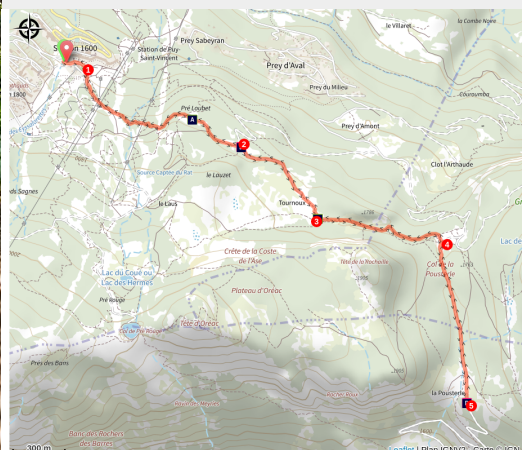


Col de la Pouterle (no. 15)

Vallouise - Puy-Saint-Vincent



(Rogier Van Rijn)



Alternating between meadows and forest, a very easy circuit offering a panoramic 360° view over the valleys and adjacent peaks.

Leading above the Puy Saint-Vincent resort, at over 1,700 metres above sea level, this excursion offers views over the valley of La Vallouise and the surrounding peaks, then on to the foot of the Col de la Pouterle for a panoramic view over the Fournel valley.

Useful information

Practice : Mountain bike

Duration : 1 h 30

Length : 7.9 km

Trek ascent : 204 m

Difficulty : Easy

Type : Return trip

Themes : Fauna, Flora, Panorama

Trek

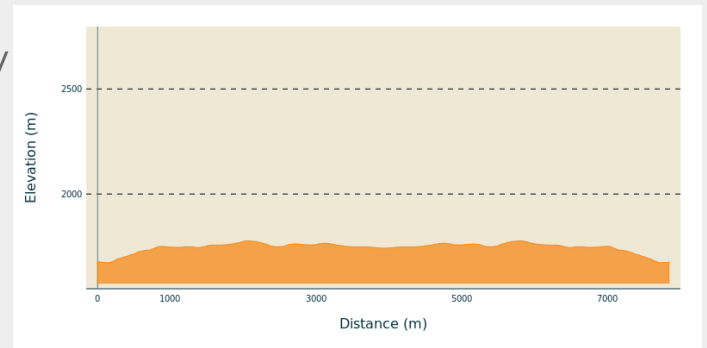
Departure : Car park near the Résidence Le Parc Aux Étoiles at the 1800 resort, Puy Saint Vincent.

Arrival : Car park near the Résidence Le Parc Aux Étoiles at the 1800 resort, Puy Saint Vincent.

Markings : 🚩 VTT

Cities : 1. Puy-Saint-Vincent
2. Les Vigneaux
3. L'Argentière-la-Bessée

Altimetric profile

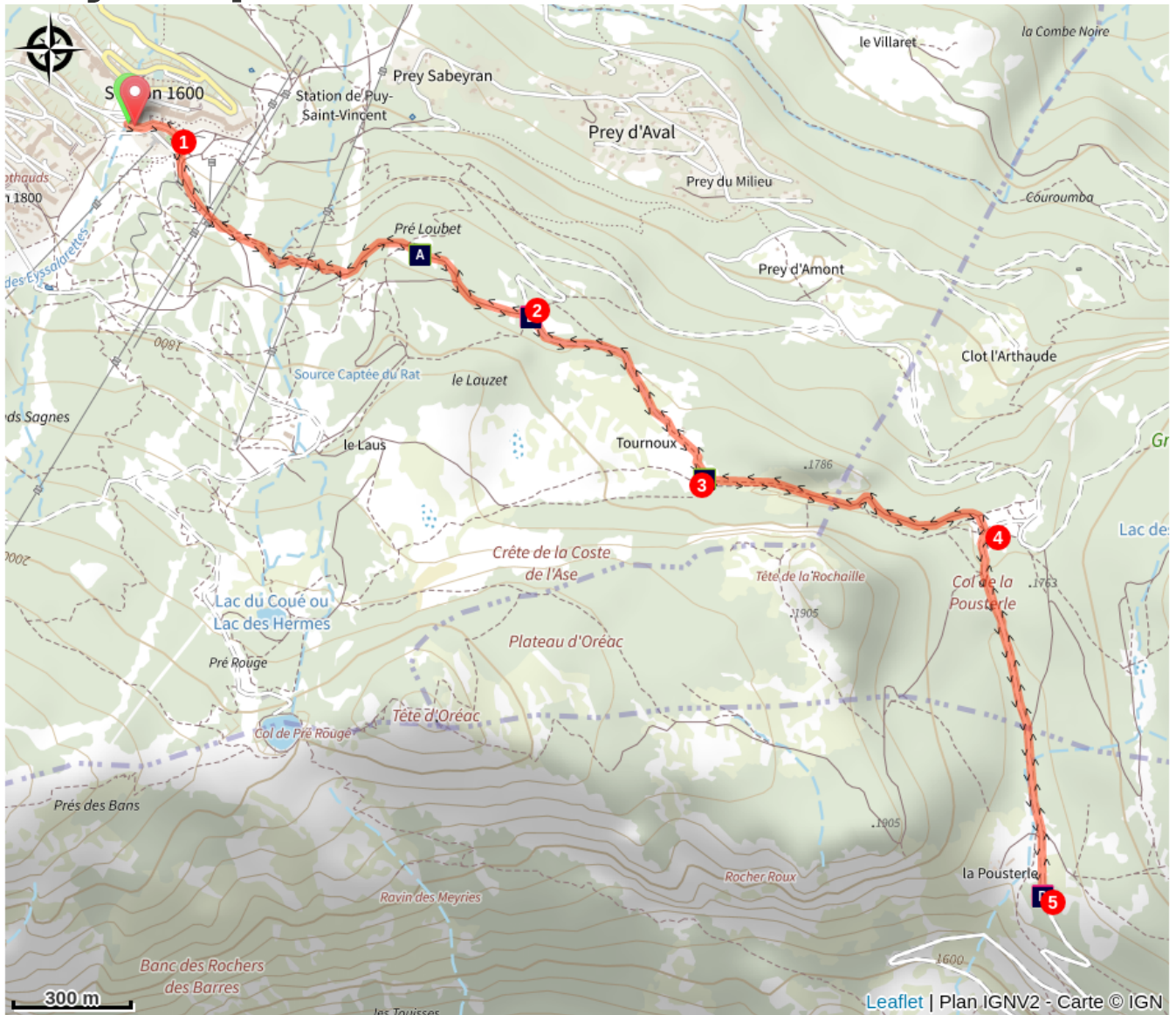




Min elevation 1674 m Max elevation 1778 m



The route starts at the entrance to the « RECOUMERE » car park in the Puy Saint-Vincent 1800 resort near the Résidence Le Parc Aux Étoiles. It starts on the road, then straight on at the hairpin along a track above the buildings.

1. Turn off this track onto another track leading left towards the Escapade chairlift ("Télesiège de l'Escapade") and the start of the summer toboggan run
2. At the crossroads in the tracks, turn right towards Les Tournoux
3. Head left towards the Plateau de la Pousterle
4. At the end of the track, go right towards the Col de la Pousterle
5. When you reach the pass, turn back on yourself and follow the circuit in the opposite direction, returning to your starting point

On your path...



-  The clouded Apollo (A)
-  The common raven (C)

-  Tournoux (B)
-  The Fournel valley (D)

All useful information

Advices

It can be started from either end: either at the 1800 resort or at the Col de la Pusterle

Rescue services contact details: Secours Montagne(Mountain Rescue): +33 (0)4 92 22 22 22 or 112

Show consideration for the work of farmers, livestock keepers and owners

Close all gates behind you

Take your litter home

Do not take shortcuts across pastureland

How to come ?

Transports

Public transport >> www.pacamobilite.fr

Consider car-sharing >> www.blablacar.fr

For more information, ask at the Tourist Information Office nearest to the trail starting point >> www.paysdesecrins.com

Access

14.7 km from L'Argentière-la-Bessée, take the D994E, D4 and D804.

Advised parking

Parking Résidence La Voile, Puy Saint Vincent 1600

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Peregrine falcon

Sensitivity period: February, March, April, May, June

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification du Faucon pèlerin.

Les pratiques qui peuvent avoir une interaction avec le Faucon pèlerin en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone !

En cas de survol merci de rester au-dessus de 2140m d'altitude à une distance de 300m sol.

Au site dit de Grand Bois, le couple de faucons a retrouvé son aire de prédilection dans le secteur "flamme de pierre" ; à éviter donc.

http://www.ecrins-parcnational.fr/actualite/amis-grimpeurs-attention-aux-pelerins-voies?fbclid=IwAR2Z8hX_38vdpdW3mS499aRnY08jarhfm-5-eNV8K29k3WB3q3Ik2US_Alec

Information desks

Vallouise Park house

vallouise@ecrins-parcnational.fr
Tel : 04 92 23 58 08
<http://www.ecrins-parcnational.fr/>



Bureau d'Information Touristique de Puy Saint Vincent 1400

Les Alberts, 05290 Puy Saint Vincent
1400 m

contact@paysdesecrins.com
Tel : +33(0)4 92 23 35 80
<https://www.paysdesecrins.com/>



Source



Pays des Écrins

<https://www.paysdesecrins.com>

On your path...



The clouded Apollo (A)

White, almost translucent in places, with just a few black spots, this butterfly is a cousin of the better-known mountain Apollo. It lives in clearings in open woods where the plant on which the female lays her eggs grows, and on which its caterpillars feed: the corydalis. It is a mountain butterfly.

Attribution : Gourreau Jean-Marie - Parc national des Écrins



Tournoux (B)

The Tournoux plateau is a small paradise with its cool meadows, its occasional renovated chalets made from stone and larch wood and its view over the Tête d'Aval, an imposing limestone peak forming part of the Montbrison massif. Whether on a mountain bike, on foot or on cross-country skis in the winter, this spot is always an invitation to stop for a break!

Attribution : Jan Novak



The common raven (C)

A hollow "caw" makes you lift up your head (careful not to trip!). A pair of common ravens is nesting near here (they pair for life), on a cliff face. Although bigger than its cousins the carrion crow and the rook, it can be identified by its rather lozenge-shaped tail. It almost became extinct due to persecution. Yet it's an omnivore and, more particularly, a scavenger which plays an important role by cleaning up disease-prone carcasses.

Attribution : Chevalier Robert - Parc national des Écrins



◀ The Fournel valley (D)

This is the southern side of the Col de la Pusterle and its view over the very long Fournel valley, known for its mines, ice waterfalls, blue thistles, its canyon and other treasures. Lower down is L'Argentière-la-Bessée. At the highest point, right in the distance, is the Champsaur!

Attribution : Jan Novak