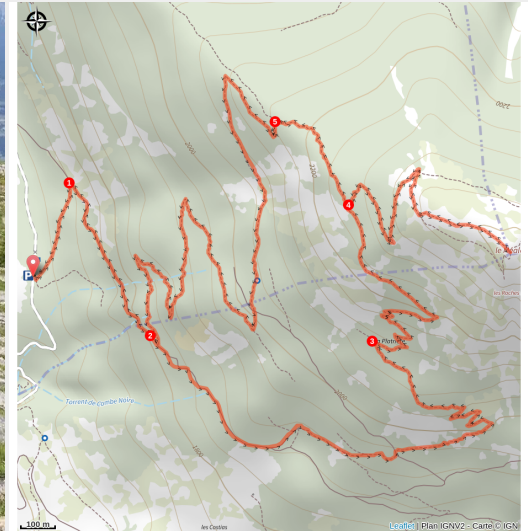


Le Méale

Saint-Sauveur



Point de vue sur le Lac de Serre-Ponçon (Amélie Vallier)



This trail has unmistakably taken its name from the belvedere overlooking several valleys and mountains in the territory of Serre-Ponçon.

Climb up to the peak of St-Sauveur, called Le Méale. At 2,426 metres above sea level, the 360° view will leave you speechless! To get there, you start out gently through the forest of Le Méale and pass through the state-owned forest of Pouzenc. From here, you have a beautiful climb ahead of you, through flower-filled areas. You cannot fail to be moved by this adventure, with unique vantage points over the valleys of Crévoux, Les Orres and the Durance.

Useful information

Practice : By walk

Duration : 4 h

Length : 10.5 km

Trek ascent : 790 m

Difficulty : Medium



Type : Loop

Themes : Panorama

Trek

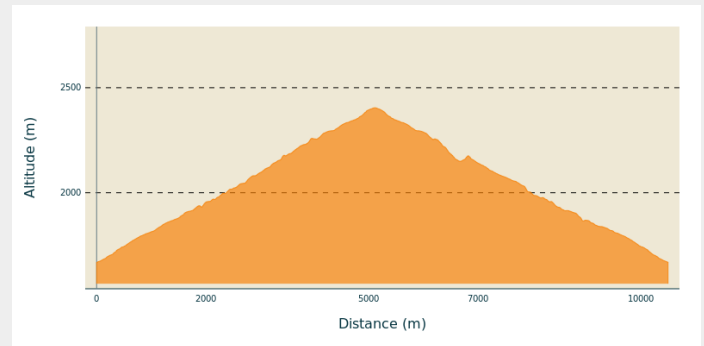
Departure : Hamlet of Les Gaillards, St Sauveur

Arrival : Hamlet of Les Gaillards, St Sauveur

Markings :  PR  GR

Cities : 1. Saint-Sauveur
2. Les Orres
3. Crévoux

Altimetric profile

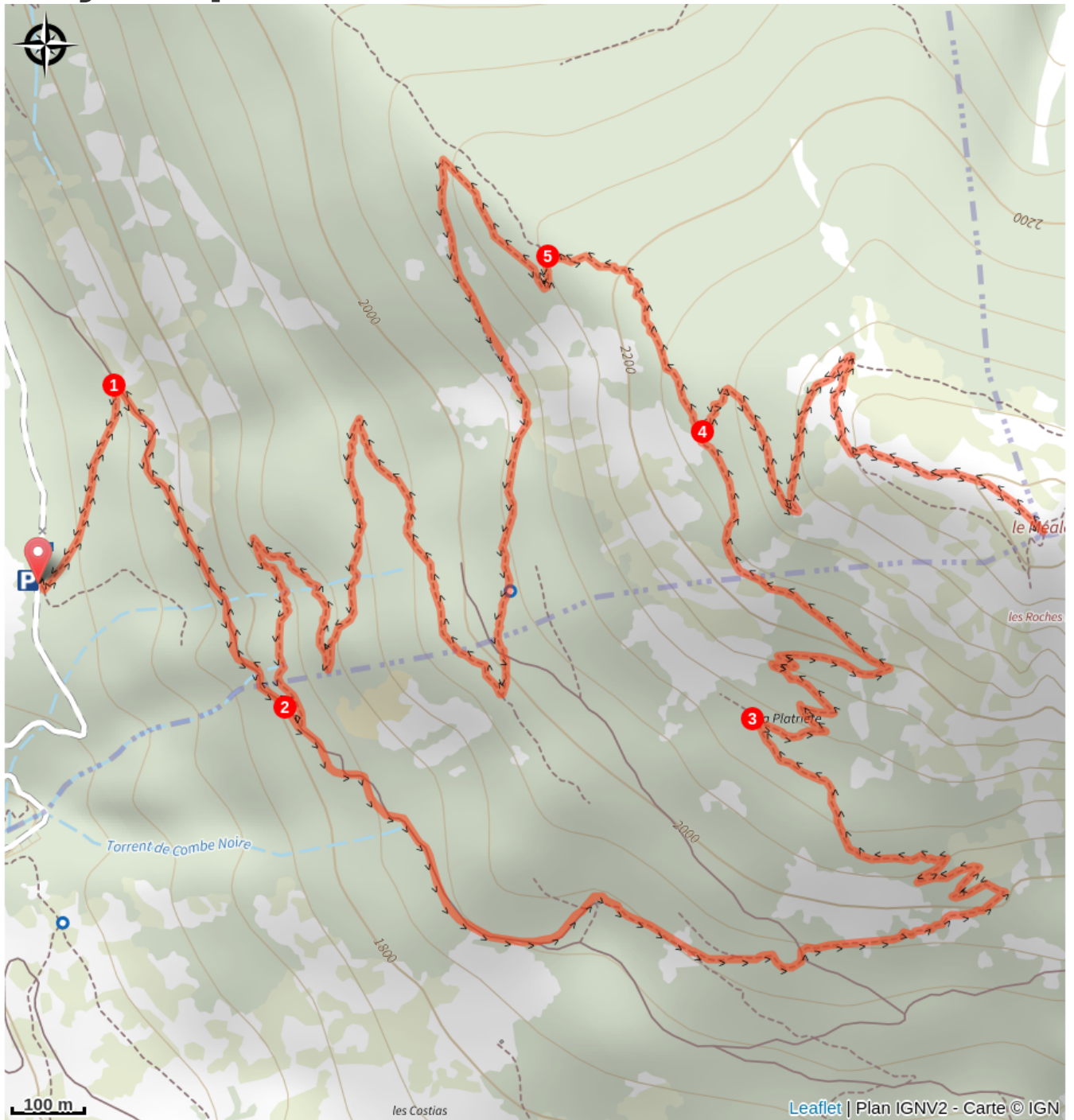


Min elevation 1668 m Max elevation 2406 m

From the car park, turn left onto the road. At the bend, take the track on the left towards the path to Le Méale ("Sentier du Méale"). At the next intersection, stay on the uphill track. Go past the three channelled springs and head towards Les Orres. Enter the state-owned forest of Pouzenc.

1. After a few hundred metres, when you come to some stones and a gate, take the path on the left (sign with a white arrow). At the crossroads, follow signs for Crévoux. When you come to the track, go right towards Le Méale and follow the track running uphill. At the hamlet of Le Serre, turn left.
2. Finally, at the place called « Croix-Pierre », turn left. Follow the path right and this brings you to the top of Le Méale. From here, loop around to the crossroads at the place called « Croix de Serre ». Join the path on the right which brings you back to « Crête du Méale ». At the sign, turn left. At the « Piste de la Plâtrière », head towards the forest car park. On the way, turn right. In Les Clotasses, take the path on the left leading to the car park.
3. When you come to the picnic tables, take the path on the left. At « La combe Noire », head to Les Gaillards following the GRP (regional long-distance trail) route.

On your path...



All useful information

Advices

This route leads through areas exposed to the sun: hats and water bottles are recommended.

How to come ?

Transports

Public transport: www.pacamobilite.fr
Consider car-sharing: www.blablacar.fr

Access

From the roundabout in the Baratier retail centre, head towards Baratier and follow signs for Crévoux. Carry on until you come to the hamlet of Les Gaillards.

Advised parking

There is parking space available just after the private car park for the gîte.

Information desks

Tourist office Embrun

Place Général Dosse - BP 49, 05202
Embrun

embrun@serreponcon-tourisme.com

Tel : 0492437272

<https://www.serreponcon-tourisme.com/>



Source



Serre-Ponçon

<https://www.serreponcon.com>