

# The Roche Rouse belvedere

Embrunais - Châteauroux-les-Alpes



panorama depuis le belvédère (etienne.charles)



*This trail takes you to the top of the Roche Rouse crag with its vantage point over Châteauroux and the Rabioux valley.*

Le belvédère de Roche Rouse s'atteint par un cheminement ombragé et progressif qui permet de prendre de la hauteur facilement... idéal pour une pause "lecture de paysage" à l'arrivée !

## Useful information

Practice : By walk

Duration : 2 h

Length : 3.4 km

Trek ascent : 205 m

Difficulty : Easy

Type : Return trip

Themes : Flora, Panorama

# Trek

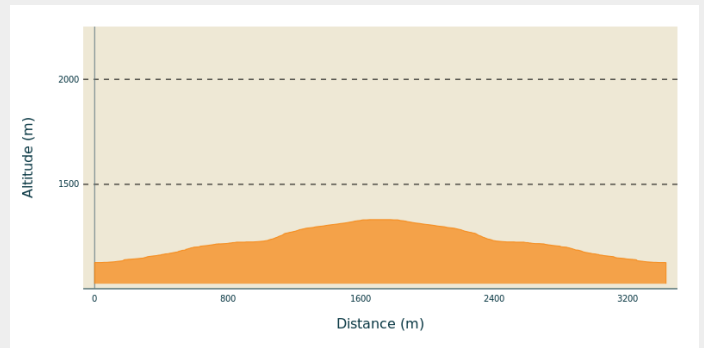
**Departure** : Car park at the Roche Rousse climbing school ("École d'escalade"), Châteauroux-les-Alpes

**Arrival** : Car park at the Roche Rousse climbing school ("École d'escalade"), Châteauroux-les-Alpes

**Markings** : — PR

**Cities** : 1. Châteauroux-les-Alpes

## Altimetric profile





Min elevation 1128 m Max elevation 1333 m

1. Walk up the road for 300 metres and take the narrow path running uphill behind the first houses.
2. A short distance further up, join the road running through St-Etienne. Follow it for 150 metres and turn left onto the old mule track (signed "Sentier muletier").
3. Just before you reach a small plateau bare of trees, take the path on the left (yellow signposting) and after two small bends you come to Roche Rousse.
4. You reach the belvedere after a gentle descent bringing you out of the trees. Follow the same route in reverse to return to the car park.

# On your path...



-  Common juniper (A)
-  The Roche Rouse belvedere (C)

-  Savin juniper (B)
-  Juniperus thurifera or Spanish juniper (D)

# All useful information

## **Advices**

Be sure to supervise children closely to prevent them from getting too close to the cliff edge.

## **How to come ?**

### Access

Drive to St-Marcellin and follow signs for St-Etienne. Park at the Roche Rouse climbing school ("École d'escalade").

### Advised parking

Car park at the Roche Rouse climbing school ("École d'escalade"), Châteauroux-les-Alpes

## **Information desks**

### **Maison du Parc de l'Embrunais**

Place de l'Église, 05380 Châteauroux-les-Alpes

[embrunais@ecrins-parcnational.fr](mailto:embrunais@ecrins-parcnational.fr)

Tel : 04 92 43 23 31

<http://www.ecrins-parcnational.fr/>



## **Source**



Parc national des Ecrins

<https://www.ecrins-parcnational.fr>

# On your path...

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## ✿ Common juniper (A)

Capable of living for up to 400 years, this shrub has a prostrate growing habit and can even creep horizontally when it reaches its height limit. Lower down, it adopts a straight, regal bearing. Its very sharp needles are arranged in groups of three. It is easily recognisable from its purple and fleshy berries, borne only by the female plants. They are used as aromatics due to their digestive virtues.

Attribution : Jean Pierre Nicolle - PNE

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## ✿ Savin juniper (B)

The savin juniper, a dark matte green shrub with a spreading growth habit, is covered not with spines but with smooth, fleshy scales. Do not pack its berries because although they resemble those of the common juniper, they are poisonous and can cause haemorrhages.

Attribution : Cédric Dentant - PNE

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## 📍 The Roche Rousse belvedere (C)

On the other side of the Durance, the view from left to right takes in the Pic du Clocher, the Pic St-André, Mont Orel, Le Pouzence and Le Morgon, among others, and, below, the village of Châteauroux. The mountains above are Mont Guillaume, L'Hivernet, Soleil Boeuf and the Le Rabioux valley with the Col des Tourettes, although only one of its two tourettes (small towers) is visible.

Attribution : Marc Corail

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## ✿ Juniperus thurifera or Spanish juniper (D)

Clinging firmly to the rock wall, this grey-green tree with a twisted trunk defies the laws of gravity. It can withstand hot sun, wind and very low winter temperatures. It gives off a pleasant scent due to the oil contained in its small scaly leaves.

Attribution : Thierry Maillet - PNE