

THEMED PATH: The Le Cloutas path

Vallouise - Les Vigneaux



Le sentier du Cloutas (Office de tourisme Pays des Écrins)



A pleasant forested path provided with information panels on life in bygone times.

Almost buried among the trees, on the edge of a small clearing, the ruins of the old mill bear testimony to how the use of space has changed over the years. How did the people here live? What was the surrounding landscape like? That is what this trail is all about: a little lesson in humility.

Useful information

Practice : By walk

Duration : 2 h

Length : 2.7 km

Trek ascent : 224 m

Difficulty : Easy

Type : Loop

Themes : Fauna, Flora

Trek

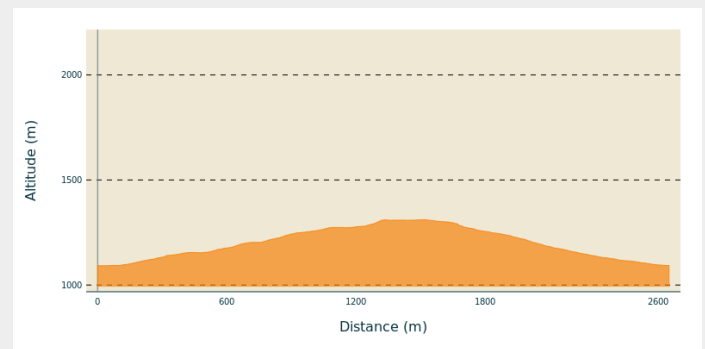
Departure : Car park near Pont du Rif, Les Vigneaux

Arrival : Car park near Pont du Rif, Les Vigneaux

Markings :  Sentier thématique

Cities : 1. Les Vigneaux

Altimetric profile

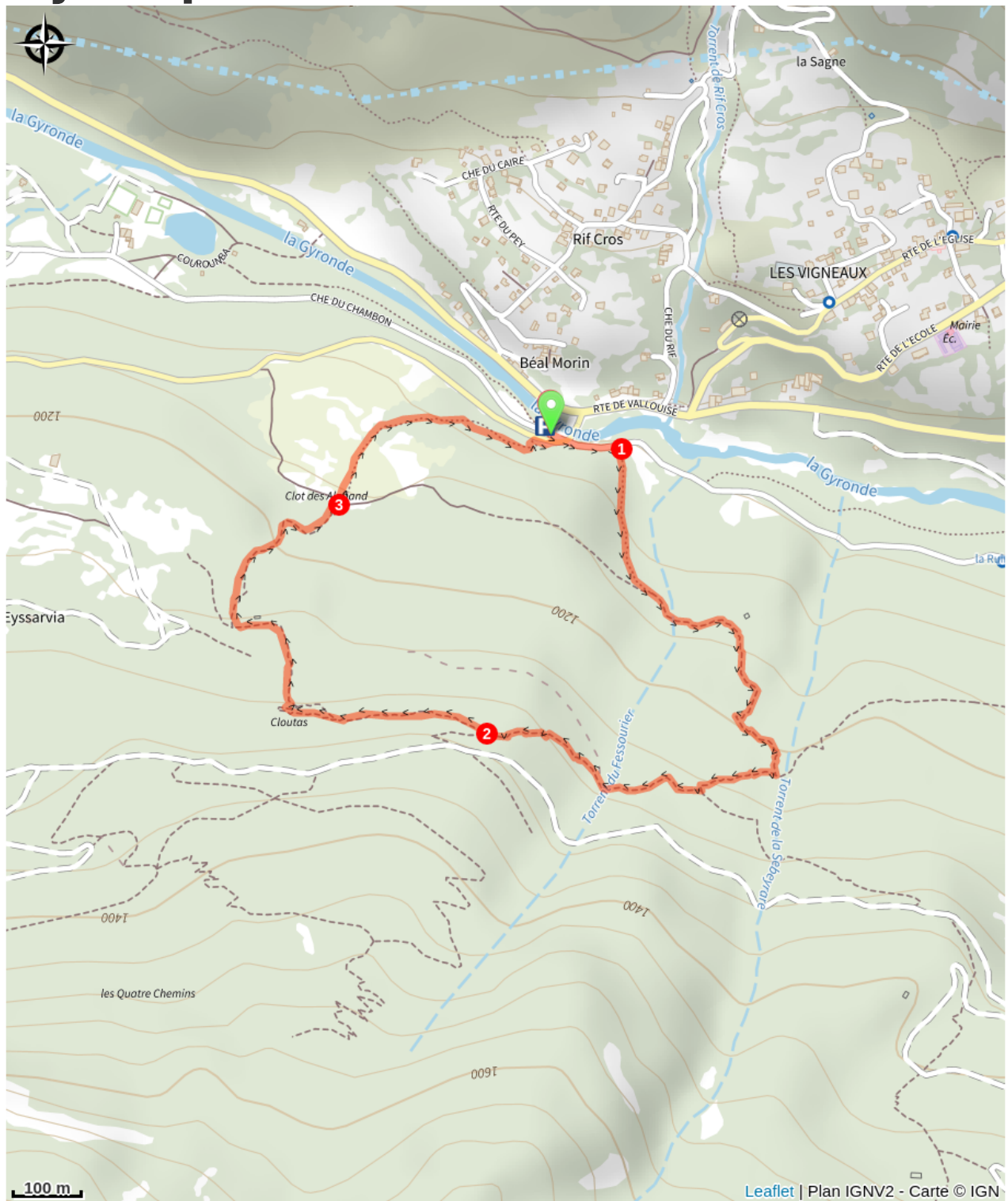





Min elevation 1093 m Max elevation 1312 m




From the car park, cross the road to Puy Saint-Vincent and follow the narrow road leading to a campsite, the Camping Les Vaudois, on the right-hand bank of the Gyrone.

1. After 100 metres, follow the GR route to the right towards Clot Arthaud (Via novo). It is a steep ascent. Then, at the next two intersections head towards the Pousterle plateau. Don't miss the fork just below a forest track. Just before this, you have to leave the GR route to take a level path on the right (paint mark: red and white cross indicating that you are leaving the GR route). There is an interpretation panel 30 metres further on.
2. Further on, do not carry on straight ahead but head to the right down a few steps (yellow ST arrow - ST = "Sentier Thématique" themed path) and shortly after this, near a large boulder where a spring flows, go left up a narrow path. After 50 metres, head downhill to the right along another narrow path which becomes more marked. Further down, you come to a snowshoe sign, which you follow. After the ruined mill, the path drops sharply to the right. It then passes through a meadow area and you carry on downhill. Finally, it leads off to the right before dropping down directly to the embankment of the road to Puy Saint-Vincent.

On your path...



-  The roe deer (A)
-  Minute snails (C)
-  Mosses (E)

-  The sessile-leaved cytissus (B)
-  The aspen (D)
-  The martagon lily (F)

All useful information

Advices

Partly shaded path, steep at the start.

Take care, in wet weather the roots, walkways and steps are slippery.

Information panels are installed all the way along the path.

Check weather conditions before setting off.

Rescue services contact details: Secours Montagne (Mountain Rescue): +33 (0)4 92 22 22 22 or 112

Show consideration for the work of farmers, livestock keepers and owners

Close all gates behind you

Take your litter home

Do not take shortcuts across pastureland

How to come ?

Transports

Public transport >> www.pacamobilite.fr

Consider car-sharing >> www.blablacar.fr

For more information, ask at the Tourist Information Office nearest to the trail starting point.

Access

4.7 km from L'Argentière-La Bessée, take the D994E.

Advised parking

Car park near Le Pont du Rif, Les Vigneaux

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Short-toed snake eagle

Sensitivity period: March, April, May, June, July, August, September

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification du Circaète-Jean-le-Blanc.

Les pratiques qui peuvent avoir une interaction avec le Circaète-Jean-le-Blanc en période de nidification sont principalement les pratiques aériennes comme le vol libre ou le vol motorisé.

Merci d'essayer d'éviter la zone ou de rester à une distance minimale 300m sol quand vous survolez la zone ! Soit 1650m d'altitude pour cette zone.

Information desks

Vallouise Park house

vallouise@ecrins-parcnational.fr
Tel : 04 92 23 58 08
<http://www.ecrins-parcnational.fr/>



Bureau d'Information Touristique de Vallouise

Place de l'Eglise, 05340 Vallouise
contact@paysdesecrins.com
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Source



Pays des Ecrins

<https://www.paysdesecrins.com>

On your path...



The roe deer (A)

The forest is home to roe deer, which can often be seen. This ungulate (hoofed mammal) is rather unusual because the rut does not take place in autumn, for births in May and June as is the case with other mountain-dwelling ungulates, but in summer. After fertilisation, however, egg development is suspended for 6 months (this is called embryonic diapause). Gestation then resumes so that the fawn (or twin fawns) can be born in spring, a period more favourable for its survival.

Attribution : Robert Chevalier - Parc national des Écrins



The sessile-leaved cytisus (B)

This small shrub which grows to 1 to 2 metres in light woods is characterised by three-lobed leaves on the flowering shoots which are sessile, that is to say without a stalk. It is easy to confuse with the scorpion senna, which has the same leaves but they are divided into 7 or 9 lobes. Both produce very beautiful yellow flowers in May to June.

Attribution : Bernard Nicollet - Parc national des Écrins



Minute snails (C)

If you take the trouble to examine the large boulder, you might discover minute snails just a few millimetres in diameter, clinging to the stone walls. The elongated snails are *Chondrina avenacea* and the others, which are round and conical, are *Pyramidula pusilla*. They are common but too seldom observed. Nature is rich; you just have to take the time to observe it with curiosity!

Attribution : Damien Combrisson - Parc national des Écrins



✿ The aspen (D)

Near the ruined mill, you can see a stand of tall trees with smooth, greenish trunks and rounded, crenelated leaves which take on magnificent colours in autumn. The stem, or petiole, of aspen leaves is flat and twisted, so it can be caught by the slightest breeze making the foliage «quake» hence its common name, the quaking aspen. It needs dampish soils and plenty of light and so it grows in clearings.

Attribution : Mireille Coulon - Parc national des Écrins



✿ Mosses (E)

There are mosses growing on the old wall. Mosses are plants which appeared long before flowering plants, 440 million years ago. They live in damp environments but can withstand long periods of drought. They have very few requirements and can colonise virgin areas. They then contribute to the slow formation of humus, thus allowing more demanding plants to establish in their turn. There are 800 species of moss in France, all of them beautiful!

Attribution : Dominique Vincent - Parc national des Écrins



✿ The martagon lily (F)

Many martagon lilies grow at the side of the path. This superb plant has large hanging flowers with curved-back petals, which are pink speckled with purple and exposed orangey stamens. Its leaves are elongated and whorled. It grows in meadows and cool woods. Although common here, it is rare in many French regions. In fact, picking it is prohibited or regulated.

Attribution : Marie-Geneviève Nicolas - Parc national des Écrins
