubet, Puy-Saint-Vincent

**Markings** :  Snow trail

**Cities** : 1. Puy-Saint-Vincent

## Altimetric profile

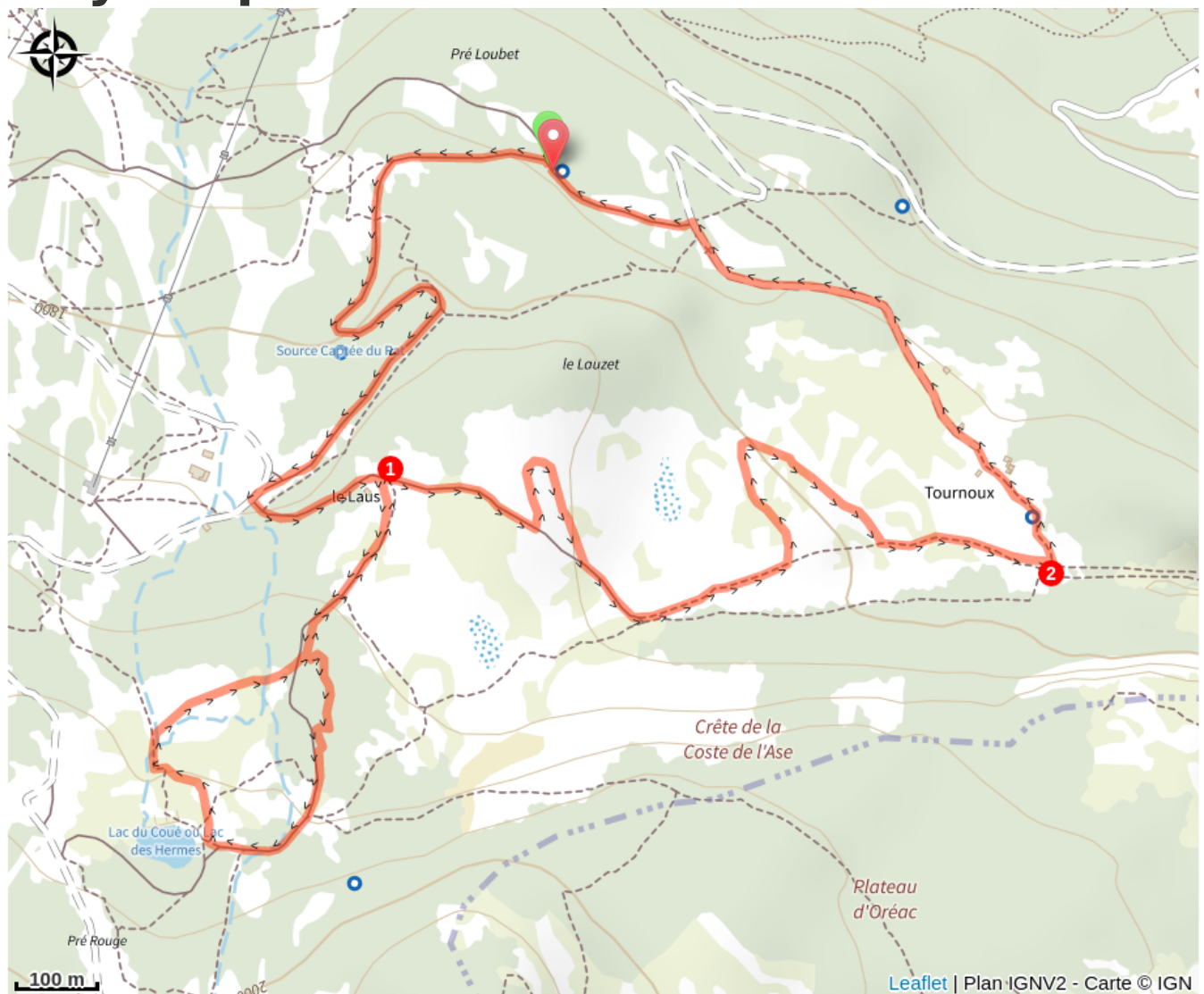


Min elevation 1746 m Max elevation 1940 m

At start at the nordic chalet, follow the track n°20 towards the Hermès lake

1. Once arrived at the lake, run around it then take the path on your right that goes down to Tournoux
2. Under the rock wall, go down to the left to reach the chalets of Tournoux then follow the track to the starting point

# On your path...



-  Le Laus (A)
-  Tournoux (C)

 The common raven (B)

# All useful information

## **Advices**

Before going on Trail run, it is compulsory to check the opening periods of the path on the website: <https://www.onpiste.com/explorer/routes/snow-trail-pre-loubet-puy-saint-vincent-2355>

Be aware of the meteo conditions before going

Contact details of emergencies services in mountain: 04 92 22 22 22 or 112

Please respect the work of farmers and owners

Close every fence

Bring back your rubbishes

Don't cross the path accross the prairie

Trails paths are also available to walk

## **How to come ?**

### Transports

Public transports >> <https://services-zou.mareregionsud.fr/fr/>

Think of carshare >> [www.blablacar.fr](http://www.blablacar.fr)

For more information, you can ask the nearest Touristic Information Office

### Access

Reach Puy-Saint-Vincent 1600 by road D4 from l'Argentière-la-Bessée, or by road D804 from Vallouise

### Advised parking

Puy-Saint-Vincent 1600

## **Information desks**

### **Vallouise Park house**

vallouise@ecrins-parcnational.fr

Tel : 04 92 23 58 08

<http://www.ecrins-parcnational.fr/>



### **Bureau d'Information Touristique de Vallouise**

Place de l'Eglise, 05340 Vallouise

contact@paysdesecrins.com

Tel : +33(0)4 92 23 36 12

<https://www.paysdesecrins.com/>



## **Source**



Pays des Ecrins

<https://www.paysdesecrins.com>

# On your path...

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## Le Laus (A)

A number of old alpine pasture chalets or hamlets, often renovated, are dotted across the Puy-Saint-Vincent resort. These are the Chalets du Laus. Le Laus is a place name designating a lake. In fact, just after the chalets, although not a lake, there is a flat, marshy area which is no doubt a small filled-in lake. So no point in bringing your pedalo!

Attribution : Marie-Geneviève Nicolas - Parc national des Écrins

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## The common raven (B)

A hollow "caw" makes you lift up your head (careful not to trip!). A pair of common ravens is nesting near here (they pair for life), on a cliff face. Although bigger than its cousins the carrion crow and the rook, it can be identified by its rather lozenge-shaped tail. It almost became extinct due to persecution. Yet it's an omnivore and, more particularly, a scavenger which plays an important role by cleaning up disease-prone carcasses.

Attribution : Chevalier Robert - Parc national des Écrins

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## Tournoux (C)

The Tournoux plateau is a small paradise with its cool meadows, its occasional renovated chalets made from stone and larch wood and its view over the Tête d'Aval, an imposing limestone peak forming part of the Montbrison massif. Whether on a mountain bike, on foot or on cross-country skis in the winter, this spot is always an invitation to stop for a break!

Attribution : Jan Novak

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