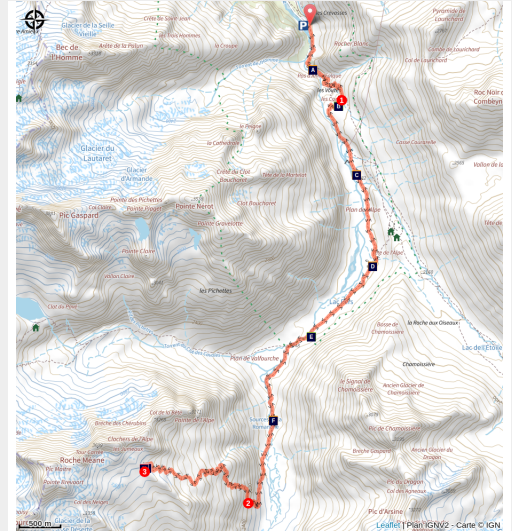


Adèle Planchard Refuge

Parc national des Ecrins - Villar-d'Arène



L'ancien et le nouveau bâtiment du refuge Adèle Planchard (Cyril Coursier - PNE)



Long and difficult, the ascent up to the refuge passes in the green prairies of the Plan de l'Alpe with mineral sheets draping down from the high summits sheltering the source at Romanche.

"Maintaining pedestrian access to the steep glacial slopes of the Grande Ruine is a challenge that the park rangers and those working in the park must take on every Spring. The itinerary for access to Adèle Planchard requires a day of work to clear away the stones which clutter the pathways and to maintain the cables in place on the steepest parts of the track. Circulation on the track must be cut off for 1 to 2 h that day, which sometimes upsets hikers and mountaineers who are impatient to finish their outing!"

Useful information

Practice : By walk

Duration : 7 h

Length : 22.0 km

Trek ascent : 1473 m

Difficulty : Hard

Type : Return trip

Themes : History and architecture, Hut

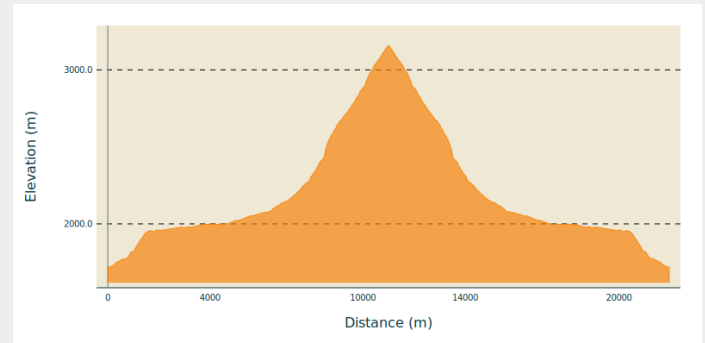
Trek

Departure : Le pont d'Arsine, Villar d'Arêne

Arrival : Le pont d'Arsine, Villar d'Arêne

Cities : 1. Villar-d'Arêne

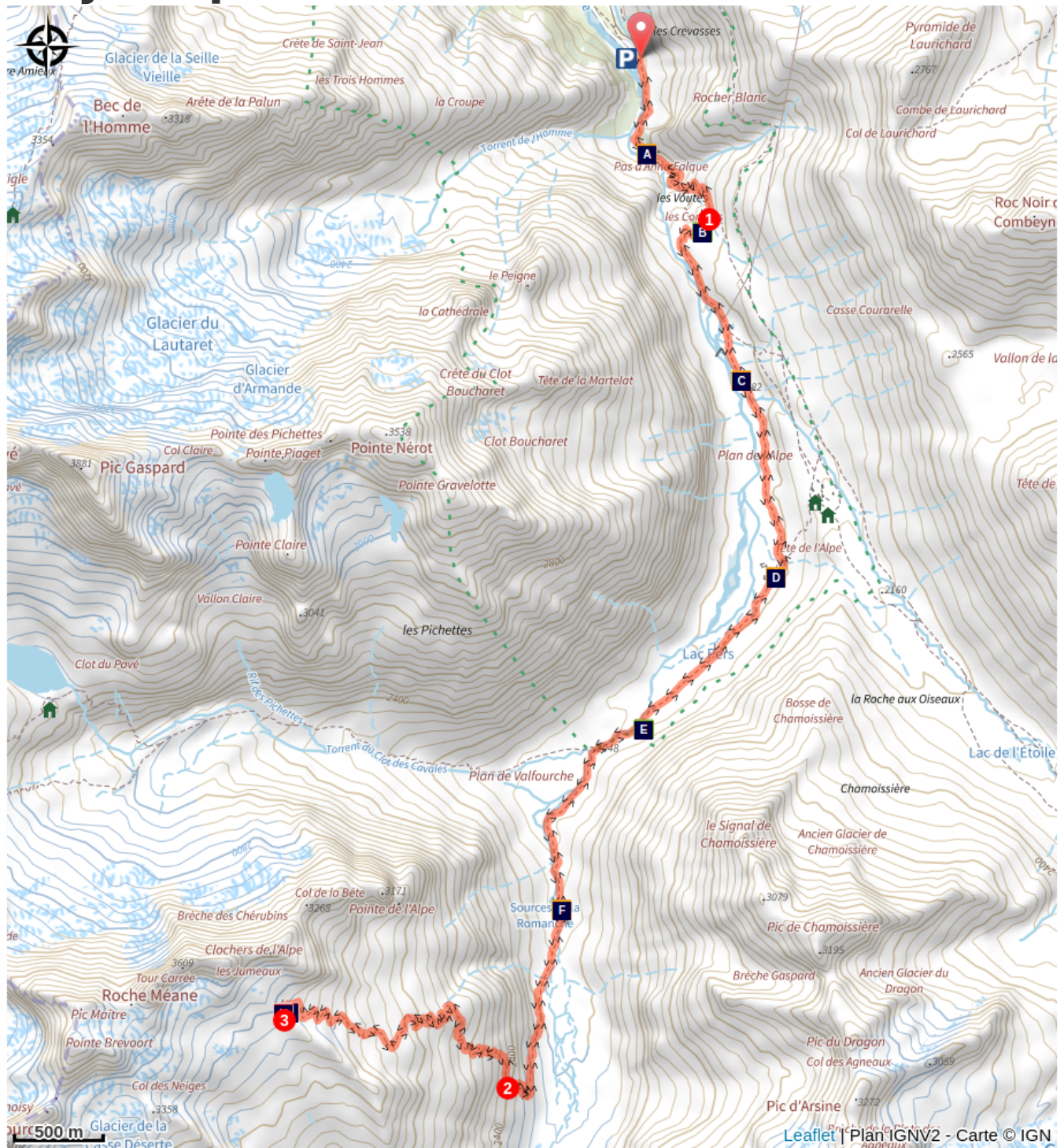
Altimetric profile




Min elevation 1718 m Max elevation 3155 m


From Gravière car park, follow the bottom of the valley on the right bank on an excellent track which crosses the Pas d'Anna Falque. The fork that divides the way between the refuges at Adèle Planchard is well indicated... Turn right and take the long path crossing the Plan de l'Alpe. A long flat section on the right bank in the bottom of the valley followed by a short steep path on the left bank takes you to a grass plain... A crossing of about 1 kilometer prepares you for the onerous ascent across rocky ledges which are sometimes equipped with cables... Fill up with water, there is none higher up. At the foot of the ultimate projection is an immense scree that you must ascend without getting lost. At last, Adèle Planchard refuge appears on the ridge protected from avalanches dominating this mineral space. Return following the same itinerary.

On your path...



 Romanche valley, Charles Bertier (A)

 Alpe Valley (C)

 Small Apollo Butterfly (E)

 Solar Wall (G)

 Alpine Columbines (B)

 Exploitation of the mines (D)

 Cabin at Charlin (F)

 Adèle Planchard Refuge (H)

All useful information

Herd protection dogs

In mountain pastures, protection dogs are there to protect the herds from predators (wolves, etc.).

When I hike I adapt my behavior by going around the herd and pausing for the dog to identify me.

Find out more about the actions to adopt with the article ["Protection dogs: a context and actions to adopt"](#).

Tell us about your meeting by answering this [survey](#).



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



Advices

Le refuge Adèle Planchard sera fermé au public du mois de juin au mois de septembre 2024.

How to come ?

Access

From the Grave, take the D1091 in the direction of Villar d'Arêne. Turn left onto the D207. At the crossroads, turn right to Le Palun. Cross the Arsine bridge and park in the car park situated on the right.

Advised parking

La Gravière au pont d'Arsine, Villar d'Arêne

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Golden eagle

Sensitivity period: January, February, March, April, May, June, July, August

Contact: Parc National des Écrins
Julien Charron
julien.charron@ecrins-parcnational.fr

Nidification de l'Aigle royal

Les pratiques qui peuvent avoir une interaction avec l'Aigle royal en période de nidification sont principalement le vol libre et les pratiques verticales ou en falaise, comme l'escalade ou l'alpinisme. Merci d'éviter cette zone et de privilégier un survol de la zone à une distance de survol de 300m sol soit à une altitude minimale de 2500m.

Information desks

Maison du Parc du Briançonnais
Place Médecin-Général Blanchard, 05100
Briançon
brianconnais@ecrins-parcnational.fr
Tel : 04 92 21 08 49
<http://www.ecrins-parcnational.fr/>



Source



Parc national des Ecrins

<https://www.ecrins-parcnational.fr>

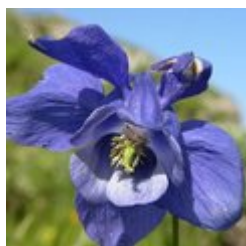
On your path...



Romanche valley, Charles Bertier (A)

The Romanche was a source of inspiration for many mountain artists and it have been painted repeatedly. Charles Bertier (1860-1924) was inspired to paint Vallée de la Romanche au Pied-du-Col and Les Fréaux près de la Grave, two oil paintings that were painted in 1894. The artist from Grenoble learnt to paint landscapes with Jean Achard, and mountains with the abbot Guétal and did not hesitate to set up his easel on the high summits of the Dauphiné Alps. More to the point, his mission was to make his contemporaries 'understand the mountains'!

Attribution : © Musée de Grenoble



Alpine Columbines (B)

Hidden at the foot of a rhododendron bush, caught between the scree and the edge of the, is a rare species, it is as bright as it is rare. Do not rub against the Columbine, or it will lose its petals. The leaflets are split with deep incisions, in a double layer to form simple leaves, lifting up young milky buds at the end of the stalk and magnificent widely spread out flowers, azur fragments lost in the vegetation. Columbine flowers are the only ones that possess five spurs, five petals at their extremities in a cornet, protected by five sepals in the form of a lance.

Attribution : Thierry Mailliet - PNE



Alpe Valley (C)

Mountaineers have always particularly liked the Alpe valley. It has long been a place for a base camp, for several big classic climbs in the Massif des Ecrins. It is over the ice cap that the famous roped party Coolidge-Almer succeeded in making the first ascension into the mountain of the Agneaux. Le 17 July 1873 following this they carried out the first crossing of the Casse Déserte mountain pass and the ascent of the Pointe Brevoort at the Grande Ruine.

Attribution : PNE - Roche Daniel



Exploitation of the mines (D)

The valley has not only been a centre of interest for botanists and mountaineers. It still carries traces today of mining activity. Between 1835 until the beginning of the First World War, thirty to forty people worked in the extraction of minerals, mainly copper, on the slopes of the Chamoissière. A stamp mill enabled minerals to be ground. It remains at the site but is completely broken...

Attribution : Cyril Coursier - PNE



Small Apollo Butterfly (E)

A hardly perceptible rustling in the frozen morning grass betrays the presence of a butterfly disturbed by our steps and unable to use its damp wings... A few delicate jerks and there it is clinging onto some dry grass, then with successive spasms, it opens its pearly wings which are almost translucent in the sunshine, and finally exposes the totality of its anatomy. The Small Apollo, rare and protected – catching or transporting it are forbidden – and there, before our eyes, with its miniscule red ocellus on the edge of each of its upper wings and its finely black and white striped antennae.

Attribution : PNE - Albert Christophe

Cabin at Charlin (F)

This cabin built under a big rock was once used to stock materials and animals killed during hunting by a team of hunters that rented the Plate des Agneaux valley. At the creation of the National Park national, the building was abandoned... Today hunting is still forbidden in the heart of the Park but regulated in the surrounding area.



Solar Wall (G)

At an altitude of 3200 m, the buildings are not connected to the national grid ". It is necessary to use energy efficiently. When the new refuge was built at the beginning of 1980s, the architects equipped the South facing wall with a solar wall. This kind of wall consists of a concrete or stone panel or stone with strong thermal inertia mounted to a glazed panel in order to create a green-house effect. During the day, the wall receives and conserves the heat of the sun. During the night this heat is recovered in the circulation of the air. This system enables the main room to be heated at a minimal cost.

Attribution : PNE - Baret Yves



Adèle Planchard Refuge (H)

Behind the name of the refuge hides an old story. Madame Adèle Planchard, one of the first mountaineers, she died in 1925, bequeathing a large amount of money to the Dauphinois Tourist Society (STD) for the construction of a refuge. The French Touring Club financed the opening of the track; with the transport of materials being carried out on the back of mules, with the help of soldiers based at Briançon and the valley guides... The first winter in 1926 destroyed all the work carried during the summer. On the 7th August 1927, thanks to their strength of courage and self-sacrifice these men offered future generations the privilege of being able to open the door of the Adèle Planchard refuge on the North face of the Roche Faurio. A new refuge was inaugurated in 1984 and is in place beside the original one.

Attribution : PNE - Tron Lucien