

## Start : Vallouise - the Casse

Parc national des Ecrins







Gyronde P1 Embarquement (Claude Margaux)

#### **Useful information**

Practice : Canoe-kayak

Type : Départ (embarquement)

## Description

**Embark** : To starts are possible. The first one is on the left bank underneath the Vallouise bridge, right after the hydroelectric plant. A grassy slope allows to reach down to the river. Otherwise, after the pumping station, a dirt road allows to get down to the river on its right bank.

## **Geographical location**



- 🛞 Wood cranesbill (A)
- The Alpine copse snail (C)
- The ash tree (E)
- The wood nuthatch (G)

- The Vallouise Park Centre (B)
- The sun bird (D)
- The gerris (F)
- The long-tailed tit (H)

# **All useful information**

Source



ECRINS https://www.paysdesecrins.com

## On your path...



#### 🛞 Wood cranesbill (A)

The path is edged with large clumps of a plant with purple flowers, the wood cranesbill. The leaves are palmate and divided into 5 to 7 incised and indented lobes, This common plant grows in meadows and cool woods. The «geraniums» we see on balconies are in fact pelargoniums, distant cousins originally from South Africa and cultivated for ornamental purposes.

Attribution : Marc Corail - Parc national des Écrins



### 🤒 The Vallouise Park Centre (B)

Vallouise Pelvoux is a municipality within the Parc National des Écrins. Renovated in 2014, the Park Centre ("Maison du Parc") houses the offices of the local Park staff and has a spacious visitor reception area. It offers a permanent interactive exhibition inviting discovery of the territory and its heritage features, a temporary exhibition space on the upper floor and an audiovisual room (screenings and talks). It is currently in the process of applying for the "Tourisme et Handicap" tourism and disability label. Admission is free and so, too, are most of the activities in offer.

Attribution : Thierry Maillet - Parc national des Écrins



#### The Alpine copse snail (C)

On the damp banks of the stream, hidden in the grass, is a snail with a beautiful golden brown shell speckled with brown, decorated with a dark spiral stripe. It has a black body. The alpine copse snail is relatively rare and, as its name suggests, it is found in the Alps. It is a sub-species of the ordinary copse snail, which is present across Europe.

Attribution : Damien Combrisson - Parc national des Écrins



### 🚺 The sun bird (D)

So what is the identity of this sun bird? It's the royal, or golden, eagle of course. Although it is telling the time here, in the surrounding natural landscape it hunts marmots. But what becomes of it in winter when the marmots hibernate deep in their burrows? It's a lean time. It has to make do with a hare or ptarmigan, and in particular the carcasses of chamois which have not survived the winter or have been killed in an avalanche.

Attribution : Cyril Coursier - Parc national des Écrins



## 🛞 The ash tree (E)

Even in winter, the ash can be recognised from its large black leaf buds. The leaves are compound. A pioneer species that grows easily, the ash has long been used by man for everyday needs: its foliage was used to feed cattle and its hard, flexible wood was used to make a variety of objects such as tool handles. Its French name frêne often appears in local place names too: Freissinières (frêne noir - black ash), Le Freney etc. Evidence of its historical importance to human communities..

Attribution : Marie-Geneviève Nicolas - Parc national des Écrins



## 🚺 The gerris (F)

Some strange creatures are moving jerkily over the surface of the water: Gerrises, insects related to bedbugs. Like a true insect, they have six legs and they «skate» across the water using their intermediate and hind legs which are covered in hairs to make them water-resistant. They are carnivorous and anything on the water surface, dead or alive, is good to eat! They catch their prey with the forelegs, sucking up the juices with their strong proboscis!

Attribution : Bernard Nicollet - Parc national des Écrins



### The wood nuthatch (G)

With its strident calls, this little acrobat gets itself noticed. With a blue-grey back and a black stripe over its eyes, it works its way down the tree trunks upside down in search of insects. It nests in old woodpecker nests but if the diameter of the entrance is too large it reduces it with mud, to protect its young from predators. Hence its French name torchepot (a reference to edging the rim of a vessel).

Attribution : Damien Combrisson - Parc national des Écrins



### Note: The long-tailed tit (H)

Some birds are causing a stir in a tree, constantly coming and going and uttering little calls. They are round and black and pinkish beige in colour with a long tails, hence their name, the long-tailed tit. They are resident birds and always live in small groups. They inhabit forests, undergrowth and even gardens. They weave a ball-shaped nest out of lichen, moss and dry grass.

Attribution : Robert Chevalier - Parc national des Écrins