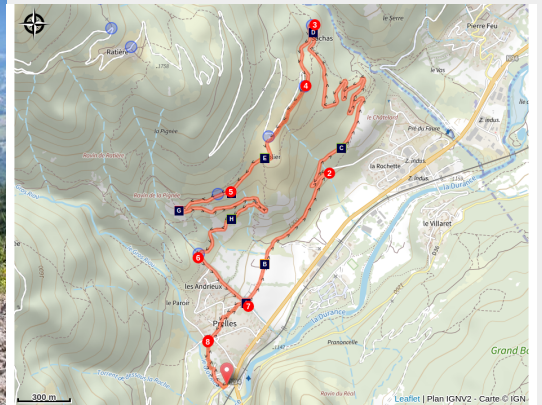


Chapelle Saint-Ours circuit (no. 2)



Chapelle Saint Ours (Thibaut Blais)



Easy circuit on small roads and forest tracks overlooking a glacial rock bar, the Rocher Baron.

This short, easy route invites you on a discovery of the hamlets of Saint-Martin-de-Queyrières, in particular the hamlet of Sachas with its chapel and sundial. The descent to the hamlet of Prelles will take you past the Oratoire Saint-Ours (Saint Ursus in English), a sixth-century spiritual leader from the Valley of Aosta.

Useful information

Practice : Mountain bike

Duration : 1 h 30

Length : 7.9 km

Trek ascent : 292 m

Difficulty : Easy

Type : Loop

Themes : Fauna, Flora, History and architecture

Trek

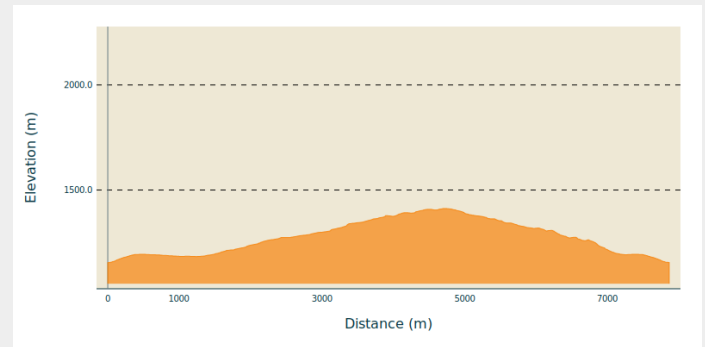
Departure : La Rochette retail centre (near the Lidl supermarket), Saint-Martin-de-Queyrières

Arrival : La Rochette retail centre (near the Lidl supermarket), Saint-Martin-de-Queyrières

Markings : 🚲 VTT

Cities : 1. Saint-Martin-de-Queyrières

Altimetric profile

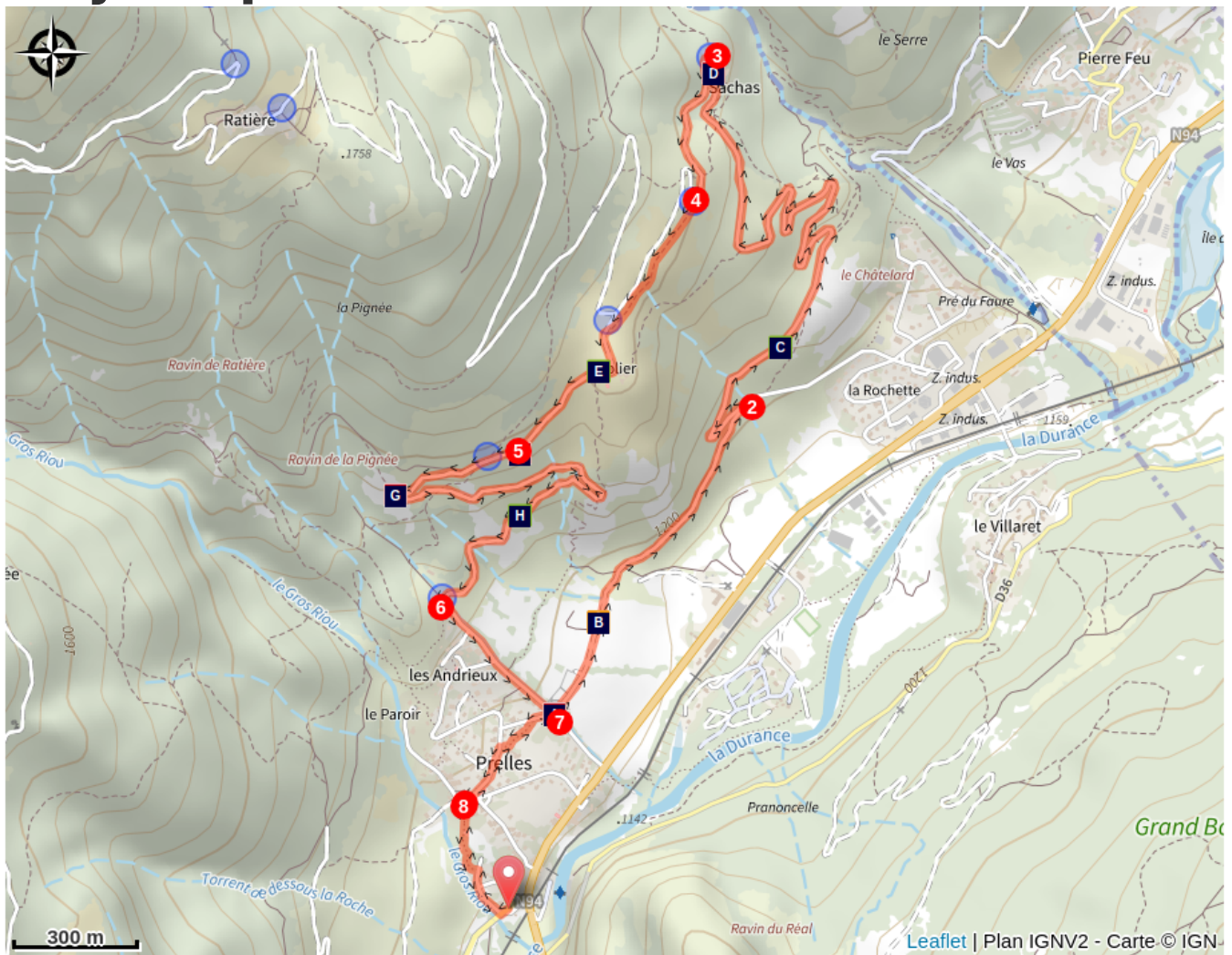






Min elevation 1154 m Max elevation 1412 m





The route starts at the La Rochette housing development. Take the narrow road leading towards Sachas.

1. At the intersection with a forest track, carry on along the narrow road leading up to Sachas
2. As you enter Sachas, the road turns into a forest track on which you carry on uphill
3. At the next intersection, ignore the track running uphill to the right and start to descend, continuing straight ahead
4. After the Oratoire Saint-Ours, stay on the main road which leads down to Prelles
5. When you come to a mountain stream, you will find a narrow road which you follow through the hamlet
6. At the cemetery, turn left and follow the track and the GR route
7. At the intersection with the road, pick up the route along which you climbed uphill and return to the starting point

On your path...



-  The chapel of Saint-Jacques-de-Prelles (A)
-  The field maple (C)
-  The great tit (E)
-  Prelles (G)

-  The GR 653D (B)
-  The chapel of Saint-Claude (D)
-  The oratory of Saint-Ours (F)
-  The common ash (H)

All useful information

i Herd protection dogs - ATV

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When mountain biking, I adapt my behavior by going around the herd, pausing and getting off the bike so the dog can identify me.

Find out more about the actions to adopt with the article "[Protection dogs: a context and actions to adopt](#)".

Tell us about your meeting by answering this [survey](#).



! Advices

Rescue services contact details: Secours Montagne(Mountain Rescue): +33 (0)4 92 22 22 22 or 112

Take your litter home

Do not take shortcuts across pastureland

How to come ?

Transports

Public transport >> www.pacamobilite.fr

Consider car-sharing >> www.blablacar.fr

For more information, ask at the Tourist Information Office nearest to the trail starting point >> www.paysdesecrins.com

Access

10 km from L'Argentière-La Bessée, take the N94.

Advised parking

Car park at the La Rochette retail centre, Saint-Martin-de-Queyrières

Information desks

Vallouise Park house

vallouise@ecrins-parcnational.fr
Tel : 04 92 23 58 08
<http://www.ecrins-parcnational.fr/>



Bureau d'Information Touristique de L'Argentière-La Bessée

23 Avenue de la République, 05120
L'Argentière-La Bessée
contact@paysdesecrins.com
Tel : +33(0)4 92 23 03 11
<https://www.paysdesecrins.com/>



Bureau d'Information Touristique de Puy Saint Vincent 1400

110 route des Alberts - Station 1400,
05290 Puy Saint Vincent 1400 m
Tel : +33(0)4 92 23 35 80
<https://www.puysaintvincent.com/office-tourisme>



Bureau d'Information Touristique de Vallouise

Place de l'Eglise, 05340 Vallouise
contact@paysdesecrins.com
Tel : +33(0)4 92 23 36 12
<https://www.paysdesecrins.com/>



Source



Pays des Ecrins

<https://www.paysdesecrins.com>

On your path...



The chapel of Saint-Jacques-de-Prelles (A)

The chapel of Saint-Jacques-de-Prelles was built in the Middle Ages, in 1502, on the ancient pilgrims' way from Italy to Santiago de Compostella. It is surmounted by an arcade bell tower, decorated at the top with blind arcades with pointed arches. A number of wall paintings depicting historical episodes adorn the interior of the chapel, likely dating from the fifteenth century. They were restored in 1955. This chapel was listed as a Historical Monument in 1906 and it contains objects also listed as Historical Monuments, such as the bell which dates from 1639 or the eighteenth century silver, gold and brass ciborium.

Attribution : Office de tourisme du Pays des Écrins



The GR 653D (B)

The GR 653D is the Via Domitia. It is the second stage of the pilgrims' way to Santiago de Compostella, the Way of Saint James. This Grande Randonnée follows the route of the Via Domitia, an ancient Roman road built from 118 BC onwards. It linked Italy to the Iberian Peninsula, crossing Narbonese Gaul. 20 days should be allowed to travel its 459 kilometres of paths.

Attribution : Office de tourisme du Pays des Écrins



The field maple (C)

This is the smallest member of the family of forest maples, growing to a height of 8 to 15 metres. It can live for up to 150 years. Its leaves have five round lobes; they are winged with wings sticking out in opposite directions. It is not fussy as to the dampness of the soil and it can withstand cold temperatures and drought. It is also an excellent bee forage plant, which can be enhanced by the proximity of a hive.

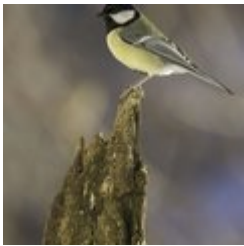
Attribution : Nicollet Bernard - Parc national des Écrins



The chapel of Saint-Claude (D)

The chapel of Saint-Claude was built at an altitude of 1,350 metres in the locality known as Sachas to the north-east of Prelles, on the edge of the municipality of Puy-Saint-André. It has been dated to the eighteenth and nineteenth century at the latest, and appears on the Napoleonic cadastre. It is of elongated plan construction with a flat chevet and a single nave, made up of two vaulted spans of arrises (sharp edges formed by the meeting of two surfaces). The earlier gable is surmounted by a wooden steeple with a hipped roof. It is included on the General Inventory of the Cultural Heritage.

Attribution : Nicollet Bernard - Parc national des Écrins



The great tit (E)

The great tit is one of the biggest in the family. It is easily recognisable by its yellow underparts with a black median covert, its shiny black head and white cheeks. It has quite an extensive song repertoire, all very beautiful and charming, in particular its finch-like « *pinc-pinc* », its chattering « *ti tuui* » and its cheerful « *si yutti yutti* ». It is present over a large proportion of the territory, in all kinds of tree-covered areas, from boreal forests to gardens.

Attribution : Saulay Pascal - Parc national des Écrins



The oratory of Saint-Ours (F)

Erected in the hamlet of Prelles at an altitude of 1,400 metres, this oratory overlooks and watches over the Durance valley. It resembles a small rectangular niche closed off by a glazed wooden door, in which a statue of the Virgin Mary and a metal cross have been placed. But who was this saint? Known as Saint Ursus in English, he was a monk who was born in Ireland and travelled to this region where his evangelisation and help for the poor left a lasting mark on the population.

Attribution : Office de tourisme du Pays des Écrins



Praelles (G)

Stop to admire Praelles, a hamlet situated within the municipality of Saint-Martin-de-Queyrières on the right-hand bank of the Durance. It is a former area of meadows, as its name suggests (“meadows” being pré in French). It is connected to the village via an ancient bridge called the Pont Roux which was destroyed by the Resistance during the Second World War, now replaced. One of the biggest hamlets in the municipality, it is divided into several districts and has numerous buildings marking the history of the region.

Attribution : Office de tourisme du Pays des Écrins



The common ash (H)

This is one of the most common trees, provided the ground is relatively cool. It is characterised by its pinnate leaves, that is to say, made up of several segments, and in winter it can be recognised by its large black leaf buds. The ash was extremely important in times past: its foliage was used to feed cattle and its hard, flexible wood was used to make a variety of objects such as tool handles.

Attribution : Marie-Geneviève Nicolas - Parc national des Écrins