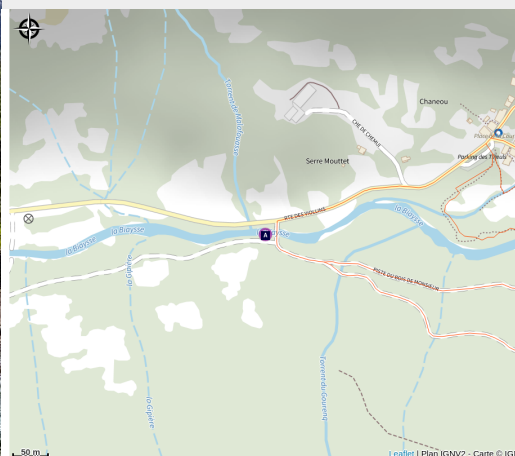


Arrival : Freissinières - hamlet

Parc national des Ecrins



Biaysse P1 Débarquement (Claude Margaux)



Useful information

Practice : Canoe-kayak

Type : Arrivée (débarquement)

Description

Freissinières hamlet : Upstream from the village, pass the first bridge then disembark on the left bank, on a vast meadow.

Geographical location



The horsetail (A)



The barbastelle (B)



Huile de marmotte - marmot oil (C)

All useful information



Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.



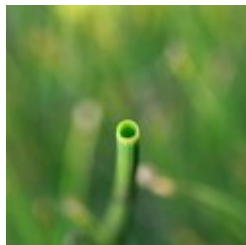
Source



Pays des Ecrins

<https://www.paysdesecrins.com>

On your path...



✿ The horsetail (A)

On the banks of a stream, on the edge of a ditch a plant grows which resembles a large bottle brush... or a horse's tail, depending on your imagination. It's the field horsetail, a plant related to ferns. It is known for its medicinal properties because it is rich in silica, a powerful remineraliser for the bones, cartilage and skin. There are several species of horsetail.

Attribution : Cédric Dentan - Parc national des Écrins



🦇 The barbastelle (B)

In the village, birds build their nests in the old walls and bats live in the attics. Some hide behind shutters that are secured open against the walls. The barbastelle is a rare species of bat. Like all other bat species, it is protected. The hamlet of Le Ribes is privileged to be its home in the summer. This small mammal feeds on a large number of insects every night. It «moves house» frequently if it is disturbed or simply as a precaution.

Attribution : Mireille Coulon - Parc national des Écrins



✿ Huile de marmotte - marmot oil (C)

In times past, the inhabitants of Freissinières used oil for cooking and lighting. Walnut or almond oil was difficult to produce at this high altitude. The Briançon plum tree or marmottier, however, can withstand the mountain conditions, and the yellow fruits of this tree contain kernels. These kernels were pressed in mills to produce an oil with medicinal virtues: marmot oil. .

Attribution : Bernard Nicollet - Parc national des Écrins
