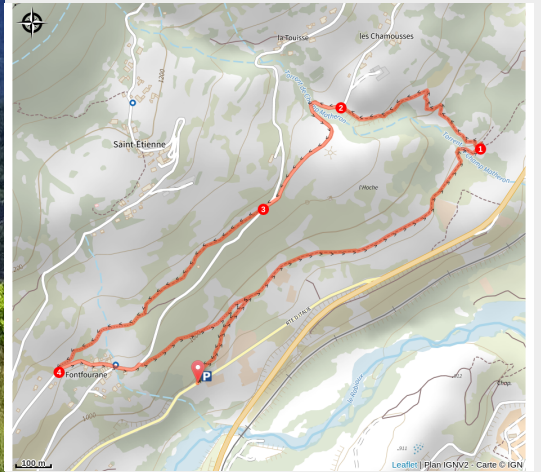


Sentier des Vignes - Grapevine path

Embrunais - Châteauroux-les-Alpes



La culture de vigne à Châteauroux-les-alpes (Amélie Vallier)



An excursion amidst vineyards and cultivated terraces.

This path leads through fields of grapevines - now rare in the Hautes-Alpes. Numerous agricultural terraces are evidence of past vine cultivation. They mark the landscape and bear testimony to the historical significance of vine growing. When you cross the Mathéron mountain stream, the backdrop changes to a pastoral landscape with a view over the Durance valley.

Useful information

Practice : By walk

Duration : 1 h 30

Length : 4.2 km

Trek ascent : 145 m

Difficulty : Very easy

Type : Loop

Themes : Fauna, Flora

Accessibility : Family

Trek

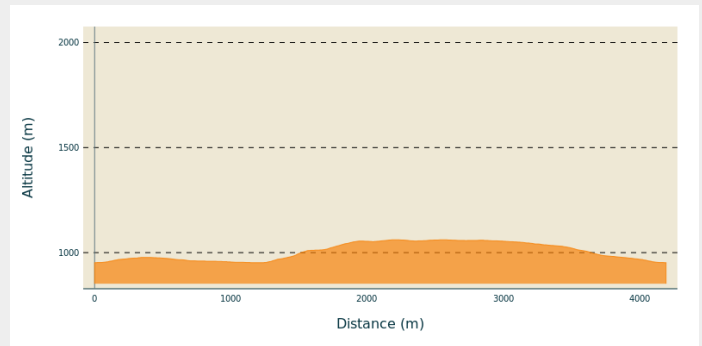
Departure : St-Marcelin, Châteauroux-les-alpes

Arrival : St-Marcelin, Châteauroux-les-alpes

Markings : — PR

Cities : 1. Châteauroux-les-Alpes

Altimetric profile

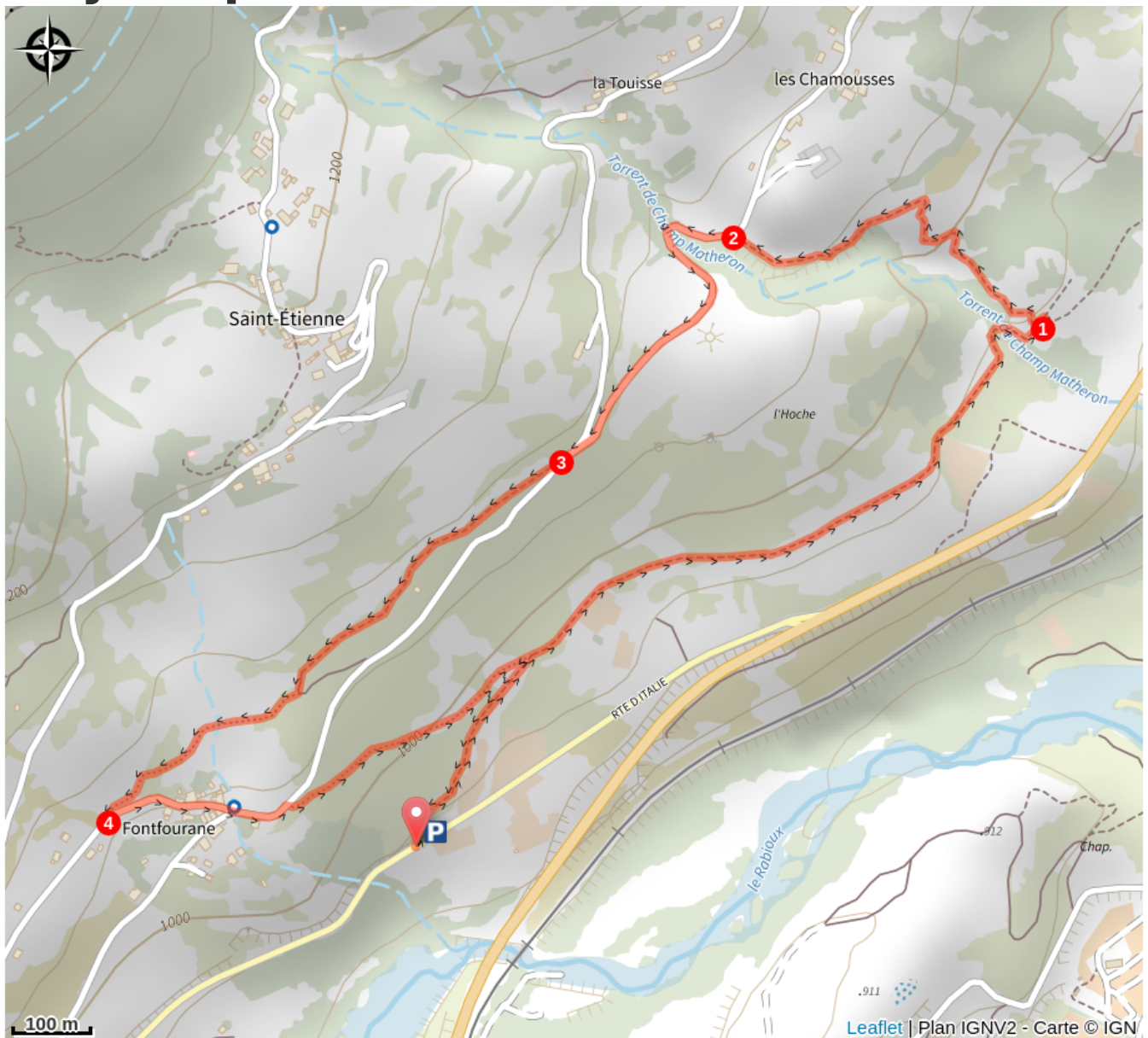






Min elevation 953 m Max elevation 1062 m





Take the path running left off the road leading from Châteauroux, and head towards Trinquière. At the intersection, take the path leading straight ahead and follow the Champ Mathéron mountain stream. Go along the narrow path above the fields of grapevines. Step over the Champ Mathéron mountain stream; after the bend, stay on the left-hand track.

1. At the signpost, turn left towards Champ Mathéron and join the narrow earth path leading uphill. After a short ascent, go left towards Les Chamousses. Go into the field and follow the wall until you reach the other side of the parcel of land, then climb up along the field edge until you reach the road.
2. Turn left down the road towards Fonfourane.
3. A few metres after the crossroads, take the path on the right, following the GR route.
4. When you come to the road, turn left following signs for La Trinquière. Go straight ahead, past the water fountain. After the bend and before the recycling point, take the narrow path running downhill to the right. At the intersection, turn right and back onto the track leading back to the car park.

On your path...



-  The Herbonne plateau (A)
-  Retaining walls (C)
-  Ecological corridors (E)
-  Grazing area (G)

-  Grapevines (B)
-  Dry grassland (D)
-  The short-toed snake eagle (F)
-  Brown trout (H)

All useful information

How to come ?

Transports

Public transport: www.pacamobilite.fr
Consider car-sharing: www.blablacar.fr

Access

From Châteauroux, carry on along the D994H towards St-Marcelin. Stay on the D994H. Park a few hundred metres before you come to the N94. The trail starts on the left, at the campsite sign.

Advised parking

Parking space is available on the roadside on the D994H.

Accessibility

Family

Information desks

Maison du Parc de l'Embrunais
Place de l'Église, 05380 Châteauroux-les-Alpes

embrunais@ecrins-parcnational.fr
Tel : 04 92 43 23 31
<http://www.ecrins-parcnational.fr/>



Source



Serre-Ponçon

<https://www.serreponcon.com>

On your path...



The Herbonne plateau (A)

This plateau features glaciofluvial terraces. They form a tabular promontory, bounded by vertical walls formed in the cemented glaciofluvial materials, at the foot of which the Le Rabioux mountain stream flows on one side and the Durance on the other. This glacial rock is a typical formation of the Haute-Durance valley, similar to the Roc d'Embrun or that of Mont-Dauphine. Its formation dates back to one of the last ice ages (100,000 years ago). At that time, the Durance glacier occupied the entire valley. Today, on its sedimentary rock base, the Roc is covered by vegetation which is highly characteristic of steppe grasslands.

Attribution : Pascal Saulay - PNE



Grapevines (B)

At one time, the lower reaches of the southern slopes of Châteauroux-les-Alpes were covered with grapevines. Wine production was an important source of income for the villagers. Wine production collapsed in the late nineteenth century due to insect pests and the rural exodus. Today, although there are few wine growing areas, the landscape through which this trail runs reveals numerous traces of this activity, with terraces still visible.

Attribution : Amélie Vallier



Retaining walls (C)

The retaining walls are made from dry stone. In Provence, they are called restanques. They were built in sloping areas to create crop terraces, holding back the earth. At the time, their construction enabled generations of inhabitants to make a living from their land, which was made fertile and workable. Today, a number of researchers and artisans are attempting to re-introduce this age-old technique.

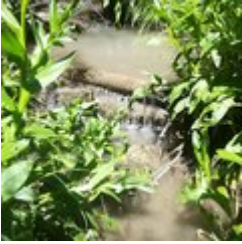
Attribution : Amélie Vallier



Dry grassland (D)

A dry grassland is a habitat of low vegetation, herbaceous plants in the main. They shelter a rich and diverse range of specialist fauna and flora. For birds and some groups of insects, this habitat is a vital food resource. These grasslands are the result of past land clearing operations. Most were maintained by grazing. Which explains the importance of pastoral activity to keep it open and prevent it from becoming wooded over.

Attribution : Amélie Vallier



Ecological corridors (E)

Ecological corridors Fauna and flora Ecological corridors are spaces which connect different habitats. They are a kind of access road for biodiversity. These areas provide conditions that are favourable to the movement of numerous species. These movements enable them to colonise new habitats in order to support themselves and therefore stabilise their populations. Today, these corridors are a key factor at national level for maintaining biodiversity

Attribution : Amélie Vallier



The short-toed snake eagle (F)

The wingspan of this protected bird of prey can reach 1.8 metres. It can be recognised by its white underside and its large head, which is often chocolate brown. It feeds primarily on reptiles which it hunts on derelict sites, in rocky terrain and also in the mountains up to the the alpine grassland zone. The relatively small nest is often built in a pine tree. It overwinters in Sub-Saharan Africa and only returns in late March.

Attribution : Chevalier Robert - PNE



Grazing area (G)

Pastoralism is an extensive management technique. The aim is to take the herds to "natural" areas where they can find food. This method helps to maintain open environments, which encourages specific biodiversity. Good management of a mountain pasture must allow the resource to be "exploited" without compromising its regeneration. It has numerous benefits for the environment, animal welfare and farmers alike.

Attribution : Joël Faure - PNE



Brown trout (H)

The brown trout is the king of mountain water courses. It can be found in the smallest streams right up to big rivers like the Durance. Its skin colour varies according to sex, age and habitat, but is usually glossy, silvery and dotted with orangey-red spots. It can lay between 1,000 and 2,500 eggs. This carnivore spends its time in two places: its hunting position, when it waits for the current to carry something edible towards it, and its resting position, sheltered from the current. It usually grows to around 25 to 40 cm and can live for twenty or so years.

Attribution : PNE