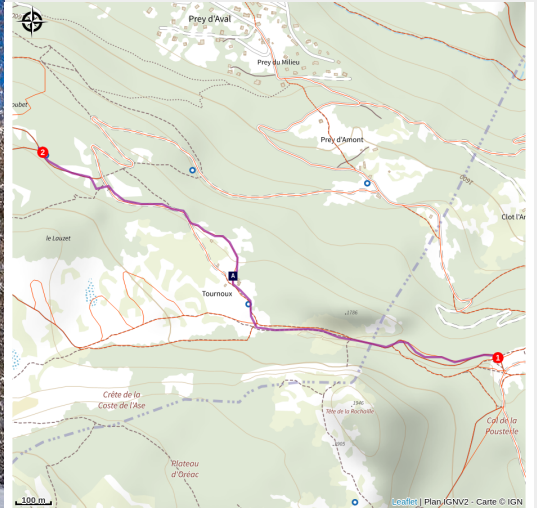


# Track No. 1: Tournoux- La Rochaille

Parc national des Ecrins



Piste n°1 : Tournoux - La Rochaille (Rogier Van Rijn)



To check snow conditions, click [here](#).

**Distance: 3.5 km round trip from the Chalet nordique - approx. 45m ascent.**

**Regular and pleasant, this itinerary is ideal for novices and a good warm-up for experienced skiers!**

The circuit takes in larch forests and open landscapes, passes through the pretty little hamlet of Tournoux and will bring you to the sunny plateau of Belvédère du Pelvoux.

### **Description:**

Starting from the Chalet Nordique, with your Pass in your pocket, take the trail towards the Col de la Pousterle. Follow the signs.

1. After 1.7km, the route ends at the Col de la Pousterle.
2. Return on the same track, in the opposite direction, to the Chalet Nordique.

### **Useful information**

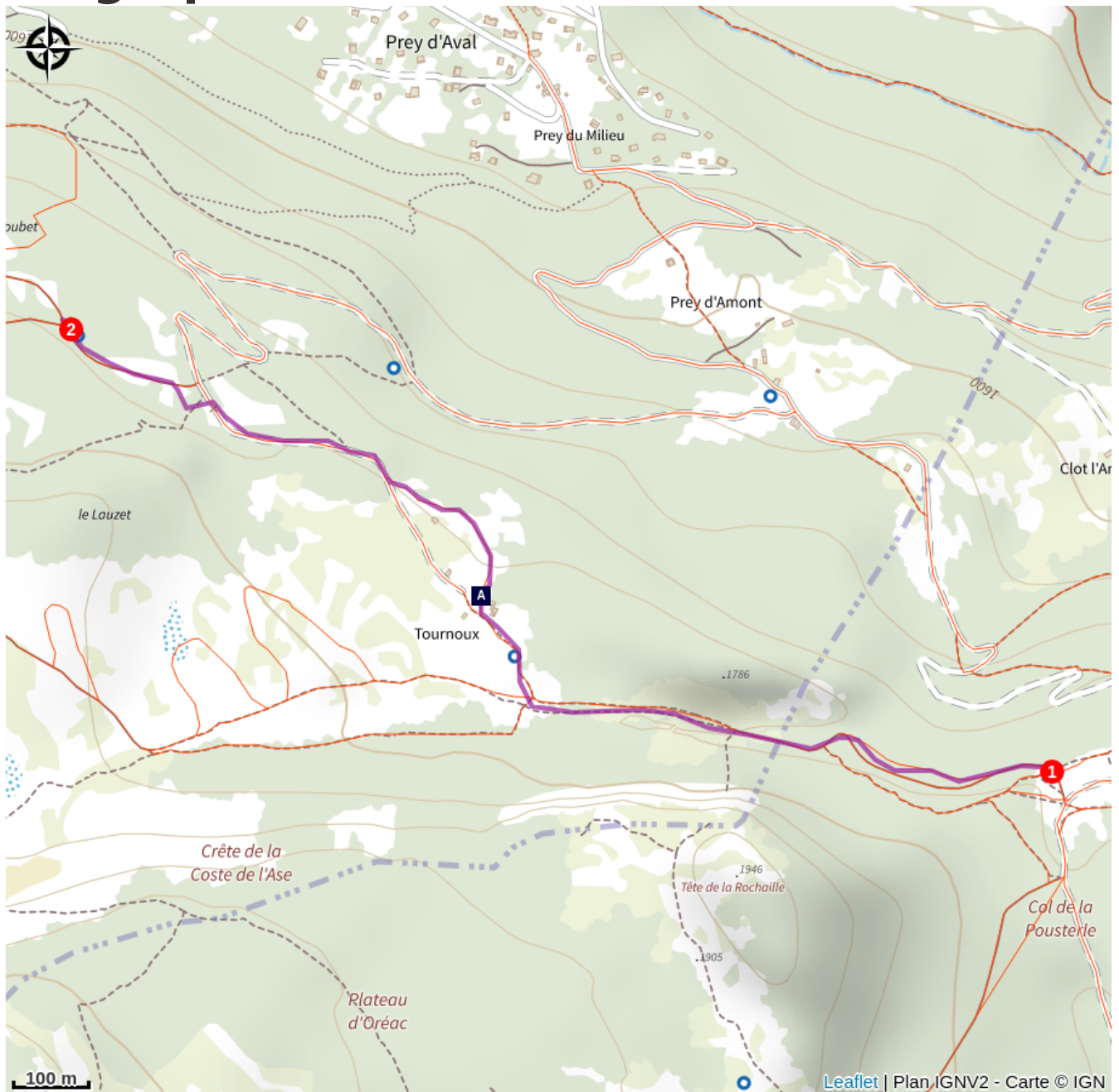
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Practice : Ski de fond

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Level : Good level skiers track

# Geographical location



# All useful information

## **Advice**

### **A few rules:**

- You use these routes at your own risk. Find out about the weather conditions and avalanche risks published by Météo France. Also, don't hesitate to ask at tourist information offices or the Nordic chalet before you set off.
- For avalanche-prone trails, we strongly advise you to take your avalanche transceiver, shovel and probe with you.
- Night-time activities on Nordic areas are prohibited. It must be supervised by a professional and must be authorized by the ski slopes service.
- Several itineraries are shared with cross-country skiers and ski tourers: give them priority, always walk along the edge of the piste and be vigilant when crossing these shared paths.
- Many routes cross downhill ski slopes; be vigilant and give skiers the right of way.
- Don't walk in the cross-country ski tracks, straddle them.
- Respect the signposting: dangers, prohibitions, trail directions, among other things.
- Don't overestimate your abilities!
- Dogs are tolerated, on a leash, off the cross-country ski trails (dogs prohibited on the Lauzet itinerary of the Puy-Saint-Vincent ski area, reserved for approved sled dog teams).
- Take your garbage with you!

**Please note:** This information is given for guidance only. It is your responsibility to check the weather forecast before setting off and not to overestimate your possibilities. The Tourist Office and the PNE cannot be held responsible in the event of an accident. In case of doubt, contact professionals: instructors or equipment hire companies.

**Emergency contact details:** Secours Montagne: 04 92 22 22 22 or 112