

Oussella loop

Embrunais - Réallon







Sentier de l'Oussella (Mireille Coulon © Parc national des Ecrins)

A pleasant family hike on a loop with a beautiful view over the Réallon valley.

The climb begins in the cool of a beech wood, then a beautiful larch forest, before arriving at old hay meadows, testimony to past activities. The ruins of old mountain chalets are a reminder of life in days gone by in the mountains. When the path passes over a balcony, the landscape opens up to offer a wide view of the Réallon valley.

Useful information

Practice: By walk

Duration: 3 h

Length: 6.6 km

Trek ascent: 417 m

Difficulty: Easy

Type: Loop

Themes: Fauna, Flora, History and

architecture

Trek

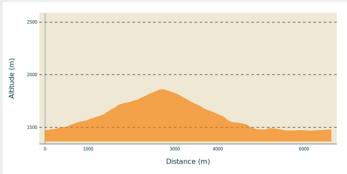
Departure: Parking des Gourniers,

Réallon

Arrival: Parking des Gourniers, Réallon

Cities: 1. Réallon

Altimetric profile



Min elevation 1466 m Max elevation 1859 m

From the car park, cross the bridge, and at the crossroads in the hamlet head up the road towards Chargès as far as the last house.

- 1. Take the path on the right towards Oussella
- 2. After the Marmite de Géant and the bridge, continue left towards l' Oussella. Cross the waterfall stream and keep to the main path through the beech forest. After a few hairpin bends, at the end of the larch grove, cross the old hay meadows and a stream. Cross the ravine and the stream of La Pissarotte to reach the foot of another area of old meadows that you need to ascend (cairns and arrow).
- 3. Turn right and go as far as the crossroads (post), which is the end of the ascent and a viewpoint. Follow Les Gourniers via Le Villard. Pass the old alpine chalets and Fouents (viewpoint) and descend towards Le Villard. Head along the edge of the ravine to the post (right arrow). After the series of hairpin bends, turn right in the field before the drinking troughs, then left 50 metres further down (small arrow post). Head alongside the "rock hutch" and continue along small hairpins (cairns). Cross the coombe and join the Sentier du Fort.
- 4. Take the path on the right towards Les Gourniers.
- 5. When you reach the track, follow Les Gourniers to the right (red and white GR markings).
- 6. At the top of a rise, leave the track by continuing straight ahead (post with arrow). Stay on the GR until you reach the road back to the car park.

On your path...



- Martagon lily (A)
- Black woodpecker (C)
- **%** Larch (E)
- Rock partridge (G)
- Short-toed Snake Eagle (I)

- Beech wood (B)
- Former hay meadows and "rock hutches" (D)
- Black Grouse (F)
- Green lizard (H)

All useful information

1 Herd protection dogs

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When I hike I adapt my behavior by going around the herd and pausing for the dog to identify me.

Find out more about the actions to adopt with the article "Protection dogs: a context and actions to

Tell us about your meeting by answering this survey.



A Advices

Afin d'éviter les conflits d'usage, les chiens de compagnie sont interdits sur l'alpage traversé du 15 juin au 15 septembre par arrêté municipal. De juin à octobre, possible présence d'un troupeau accompagné de chiens de protection.

Mieux comprendre le rôle des chiens de protection et connaître les bons comportements à adopter en cas de rencontre : en vidéo!

How to come?

Transports

Consider carpooling: https://www.blablacar.fr/

Access

From Savines-Le-Lac (17 km), take the D41 to Réallon. Follow the D241 to the hamlet of Les Gourniers at the bottom of the valley.

Advised parking

Parking des Gourniers, Réallon

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Golden eagle

Sensitivity period: January, February, March, April, May, June, July, August

Contact: Parc National des Écrins

Julien Charron

julien.charron@ecrins-parcnational.fr

Nidification de l'Aigle royal

Les pratiques qui peuvent avoir une interaction avec l'Aigle royal en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone et de privilégier un survol de la zone à une distance de survol de 300m sol soit à une altitude minimale de 2400m.

1 Information desks

Information center "les Gourniers" (summer only)

Les Gourniers, 05160 Réallon

embrunais@ecrins-parcnational.fr

Tel: 04 92 44 30 36

http://www.ecrins-parcnational.fr/



Maison du Parc de l'Embrunais

Place de l'Église, 05380 Châteauroux-les-Alpes

embrunais@ecrins-parcnational.fr

Tel: 04 92 43 23 31

http://www.ecrins-parcnational.fr/



Source



Parc national des Ecrins

https://www.ecrins-parcnational.fr

On your path...



Martagon lily (A)

In the undergrowth at the start of the route, it is remarkable for its long, upright flowering stem. It has three to ten purplish-pink flowers dotted with purple, with long orange stamens. But admire it without breathing it in, because it's as smelly as it is beautiful!

Attribution : Marc Corail © Parc national des Ecrins



Beech wood (B)

These beech trees are almost the last to grow up the Durance valley. This tree can reach a height of 40m, with a smooth, slender, steel-grey trunk, horizontal branches and oval, full leaves with wavy edges and cilia. The fruits, called beechnuts, are encased in a spiky husk which opens in early autumn.

Attribution : Mireille Coulon © Parc national des Ecrins



■ Black woodpecker (C)

This funny black bird with a red helmet and a long clear beak is the largest woodpecker in the Alps. It is hard to spot because it is very solitary and wary. Yet thanks to the many clues that reveal its presence, it is possible to identify its song and its very typical, sonorous calls. It pecks tirelessly to defend its territory or to find bark beetles or carpenter ants.

Attribution : Mireille Coulon © Parc national des Ecrins



Former hay meadows and "rock hutches" (D)

In the former hay meadows we passed through, the low walls and rock hutches bear witness to centuries of work by mountain dwellers. The stones removed from the fields would be piled up on the outskirts. The cut hay was taken down to the village in cloth sacks, loaded onto mules or sledges or the backs of men.

Attribution : Marc Corail © Parc national des Ecrins



Larch (E)

A high-altitude pioneer tree, its deciduous needles are fine enough to let light through. In autumn, they take on magnificent yellow-orange colours. In spring, its cones are a characteristic dark purple.

Attribution : Robert Chevalier



Black Grouse (F)

The black grouse, also known as the "Tetras Lyre", is a member of the galliform family. Of a similar size to a hen, the male boasts black plumage with blue highlights. The tail ends in the shape of a lyre. The more discreet female is dressed in brown and red. In winter, it burrows into the snow to avoid the cold of the night. It can spend long periods in this igloo if the weather is bad.

Attribution : Rodolphe Papet © Parc national des Ecrins



Rock partridge (G)

The rock partridge is a galliform, like the black grouse. Perched on a promontory to sing its staccato song. It is recognisable due to its grey back, striped flanks, white throat and red beak. It lives in the mountains on slopes with good exposure to the sun and is fond of rocks and open moorland, where its young can feed on insects that are vital for their growth.

Attribution : Damien Combrisson © Parc national des Ecrins



■ Green lizard (H)

This large, bright green lizard with black spots can grow to 40 cm. In the breeding season, the male can be distinguished by its blue throat. In the Écrins, it can reach an altitude of 2,000 m on the most exposed slopes. It is active from mid-March to mid-October, with some notable exceptions during mild winters.

Attribution : Damien Combrisson © Parc national des Ecrins



Short-toed Snake Eagle (I)

The Short-toed Snake Eagle is a large bird of prey, easily recognisable by its white underside and large, often chocolate-brown head. But it can be confused with some very light common buzzards. This trans-Saharan migrant feeds mainly on reptiles, which it hunts in steppe areas, scrubland, wasteland and rocky areas, but also in the mountains, even in alpine meadows. Its fairly small nest is often built in pine trees.

Attribution : Mireille Coulon © Parc national des Ecrins