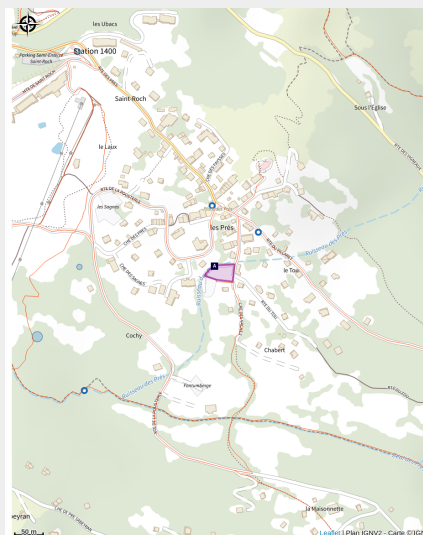


Pump Track Puy-Saint-Vincent 1400

Parc national des Ecrins



(Rogier van Rijn)



*A pump track designed with fun in mind
but allowing progression at your own
pace and in total safety!*

Located in the municipality of Puy Saint-Vincent in the hamlet of Les Prés, this fun pump track offers initial discovery and an introduction on a short loop with humps and banked bends.

Useful information

Practice : Bike park

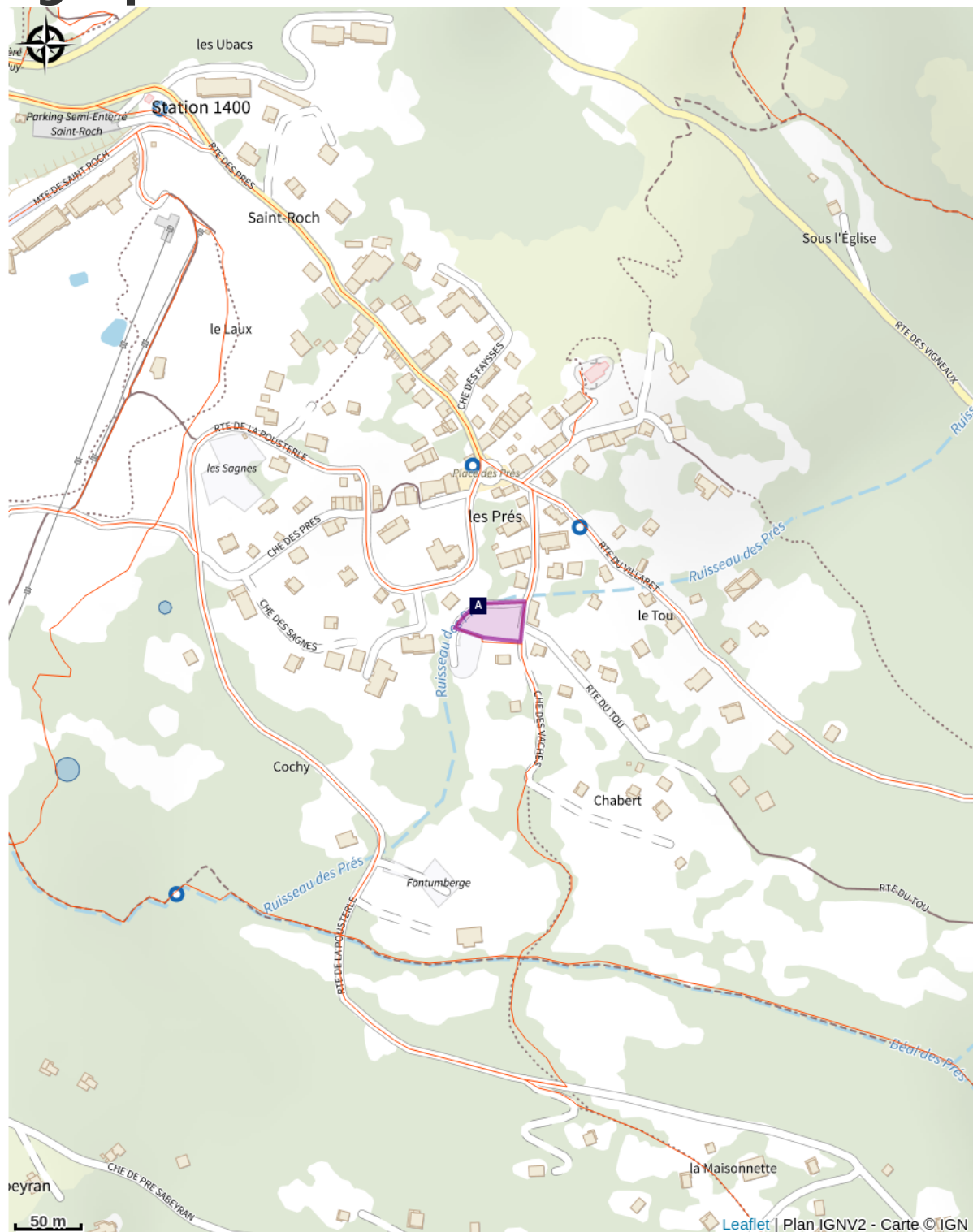
Rating scale :



Level : Very easy



Description

From l'Argentière-la-Bessée, take left on D994E towards Vallouise, then on D4 towards Puy Saint Vincent.

Geographical location



-  The church of Sainte-Marie-Madeleine-des-Prés and its two sun dials (A)
-  The house with arcades (C)

-  Les Prés, hamlet of Puy-Saint-Vincent (B)
-  The history of the resort of Puy-Saint-Vincent (D)

All useful information

Advices

Follow and apply the internal rules displayed at the entrance.

Helmet compulsory, gloves, back and knee highly recommended.

Mountain Rescue : dial 112

Take your litter home.

Information desks

Bureau d'Information Touristique de Puy Saint Vincent 1400

Les Alberts, 05290 Puy Saint Vincent
1400 m

contact@paysdesecrins.com

Tel : +33(0)4 92 23 35 80

<https://www.paysdesecrins.com/>



Office du tourisme Puy-Saint-Vincent 1600

Les Alberts, 05290 Puy-Saint-Vincent

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On your path...



The church of Sainte-Marie-Madeleine-des-Prés and its two sun dials (A)

The charming little church of Sainte-Marie-Madeleine-des-Prés, which dates from the sixteenth century, stands in the hamlet of Les Prés. It is surrounded by a wall and a cemetery. On the walls of the church, two sun dials can be seen, both engraved and painted on plaster in 1718. The first is above the door, telling the time in the afternoon, bearing the saying « *for a moment of delights, an eternity of torments* » which alludes to the life of Saint Mary Magdalene, the well-known sinner who is venerated as a model of penitence. The second, telling the time in the morning, bears the Latin phrase *Ars longa, vita brevis* which translates as « learning is long, life is short ».

Attribution : Office de tourisme Pays des Écrins



Les Prés, hamlet of Puy-Saint-Vincent (B)

Le Prés is one of the main hamlets of Puy-Saint-Vincent. Like Le Puy and Les Alberts, it stands on a flat plateau which is a glacial escarpment left by the now-retreated Gyrone glacier. Like Prey d'Aval, Prey du Milieu and Prey d'Amant, its name is a reminder that prior to the development of the ski resort, the land here used to be shared by meadows and crops.

Attribution : Marie-Geneviève Nicolas - Parc national des Écrins



The house with arcades (C)

In the municipality of Puy-Saint-Vincent, there are a number of houses typical of the rural architecture of Vallouise, in particular houses with arcades, in the hamlets of Les Alberts and Les Prés. This type of construction can be recognised by the presence of large arches made from stone from the Montbrison massif and supporting walking galleries. Introduced in the eighteenth century by Piedmontese master masons who settled in the valley, this style with arcaded galleries has become characteristic of the architecture of the Vallouise valley. Elegant and monumental, they replaced modest wooden balconies. They facilitated mobility from one level of the house to the other (the houses did not have interior stairs), and at the same time signalled the wealth of the owner.

Attribution : Office de tourisme du Pays des Écrins



The history of the resort of Puy-Saint-Vincent (D)

Puy-Saint-Vincent is the benchmark resort in the Vallouise. Located on the north-facing side of the valley, it is constructed on three levels, each corresponding to a different period of construction: 1400, developed in the late 1970s, 1600, developed from 1973 onwards and 1800, developed from 2005 onwards. Each level is served by a chairlift to reach the skiing area. It now has 35 pistes covering 75.4 kilometres.

Attribution : Office de tourisme du Pays des Écrins