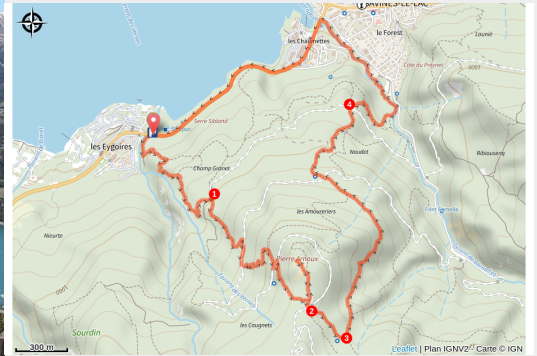


# Les Eygoires to Pierre Arnoux

Parc national des Ecrins - Savines-le-Lac



Belvédère de Pierre Arnoux (Amélie Vallier)



*A world apart is waiting to be discovered in the shadows of the forest. Travel through it to discover the riches it has to offer.*

There is a water point at the picnic area of Pierre-Arnoux. The refuge at Pierre Arnoux can be used as a shelter as it is always accessible.

## Useful information

Practice : By walk

Duration : 4 h

Length : 8.0 km

Trek ascent : 604 m

Difficulty : Medium



Type : Loop

Themes : Flora, Panorama

# Trek

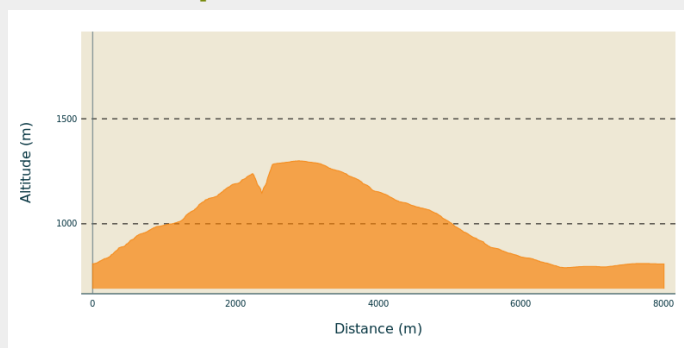
**Departure** : Les Eygoires

**Arrival** : Les Eygoires

**Markings** :  PR  GRP

**Cities** : 1. Savines-le-Lac

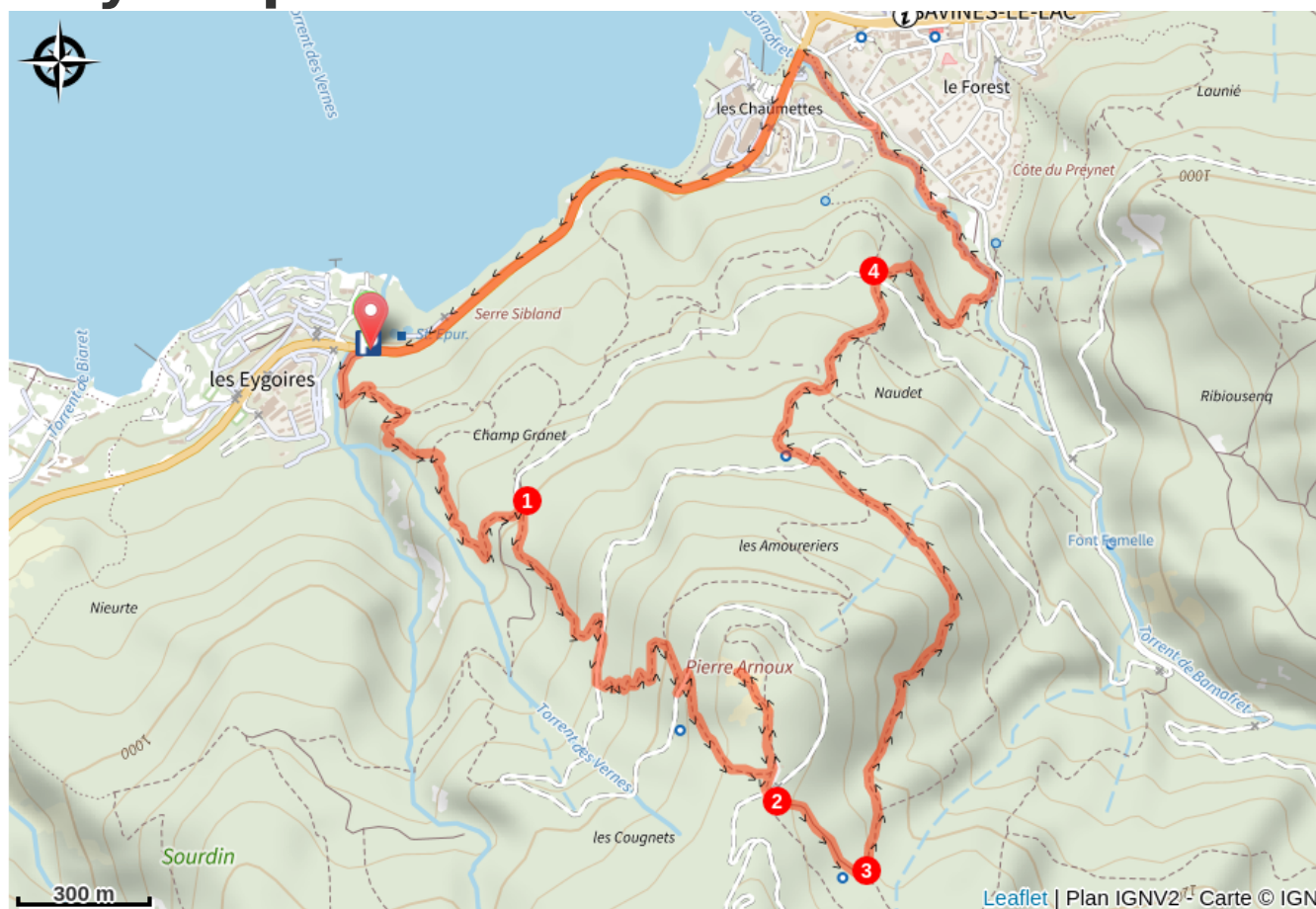
## Altimetric profile



Min elevation 792 m Max elevation 1301 m

From the car park, take the track opposite which leads into the forest. After a few metres, take the path on the left. At the next intersection, head right towards Pierre Arnoux. At the next intersection, go straight ahead. Turn left onto the forest road ("La route forestière") and a few metres further down, take the path on the right (1). Follow the GRP (regional long-distance trail) route and then at the next intersection take the track on the right. You return to the forest track and turn right. A short distance further up, take the path on the left. Continue through the forest and when you come to the track again, go right and then take the path opposite (there-and-back walk to the spring). When you come to the top of the clearing, you have reached Pierre Arnoux. Make a there-and-back detour to the belvedere by going to the left of the mountain refuge. Back at the refuge, go along the silver birch walk to return to the car park. Then, turn left at the place called « l'Empouyère » (2) When you come to the spring, take the downhill track on the left (3). At the forested track in the forest of the district of Savines-le-Lac, cross the track and continue straight ahead. Cross the track again and go straight ahead. At the next intersection, when you come to the fitness trail amenities, turn right. (4) Then take the wooden walkway on the left. Go past the water storage facility and the aqueduct. Immediately after this, take the path on the left which follows the water course. When you reach the Savines-le-Lac road, go left. Follow the path that runs along the right-hand side of the road for 1 kilometre, which brings you back to the car park.

# On your path...



Common Buzzard (A)



White Birch (C)



Limestone outcrops (E)



Beech (B)



Silver birch (D)

# All useful information

## **Advices**

Un point d'eau se trouve sur l'aire de pique-nique de Pierre-Arnoux. La cabane située à Pierre Arnoux peut servir d'abri car elle est toujours accessible.

## **How to come ?**

### Transports

Public Public transport: [www.pacamobilite.fr](http://www.pacamobilite.fr)  
Consider car-sharing: [www.blablacar.fr](http://www.blablacar.fr)

### Access

From the lakeside, go uphill into the forest until you come to a green clearing containing multiple plant species, at the foot of the Morgon. From the Pierre Arnoux refuge, take advantage of the the interpretation circuit and its belvedere. Finally, go back down through the forest of Morgon, where there is an interpretation circuit just outside Savines-le-Lac.

### Advised parking

Car park just before the Les Eygoires name sign

## **Information desks**

### **Tourist office Savines-le-Lac**

9 Avenue de la Combe d'Or, 05160  
Savines-le-Lac

[savineslelac@serreponcon-tourisme.com](mailto:savineslelac@serreponcon-tourisme.com)  
Tel : 0492443100  
<https://www.serreponcon-tourisme.com/>



## **Source**



Serre-Ponçon

<https://www.serreponcon.com>

# On your path...

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## ✿ Common Buzzard (A)

Very common in wooded areas. It can be around 55 cm long with a wingspan of 1.30 m. This bird of prey feeds mainly by hunting, allowing it to catch small mammals, reptiles and amphibians. The breeding season begins in February. The female lays around 3 or 4 eggs. In the brooding period, the male feeds the female and replaces her when she is absent.

Attribution : Damien Combrisson - PNE

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## ✿ Beech (B)

To thrive, it needs a moist atmosphere and well-drained soil. It can grow up to 40 m in height. Beech is distinguished by its smooth, grey trunk. Its branches are horizontal and its oval leaves have wavy edges with cilia. The pyramid-shaped fruits, known as beechnuts, are contained in a spiky husk that opens in early autumn. Beech is also commonly known as "fayard".

Attribution : Ludovic Imberdis - PNE

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## ✿ White Birch (C)

This is a beautiful tree that can reach 15 m in height. Its leaves can be identified by the white tomentose down on the underside. Its white flowers are grouped together in an inflorescence and bud fruit called "alises", which appear at the end of summer. This species likes a lot of light and tolerates dry conditions well. It can be found in open woods and on sunny, even rocky, dry slopes in the mountains.

Attribution : Mireille Coulon - PNE

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## ✿ Silver birch (D)

This tree can grow up to 25 m tall and is recognisable due to its white bark, warty twigs and weeping aspect (drooping twigs). In the Champsaur, birch sap is extracted using the Canadian method to make a drink rich in sugars and trace elements. Used by mankind for centuries, especially in Nordic countries, it was once considered a miraculous tree thanks to its host of medicinal and food uses.

Attribution : Blandine Delenatte - PNE

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## Limestone outcrops (E)

This very specific geological form always attracts the curious. You can get up close and admire their distinctive shapes, right in the middle of the forest. Their appearance can be explained by an accumulation of limestone in the stream water, which is highly concentrated. This settles and petrifies various elements such as moss and twigs.