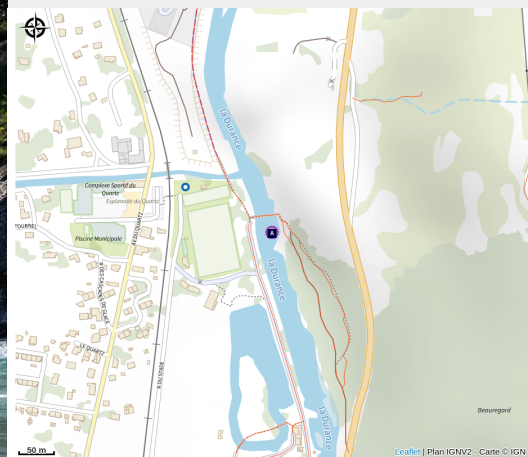


# Arrival : L'Argentière-La-Bessée - white water stadium

Parc national des Ecrins



Gyrone P2 Débarquement 2 (Claude Margaux)



## Useful information

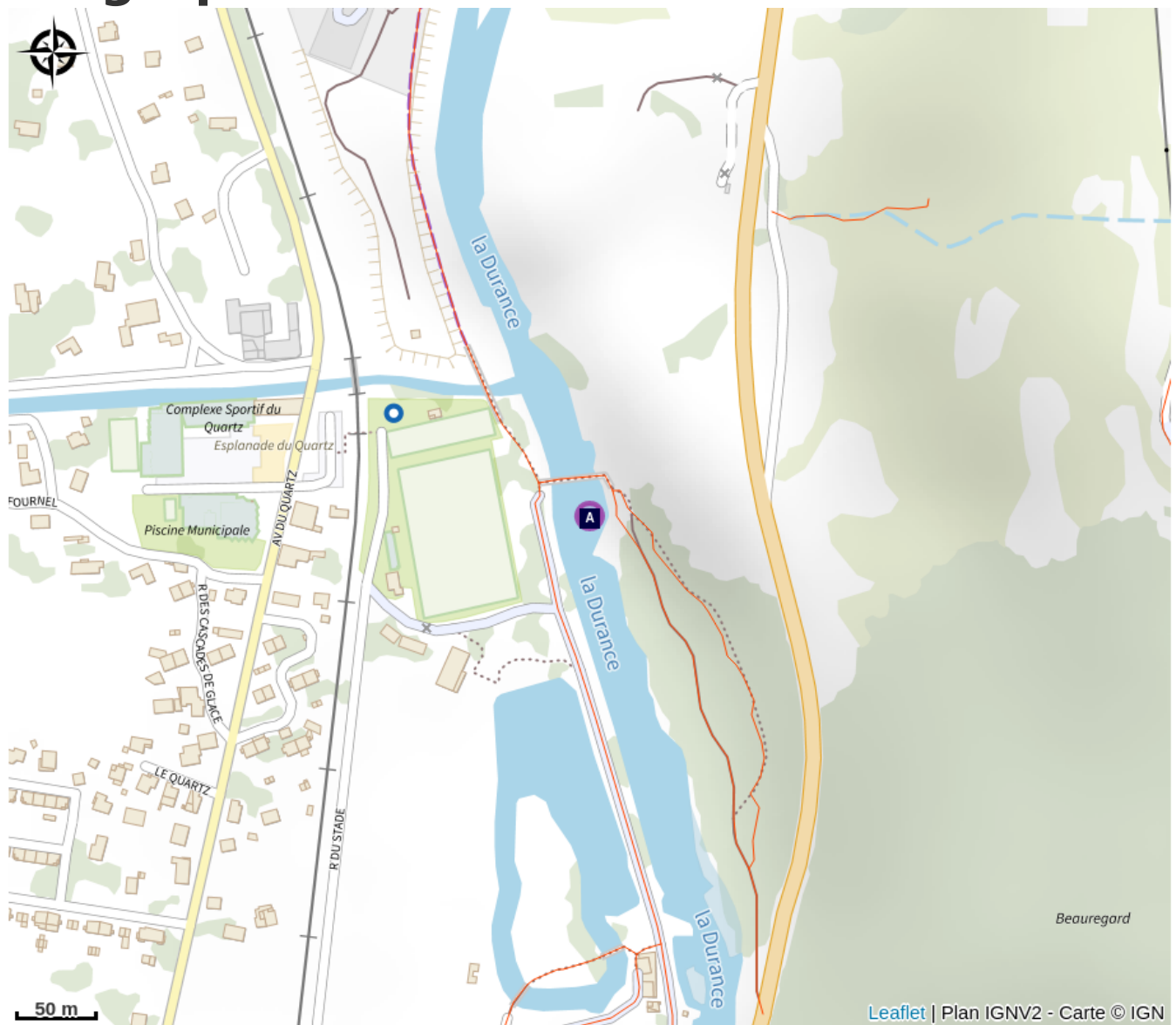
Practice : Canoe-kayak

Type : Arrivée (débarquement)

# Description

**Disembark** : at l'Argentière white water stadium, you can disembark upstream or downstream from the course, depending if you wish to realise the course. Please respect priorities with other practitioners.

# Geographical location



-  The Durance (A)
-  The Fournel (B)
-  The white water stadium (C)
-  The southern swallowtail (D)

# All useful information

## Source



Pays des Ecrins

<https://www.paysdesecrins.com>

# On your path...

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## The Durance (A)

The Durance is the biggest river in Provence. Its source rises in the municipality of Montgenèvre at an altitude of 2,390 metres, and it flows down to meet the Rhône to the south of Avignon. This is a "pluvio-nival" river, that is to say, its flow depends on the natural addition of water due to snowmelt and rainfall. It thus constitutes a real playground for kayakers from across Europe.

Attribution : Office de tourisme du Pays des Écrins

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## The Fournel (B)

The source of the Fournel rises in the Fournel valley, in the heart of the Parc National des Écrins, and flows into the Durance near the white water stadium. It is known as a high alpine canyon offering lots of sport and leisure possibilities, and is the most popular in the Haut Val Durance. It is ideal for an introduction to vertical activities, in particular thanks to the presence of several jumps, toboggan runs and rappel sites. Access is authorised from April to October and is regulated because it is located upstream from an EDF water intake, which presents a real hazard.

Attribution : Office de tourisme du Pays des Écrins

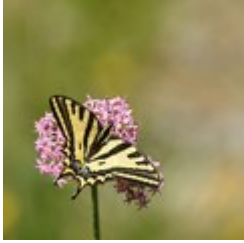
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## The white water stadium (C)

As part of its restructuring after the closure of the industrial site, the town of L'Argentière-la-Bessée opted for sports tourism, exploiting the natural elements present on the site, that is to say, water. Standing at the beginning of the longest navigable section of the Durance river, in 1993 the municipality decided to establish itself as a major white water centre by creating this stadium which covers a 400-metre stretch. So thanks to its reputation and its ideal situation, every year this stadium hosts several elite competitions at national and international level.

Attribution : Office de tourisme du Pays des Écrins



## The southern swallowtail (D)

This very beautiful but rare butterfly is similar to - and can easily be mistaken for - other more common butterflies, the scarce swallowtail (common despite its name) and the common yellow swallowtail. It lives on hot, limestone hillsides. Although protected, it is threatened by the disappearance of its habitat, due in particular to urbanisation and its capture and trade (both illegal) for collectors.

Attribution : Mireille Coulon - Parc national des Écrins