

# Sentier des Curattes - Les Curattes path

Chorges







Bèlvédère des Curattes (Amélie Vallier)

This trail leads primarily through wild environments: Lake, combes, forests, grasslands... all making up the many and varied environments of Serre-Ponçon.

From the panorama of the Baie St-Michel, this circuit initially leads through a rural landscape. Passing the belvedere of Les Curattes, you continue through forests. From the high lake, numerous wild areas await you before taking you back to the beaches of the Baie St-Michel.

#### **Useful information**

Practice: By walk

Duration: 3 h

Length: 7.6 km

Trek ascent: 253 m

Difficulty: Easy

Type: Loop

Themes: Fauna, Flora, Lake and

glacier

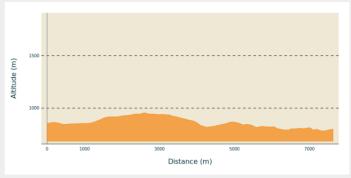
Accessibility: Family

## **Trek**

**Departure**: Baie St Michel, Chorges **Arrival**: Baie St Michel, Chorges

Markings : — PR Cities : 1. Chorges

#### **Altimetric profile**

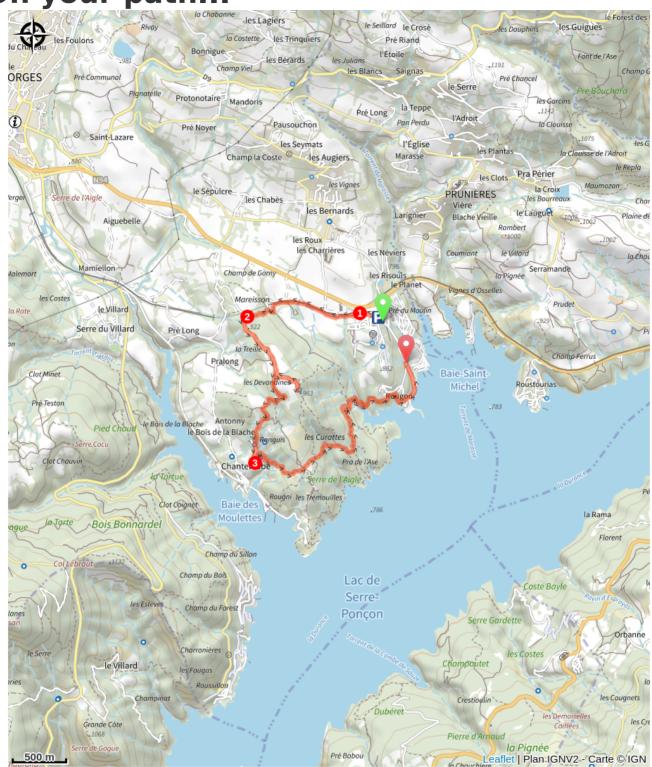


Min elevation 784 m Max elevation 957 m

From the car park, stay on the road and turn right.

- 1. At «Mas des Bâtardes», take the track on the left towards Les Curattes. Follow the track running along the field edges and the railway line. At the «les Mareisson» crossroads, go straight on towards Les Curattes. Just opposite, take the track on the right leading into the forest.
- 2. When you reach the track in Le Gorny, turn left and carry on past the abandoned farm. At the next intersection, make a 800-metre there-and-back detour to the orientation table. Then return to the intersection and head in the direction of Chanteloube.
- 3. At Chanteloube, take the path on the left towards the Baie St-Michel. Carry on for several kilometres, passing the «le Serre de l'aigle», «les Curattes», «Pra de l'ase», «sous les Curattes» and finally «Rougon». At the first dwellings, take the rightmost path. When you reach the track, turn left and back onto the road. At «La plage des Pommiers» (apple tree beach), head up the road towards La Couche and back to the car park after the memorial.

On your path...



- Panorama of the Baie Saint-Michel
- The field cricket (C)
- Quaking- grass (E)
- Lurasian jay (G)

- Messicole plants (B)
- **\*** Common juniper (D)
- Common magpie (F)
- Gullied black earth (H)

# All useful information



#### **A** Advices

This route leads through areas exposed to the sun: hats and water bottles are recommended.

Remember that you are sharing the path with other users

#### How to come?

#### **Transports**

Nearest SNCF train station: Chorges

Consider car-sharing:

Public transport: www.pacamobilite.fr Consider car-sharing: www.blablacar.fr

#### Access

From Chorges or Embrun along the N94, head to the Baie St-Michel and turn right to reach the memorial.

#### Advised parking

You can park close to the memorial

### **Accessibility**

Family



#### Information desks

#### **Tourist office Chorges** Grand rue, 05230 Chorges

chorges@serreponcon-tourisme.com

Tel: 0492506425

https://www.serreponcon.com





Serre-Ponçon

https://www.serreponcon.com

# On your path...



## ■ Panorama of the Baie Saint-Michel (A)

This area, which has been provided with picnic amenities, offers the most picturesque panorama over the Lac de Serre-Ponçon. In fact, the lake is 2 kilometres wide at this point, and in front of you are the Chapelle Saint Michel and the Pic Morgon, an iconic view of the lake. On your left, to the east, you can see Savines-le-Lac and its bridge. On the right, you can see the secret île de la Tortue.

Attribution : Amélie Vallier



## Messicole plants (B)

A feature of messicole plants is that they live among crops, even though not sown there deliberately. They are biologically adapted to open areas, and in particular areas that are regularly worked, such as fields. In fact, they use various strategies such as adapting their life cycle and producing large amounts of seeds in order to make up for the disturbance that occurs in their germination area. Many of them are common, such as the poppy, the cornflower and the corn buttercup...

Attribution : Amélie Vallier



## Name The field cricket (C)

Just 18 to 26 mm long, this little insect has a black head which looks a little like a helmet. The female can be told apart from the male by the presence of a third long appendage at the rear of the body. The cricket's song is heard from April onwards. The male sings his chirping song from the entrance to his burrow. The fertile females lay their eggs in the ground, which remain there for two weeks before the larvae emerge.

Attribution : Mireille Coulon - PNE



## Common juniper (D)

This bush is a resinous evergreen conifer. It is characterised by its greenish to blue (glaucous) needles with a white line on their upper side, and fruits resembling blue-black berries. It usually tends to grow in warm environments receiving plenty of sunlight. It grows in grassy or scrub covered areas up to 2,000 metres above sea level.

Attribution : Jean-Pierre Nicollet - PNE



# Quaking- grass (E)

Quaking-grass or briza media is a plant in the family of upright Poaceae and can reach a height of up to 80 cm. The leaves are 2 to 5 mm wide. The heart-shaped hanging spikelets are coloured purple, changing to yellow as they mature. They tremble in the slightest breeze, hence the name. This very common grass is found in meadows and dry grasslands.

Attribution : Bernard Nicollet - PNE



## Common magpie (F)

This bird can be identified by its black and white plumage with blue-green tints on the wings and tail. Its tail is remarkably long. It can be found all year round in varied open environments. Its omnivorous diet consists of invertebrates, seeds and berries, small rodents, eggs and nestlings and even human rubbish. Except during the nesting period when it is solitary, the magpie is gregarious species which gathers into rather raucous groups in the winter.

Attribution : Pascal Saulay - PNE



# L Eurasian jay (G)

The Eurasian jay has a colourful plumage. Its black tail and blue wing streak helps to identify this relatively shy bird. It regularly utters raucous caws, but also frequently imitates the calls of several other species. In late winter, jays assemble in groups and sing as a choir, uttering whistles and chirps in a cheerful chatter. They all display their finest feathers and adopt comical attitudes, in preparation for forming into pairs.

Attribution : Mireille Coulon - PNE



# Gullied black earth (H)

Prized by mountain bikers, Terres Noires, or black earth, is formed from rocks which erode easily. The flows caused by precipitations shape and sculpt these friable marls. In the Alpine region, numerous examples can be seen, in particular on slopes, which vary in gradient depending on the area, which increases the speed of the water flow.

Attribution : Amélie Vallier