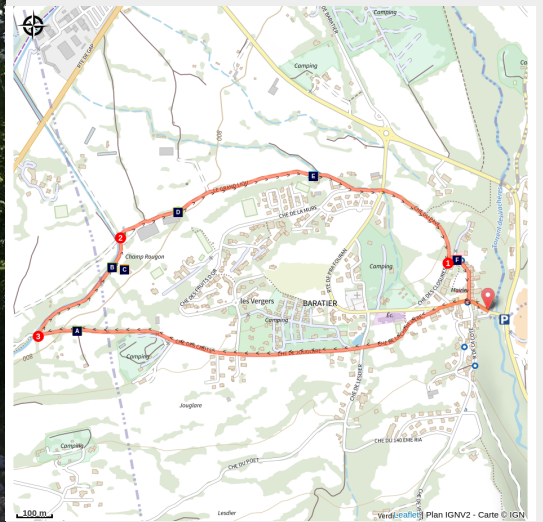


# La Mûre loop

Parc national des Ecrins



Promeneur sur le sentier de la Boucle de La Mûre (amelie.vallier)



*This easy route is ideal for family outings.*

Discover the many heritage wonders of the village of Baratier, before making your way in no time at all to the tranquillity and charm of the country lanes.

## Useful information

Practice : By walk

Duration : 1 h

Length : 3.3 km

Trek ascent : 57 m

Difficulty : Very easy

Type : Loop

Themes : History and architecture

Accessibility : Family

# Trek

**Departure** : Entrance to the village, Baratier

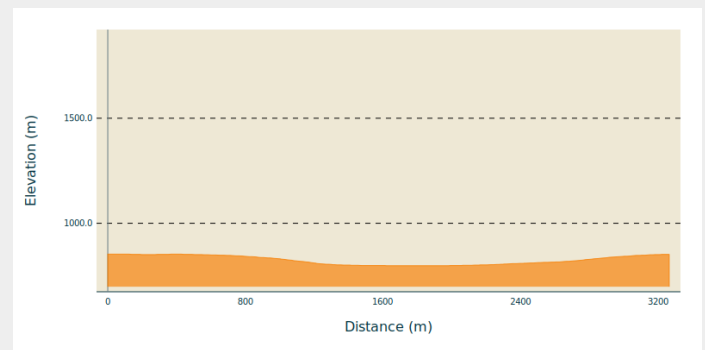
**Arrival** : Entrance to the village, Baratier

**Markings** :  PR

**Cities** : 1. Baratier

2. Crots

## Altimetric profile



Min elevation 798 m Max elevation 853 m

From the car park, cross the bridge to the village square.

1. Take the road to the right, after skirting the wall and passing the church, turn right onto the path, towards La Mûre and Clapier des Monges. At the crossroads, cross the road and go straight ahead. Then turn right towards Plaine du Liou. A few metres further on, take the left-hand path. At the next crossroads, go straight ahead towards the Canal.
2. At the crossroads at the canal, turn left towards Clapiers de Monges . After passing the archaeological site, continue along the canal.
3. At the fork in the road, turn left and head for the village square. From this crossroads, continue straight ahead to return to the car park.

# On your path...



- |  |  |
|--|--|
|  Plantago (A)           |  Poplar (B)                   |
|  Clapier des Monges (C) |  Bladder campion (D)          |
|  Irrigation canals (E)  |  Church of Saint-Chaffrey (F) |

# All useful information

## How to come ?

### Transports

Public transport: [ccserreponcon.com](https://ccserreponcon.com)

### Access

From the Nationale 94 roundabout, at the shopping centre, follow signs for Baratier D40. At the next roundabout, continue following the signs to Baratier. In the village, you can park in the car park along the road after the information sign.

### Advised parking

Car park along the departmental road. You can park just over the bridge to visit the village.

## Accessibility

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Family

## Information desks

### Tourist office Crots

Place des Ballerins, 05200 Crots

Tel : 0492431305

<https://www.serreponcon-tourisme.com/>

## Source



Serre-Ponçon

<https://www.serreponcon.com>

# On your path...

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## Plantago (A)

The Latin name Plantago is thought to mean "plant that acts", alluding to the medicinal properties attributed to it by the Romans. They claimed that crushing the leaves and applying them to lesions or bites would heal them. Although not particularly tasty, this plant is edible cooked or even raw. It can be found in lawns and meadows. It is characterised by a flowering spike emerging from a clump of thick leaves, with large veins running from the base.

Attribution : Mireille Coulon - PNE

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## Poplar (B)

There are many poplars along the route. It is a very impressive tree, on account both of its height (30 m) and its robustness (it can withstand temperatures down to -25°C). They thrive in damp ground. The poplar has a very important place in French forestry and in the timber industry. It is usually pollarded for firewood.

Attribution : Amélie Vallier

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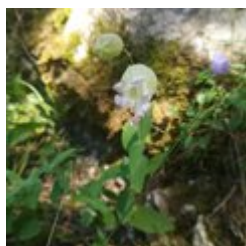


## Clapier des Monges (C)

This remarkable protected site is enhanced for the visitor by information panels. Archaeological excavations have revealed four rooms of a Gallo-Roman villa dating from the fifth to the third century BC. It is assumed that this would have been a stopover place for travellers making the journey between Bordeaux and Jerusalem. The area visible today is just one part of the original villa. According to researchers, the four rooms may well constitute a thermal baths.

Attribution : Amélie Vallier

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## Bladder campion (D)

This plant is a member of the carnation family. This campion can be recognised primarily by the flower calyx. This is inflated into a roundish shape. A very common plant across the department of Hautes-Alpes, it produces white flowers from April to September. The petals of the bladder campion can lose their turgidity and wilt during the day, but they regain their shape at night.

Attribution : Amélie Vallier





## Irrigation canals (E)

You will come across numerous irrigation canals in the fields and along the roadsides. They are distributed strategically so that the various plots can be irrigated, by opening and closing valves. This age-old technique makes it possible to control the water flows according the farmers' needss.

Attribution : Amélie Vallier

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## Church of Saint-Chaffrey (F)

This building dates back to the fifteenth century. It has the same architectural style as the Abbey of Boscodon. Like many churches in the area, it has been ransacked on a number of occasions and was set alight by the Army of Savoie. The church was completely restored in 1998. In the sundial, there is a saying: "Poor but proud, and in good heart". Next to it is the village's coat of arms, which is represented by a greyhound.

Attribution : Amélie Vallier